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The Standard

Rotary Club of Calgary Heritage Park

ROTARY DISTRICT 5360



FOUR WAY TEST

In all things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

UPCOMING EVENT

FUND-RAISING GALA

February 12, 2004



Stay tuned for details

MEETING HIGHLIGHTS

The meeting, being the last one in 2004, was called to order by President Al at exactly 7.00 am. Once again David McKeown did a great job of leading the group in the singing of the National Anthem. A superb rendition of grace was offered by Peter Harding.

Robert Drew introduced the guests.

Guests: Members in waiting Jamie Powell and Brian Morrison, Ida Hardstaff and Beth Tillotson of the Partners Group, Sandy Dougall and our guest speaker Dr. Tom Olson.

There was a bell placed at each table setting. The bells were brought to the meeting by Gary Brown on behalf of the Salvation Army and were given in appreciation of the club looking after the kettles at Heritage Park for the twelve days of Christmas. Our thanks go out to Gary and the Salvation Army.



President Al invited the guests to proceed to the buffet table where Jim Hennessy greeted everyone and offered clean plates.

HAPPY BUCKS

Dennis Tillotson had \$2 because Beth & Ida joined us today and for the great work by

Wynne and the Vocational Services. Walter Zuk had \$5 for a number of items. Garry Gray had \$2 happy bucks; Bob Clark had \$3 happy bucks for the money received from the partners club, and for the time spent with John manning the kettles; Joan Bedard had \$2 bucks because Jeanette had left her money to pay any fines, and because of her the last day of work until January 4, 2005; Al Black had \$2 happy bucks because of the support he has received handling the Kettles; Ida had \$2 happy bucks for her trip to Saskatoon.

DON'T DIE WITH YOUR HELMET ON



Ernie Drew introduced Dr. Tom Olson, the guest speaker, who gave us a great presentation on how to be productive while enjoying what we do, both at work and in our home life. Tom has written a book which he brought along and sold a number of copies to the people there. He also donated one to the club to raffle off. This brought some \$38.00 to our club. For this we are very thankful. Dr.

Tom has a web page www.onebookbookstore.com. Please take the time to visit the website. Below is a portion of the notes from the presentation as provided by Tom. The full set of notes has been posted on our website.

John Orian thanked Tom for the great presentation.

Presentation Overview

- ♦ The philosophy
- ♦ Locus of control
- ♦ Taking the helmet off
 - Conceive/Believe/Achieve

Continued on page 3

AL'S ANNOUNCEMENTS

The January 21st, 2005 meeting will feature an assembly meeting where each director gives an outline of what has transpired and what will transpire in their area of responsibility.

The Medicine Hat Rotary Club is celebrating the 100th anniversary on February 19, 2005 and everyone is invited.



Challenger Park is hosting its "Light up the Park" on December 18, 2004 from 12.00 noon until 6.00pm. This has a number of events for the kids.

Al then asked everyone to follow the procedure of notifying the club when you will be away for a couple of weeks or more. This will improve the attendance figures. Al also informed the group that there are a couple of members who are under the 60% attendance figure.

Al asked that the Casino volunteer worker applications be completed and given to him. Al then informed the meeting that at the executive meeting on December 7th Brian Morrison and Jamie Powell were approved for membership, subject to the two meetings of the club when any objections will be heard.

CASINO

Our next casino will be April 25 & 26/05. The good news is this is a Monday and Tuesday so you don't have to worry about taking time away from your weekend activities.

THE SHERIFF

Joan Bedard was the Sheriff for the day and she fined Max Patel for his uncertainty as to who was going to be the sheriff today; Dennis Tillotson for calling her by the wrong name last week; Walter Zuk and Dennis Tillotson for dressing the same; Jim Hennessy for spilling coffee on her; Al Hardstaff for sitting at the table by himself for breakfast and finally all men in attendance.

MARK YOUR CALENDARS

- December 17th - The RCC Heritage Park annual Christmas Party will be at Heritage Park's Ranchers Hall. The Party will replace our regularly scheduled meeting for the morning of the 17th.
- December 18th - Light Up The Park celebration at Rotary Challenger Park (12 noon to 6:00 pm).
- March 7th - The Integrity Awards will be held at Stage West.
- April 9th - Rotary's Centennial will be celebrated in the Roundup Centre.
- May 20th - 22nd - The District Conference will be held in Banff.

50/50 DRAW



Ida Hardstaff held the lucky ticket for the 50/50 draw but failed to draw the Joker. Better luck next time as she is deserving of a win considering the contribution she makes to the club.

SUNSHINE



Jim Hennessy advised he has a birthday on December 13. He then relayed a sunshine story with excellent Scottish and English accents.

CHRISTMAS PARTY

Ernie and Robert Drew are busily organizing our Christmas party for December 17th in Rancher's Hall. Cocktails at 6:30 with a turkey buffet dinner at 7:15. Ray Gosselin's musical troupe will provide live music. Wine and three (3) food baskets have been graciously donated by Heritage Park.

CELEBRATE ROTARY

April 9, 2005

Rotary's 100 Birthday Celebration at the Round-Up Centre.

Explore the Rotary Centennial website to learn about upcoming events, Rotary history, and more:
www.rotary.org/centennial/

DON'T DIE WITH YOUR HELMET ON

Freedom vs. Security

- ♦ **In** life there are two doors, one marked security and the other marked freedom
- ♦ **If** you choose security
...You neither get nor deserve either!

Choice

- ♦ **Life** is 90% choice and 10% circumstances
- ♦ **Each** of us is responsible for the choices we make
- ♦ **There** is a strong direct relationship between the material, emotional and psychological rewards that accrue to you and the choices you make.

Thinking

If people make you *think you're thinking*, you'll love them. If *they make you think*, you'll hate them!

Why?

- ♦ **To** help people achieve beyond what they have ever previously achieved by understanding and applying of the notions of **locus of control**, *learned optimism and emotional intelligence*

What We Know

- ♦ **People** with a critical mass of competencies in these areas exceed targets by as much as twenty percent while those lacking that critical mass under perform by almost the same amount.
- ♦ **Exceptional** leaders attribute ninety percent of the success they achieve in their roles to their competence in these areas.
- ♦ **Research** has shown these competencies to be twice as important as technical and educational skills and IQ for jobs at all levels

See our web page for the rest of the notes
www.rccheritagepark.ca

MINUTE PEOPLE



Beth Tillotson and **Ida Hardstaff** informed us that the Partners Club has raised \$174.00 for the Literacy in Africa project. The money was given to Bob

Clark who thanked Beth and Ida. President Al then spoke on how important the Partners Club is to Heritage Rotary and the great contribution they make.

Robert Drew reminded everyone that the Christmas party is on December 17 at Ranchers Hall.

Wynne Bjorgan, our Director of Vocational Services, presented five motions asking for approval. These were \$750.00 for the RYPEN program; \$1000.00 for Interact; \$1000.00 for RYLA; \$1000.00 for the Citizenship 4 Way speech contest; and \$6000.00 for the G. W.



Skene Literacy Program. All the motions were carried.

John Radermacher then reminded everyone he is still looking for clothes for G. W. Skene students and thanked all those who had contributed clothes or money. He mentioned that Gary Brown had said that the Salvation Army will support him by supplying clothes from their store.

Al Hardstaff then thanked Wynne and Helen for their contributions to the club.



ROTARY INTERNATIONAL CONVENTION

CHICAGO, USA

JUNE 2005



Register Now

ROTARY CENTENNIAL WEBSITE

WWW.ROTARY.ORG/CENTENNIAL/

The Rotary Centennial website contains a lot of interesting content, such as:

- Centennial Convention
- Activities
- A Look Back
- Newsroom
- Resources
- A Discussion Forum
- Contacts

In addition it has the following features:

Rotary Timeline

Explore some of Rotary International's most important milestones as it grew from a four-man Chicago service club into a worldwide network of volunteers working to promote peace and goodwill.

On this page you can select a year to view descriptions of Rotary events.

Centennial Spotlight Archives

As preparations continue for the 2004-05 Rotary Centennial year, Rotarians have a new visual tool to help celebrate Rotary's history. "RI Presidents Through the Ages" is the first of 12 historical presentations designed especially for Rotary's centennial celebration, featuring historical photos that highlight the themes and contributions of Rotary leadership.



A new PowerPoint presentation will be added each month to the Rotary Centennial site, through June 2005. Look for future presentations here.

Downloadable PDF versions will also be available for each presentation. There are already presentations for the months of July 2004 to January 2005. Check them out!

All this can be found at: www.rotary.org/centennial

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**WEAR YOUR ROTARY
PIN**

