



# Rotary Club of Littleton New Hampshire

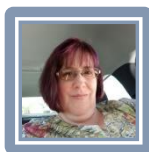
Club #6418 ~ District 7850 ~ Chartered July 1926

WEEKLY BULLETIN

SEPTEMBER 18, 2019

## COMING PROGRAM

September 25<sup>th</sup>



Kathy Meddings will offer her classification talk this Wednesday that includes a varied life of careers in education and voluntary work throughout the North Country growing up in Littleton, including her family's business and community involvement over the years.

## LAST WEEK'S ROGRAM



We welcomed Jarrett Stern, VP of Business Development, Special Project Executive at Littleton Regional Healthcare who spoke to us about its newly launched Littleton Urgent Care facility at LRH, a walk-in clinic with the capabilities to treat urgent, but non-threatening, injuries and illnesses, and its available services. Jarrett set a new precedent for speakers by asking to sit facing all the tables to open his talk informally, engaging us while supporting interaction and questions after giving his talk. From the beginning, Jarrett addressed "the elephant in the room", the construction of ConvenientMD, an Urgent Care facility under construction on Meadow Street in Littleton- the largest Urgent Care corporation with fully staffed services throughout NH, Mass, and Maine. Both LRH Urgent Care and ConvenientMD offer the same walk-in capabilities to treat urgent non-threatening injuries and illnesses for all ages at affordable costs, accepting most insurance providers, on-site pharmacy . meds for conditions, professionally staffed , open 7 days a week, 9:00am-8:00pm at LRH facility, 8:00am to 8:00pm. At Meadow Street, scheduled to open this December. Jarrett chose to address the price scale difference between both local facilities by stating that the costs at LRH (higher than ConvenientMD) all stays within the community whereas the monies from CMD goes to corporate headquarters out of our region. Following this, Jarrett spoke to the services connected to urgent care that were under one roof for any needed follow-up or specialty care with the backing of an entire healthcare system plus the on-site Emergency Department offered at LRH. Jarrett talked of the (1) Alpine Clinic, the largest orthopedic practice in Northern NH with offices in four convenient locations. whose orthopedic surgeons have been providing care to Littleton and other communities for more than 20 years. (2) LRH's on-site North Country Pharmacy that allows patients to have their discharge medications in-hand before leaving the hospital to assure patients will medicate as prescribed (3) LRH's Doorway program that is part of a statewide initiative to address the growing opioid crisis. Littleton Regional healthcare is one of nine Doorway locations and serves as a hub for Northern NH. The regional Doorways ensure that help is always less than an hour away. In addition, 24/7 access to services is also available by dialing 211. Services at the Doorway include: Screening and evaluation, Treatment, including Medication Assisted Treatment, Prevention including Naloxone, Supports and services to assist in long-term recovery and Peer recovery support services. NH's Doorway program receives funding from the U.S. Substance Abuse and Mental Health administration, State Opioid Response (SOR) grant and is under the leadership of NH Governor Chris Sununu and the NH Department of Health and Human Services. (4) Jarrett fielded quite a few Q & A requests, ready with answers, and stayed after the meeting closed to discuss more. This program was well done and deserving of equal time come December. Grow Littleton!

## MEETING HIGHLIGHTS

### ROTARY ANNOUNCEMENTS.

- **Kathy J** reminded us that the deadline to sign up for the Friendship Exchange dinner with District 5360 of Canada to be held 10/7 at the Meeting House in Sugar Hill was Friday, 9/20. There may still be a need for volunteer drivers as you read this bulletin. Please contact Kathy if you are available to help.
- **Dick** reminded all to contact him ASAP to take advantage of the per person group rate offered to us for the Cog RR diesel ride adventure for our Friendship Exchange guests.

## HAPPY DOLLAR\$\$

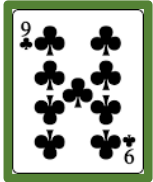
- **Kim** paid a dollar to confirm that this weekend is her and Shelly's last horse show together (hope she got a ribbon for retirement of a good horse and rider for many shows). Shelley will be bred one more time, and if unsuccessful, Shelley will retire for good to greener pastures at home.
- Proposed member **Brenda** Corliss paid a very happy dollar to give a big Happy Birthday to Ruth!
- **Ruth** gave a \$ to congratulate and announce that Nathan's new baby daughter was born last Tuesday.

- **Chrissy** was absent, but I gave a dollar to report that I attended the last show of “Almost Maine” at Jean’s Playhouse in Lincoln and attested to the excellent performance of her and Tom’s snowmobile clothing used as authentic costumes in the production.

**SAA**

Called away, **Chad** passed the fine challenge of the week to **Schuyler**, who aptly came up with a challenge based on one of his passions. Announcing the start of duck hunting season, one needed to know the feet per second of a speeding bullet on its way to a targeted duck- an excellent gatherer of fines question, plus a surprising answer to the room, comprised of few hunters this week. Sadly, I was too busy catching up on notes and at the wrong table for best audio captures, so missed the exact number though I did hear 4 digits. I do like a challenge, so googled it, finding (of course) it depends on the rifle/shotgun, bullet/gauge but did find a “better than 1400 fps”. Schuyler will correct this with exactness that I can print next week; stay tuned!

**50/50**



Speaking of **Schuyler** and **what are the odds?!!** My theory blew up 1<sup>st</sup> week as our guest speaker pulled out Schuyler’s ticket for the 2<sup>nd</sup> week in a row!!! He did not find the elusive 9 of spades, but he is dominating the most misses so far, but maybe tied with **Doug**? Time for a side bet weekly attendees. 26 remaining cards, 15-20 average weekly attendance, Doug & Schuy rarely miss a meeting though Doug has an advantage in almost perfect attendance. What are the odds on either having one or more chances in the remaining 26 meetings? Or will there be a spoiler, maybe this coming Wednesday! Interesting trivia for your entertainment: Should the 9 ♠ be the last card, this would end on Wednesday, April 1<sup>st</sup>, otherwise known as April Fool’s Day. You’re welcome 😊

**RI OCTOBER THEME for SPEAKERS**

Economic and Community Development Month  
*Rotary Alumni Reconnect Week that includes 10/7*

2<sup>nd</sup> - TBA

9<sup>th</sup> (Nanci’s)

Patrick Tufts, CEO of Granite United Way

16<sup>th</sup> - TBA

23<sup>rd</sup> - (Schuyler & Barbara)

(B) Program on effect and update of Rotary work to illuminate Polio worldwide – (S) Our club’s Polio Plus history of PHF’s, current updates and starting-building the process

30<sup>th</sup> - TBA

**SEPTEMBER CELEBRATIONS**

*Member Birthdays*

- 2<sup>nd</sup> Norinne Williams
- 4<sup>th</sup> Nancy Ernsberger
- 18<sup>th</sup> Ruth Hamilton
- 25<sup>th</sup> Schuyler Sweet

*Member Anniversaries*

- 9/08/1967 David & Nancy Ernsberger
- 9/19/1987 Russ & Linda Gaitskill
- 9/27/1989 Lori & Roger Santora

*Rotary Anniversaries*

- 9/01/1990 Norinne Williams

**Members attending our 9/18 Meeting ~**

Barbara Ashley | Dick Bielefield | Nanci Carney | Cary Clark | Pierre Couture | Kim Doolan  
 Russ Gaitskill | Ruth Hamilton | Kathy Jablonski | Allison Jackson | Doug Menzies | Cindy Sparks  
 Chad Stearns | Schuyler Sweet | Rusty Talbot | Kate Vaughan



**The heart of Rotary is our members, dedicated people who share a passion for community service and friendship. Rotary members share ideas, make plans, hear from the community and catch up with friends during club programs that fuel the impact we make.**

**Meet with us every Wednesday - Topic of the Town Restaurant - Main Street - Littleton, NH 03561**

**Proudly Serving**

**Bethlehem, Carroll, Dalton, Easton, Franconia, Landaff. Lisbon Littleton, Lyman, Monroe, Sugar Hill**  
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