



THE STANDARD



THE ROTARY CLUB OF CALGARY HERITAGE PARK



Volume 10, Issue 7 August 24, 2007	President: Dr. Asha Paul	Editor: Brian Humphrys	Reporter: Norm Haines
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FOUR WAY TEST

In all things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIP**?
4. Will it be **BENEFICIAL** to all concerned?



Rotary Partner's Book Club

"A Thousand Splendid Suns"
by Hosseini Khaled
September 26, 2007
1268 Lake Sundance Crescent

Inside this issue:

Meeting Highlights	1-2
Guest Speaker:	1-2
Sunshine Report	3
Sheriff's Fines	3
Happy Bucks	3
50/50	3
International Rotary News	4

Meeting Highlights

continued on Page 2



The Beginning!
There are going to be lots of members this morning and by 6:30 am there is lots of coffee

and juice being swilled and conversation grinding throughout the Gunn Dairy Barn of Heritage Park. And the swilling and swelling increases until the magic time of 7:00 am when the gong is gonged and Petite Asha begins our "offishul" day with "Good Morning". The brief cover of fog of the Park disappears and to the incredible surprise of

everyone, Peter Harding is asked to lead us with "O Canada". David McKeown is overwhelmed. He stands with head slightly bowed and a tear in the corner of his eye-hole.

When "O Canada" is finished, President Asha calls on David McKeown to make sure the plates are cleaned and he strides to his task with mop in hand to do the deed. The tear is gone and replaced by a smile. The plate swabbing is perfect and the swilling continues -up a notch! In all of this, I note that his lovely wife Elaine has joined



President Asha Paul

Guest Speaker: Susi Hately Aldous—Yoga

continued on Page 2



Susi Hately Aldous, BSc. Kin.
Functional Synergy
Www.functionalsynergy.com

Frequent "guest" Hans Tiedemann introduces our speaker. She is Susi Hately Aldous, BSc. Kin - Owner, Author, Certified Yoga Instructor. For 20 minutes she engages our Club in the magic of Yogurt...er - Yoga. And for that time she really engages every member of the club. The first thing we had to do was close our eyes and breath. Some went to sleep. Then with a strap overhead and a companion to support us of the same height we tugged and pulled. (My partner was Jim Hennessey. He complained he couldn't practice pulling teeth



Hans Tiedemann introduces today's guest speaker.

Meeting Highlights

continued from Page 1



Sadly Joan Bedard announces that the Murder Mystery has been postponed due to lack of participation.



Al Hardstaff reminds Rotarians of the Highway clean-up, on September 22, north of Cochrane



Rotarians select their top 3 statements for the RCCHP Club Strategy Plan.

Peter! They are both looking in a very big holiday mood - dressed in shorts that suggest they are going on a safari. In an exclusive interview with *The Standard*, Peter confides Elaine is there because it is the only way to get her up in time to leave for Lethbridge right after the meeting, so they can play golf with friends all weekend.

Guests Yes....a number. Not all the names were recorded by the reporter, but those remembered include Wayne Brown, Al Steward, Hans Tiedemann and others - all vigorously welcomed.

The Minute Men (people) Roy Krake speaks in strong, warm, personal begging tones soliciting Silent Auction Stuff for the Winefest. Hard to believe he was an accountant. He is really good. Jackie Brown smilingly notes that she and Wayne are going to Mexico to work with the "kids" and rather than spending a lot of money in transportation costs of goods for the kids they would like to buy what they need in Mexico and will be asking each of us for a donation.

Max Patel whines for speakers for upcoming meetings. Al Hardstaff wants to invite us to a picnic, but you gotta pay for it. You have to clean up a piece of highway to qualify for a bun - a whole highway for a steak. Wow!

The Club Strategy! Ohboyohboyohboy. Imagine a meeting where you can stare at nine statements - give each a green, yellow or red dot and help decide the future direction of our club! One wag suggested a large black dot for all of them. Har Har



David McKeown, showing how a Breakfast Greeter does it



Roy Krake informs Rotarians what their portion of the 'Winefest' fundraising they are responsible for.



Jacquie Brown requesting money for the Mexican kids.

Guest Speaker: Susi Hatley Aldous—Yoga

continued from Page 1

after all that.) It certainly was a learning time. Did you know you can drive better if you sit on your hands and pull the cheeks of your bottom apart. Well ...I never. Imagine driving your vehicle sitting on your hands, pulling the cheeks of your bum apart! Oh my. We learned about 90-90-90...knees, hips, and elbows all at 90 degrees...our back would feel better...our legs...and our arms. It was a most entertaining presentation. All of us felt "better". Al Black presented her with a certificate of thanks from OEU. Then it was time to watch everyone drive from the Park to our appointed rounds...sitting on our hands...pulling our cheeks apart. Oh my!

Until next time.....



Al Black presents the Operation Eyesight Universal eyesight restoration certificate to Susi.

SUNSHINE REPORT

Chaired by Doug Hood!
After the swilling we move to important "stuff". Dave McKeown and his wife Lynn are celebrating 40 years of marriage this week. Not everyone knows, but Lynn had broken both arms in June and the casts came off on August 23rd and she is doing well. She hopes to be able to hold a glass of wine on the September weekend celebration of her son's marriage. We wish both the very best. It is of concern that Wynn is worried about headlights! You have to ask her.....



Doug Hood announces birthdays and anniversaries

Happy Bucks

Jackie Brown announces she is a senior citizen and gets a pension.

David McKeown again announces he will be married 40 years this week. God bless Lyn.

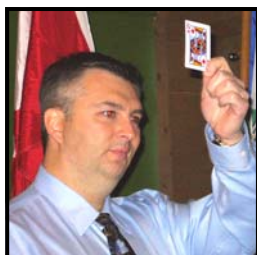
Peter Harding salutes his wife Elaine in being with him.

Max Patel salutes something, so does Raju.

And then Val, who will become our newest member.



50/50 Jackpot



After a good start, Brian Humphrys drew the King of Diamonds. Better luck next time.



Jamie Powell strides to the podium and announces the winning "Yellow Number". Everyone in the room holds red! Brian Humphrys draws the card, but doesn't win.



Sheriff Max Patel: You're BUSTED!



Kind and benevolent Sheriff Max Patel apologized after every fine issued.

The Sheriff Of John Deere strides to the microphone and pulls out a BIGGGGG gun. He fines Max Patel! Then Surinder because he can't sleep (too much information). Wynn - something about headlights again. Barry Jarvis gets hit. Norm Haines because he didn't make nice with the entry table that looked like an exit. Garry Gray, Jim Hennessey, Peter Harding all get hit. And the star of the day....Raju's entire table for some reason or other. The Sheriff was relentless.



News from Rotary International website

With the help of Rotarians, peace centers bring hope to world

Advancing world understanding, goodwill, and peace is a part of Rotary's mission, but to accomplish this in a world strewn with conflict takes commitment. Rotarians are working toward that goal by supporting the Rotary Centers for International Studies in peace and conflict resolution and the Rotary Peace and Conflict Studies Program.

Nearly 400 Rotary peace program participants, alumni, faculty, and Rotarians gathered 14 to 16 June for the first Rotary World Peace Symposium in Salt Lake City to discuss how alumni and participants of the two programs can work to resolve conflicts worldwide.

"Finding the path to world peace and understanding is not a spectator sport. It is fully participatory," Past RI President Charles C. Keller told attendees. "Mankind in the world as we know it cannot survive the continued use of war as a means of settling our disputes."

If Rotarians don't support the Rotary Centers for International Studies in peace and conflict resolution and the Rotary Peace and Conflict Studies Program, "the cost of failure will be borne by every man, woman, and child on this planet in some way – either directly or indirectly," said Keller.

Located at seven leading universities around the world, the Rotary Centers provide fellows the chance to study in a graduate-level program in conflict resolution, peace studies, international relations, and other related disciplines. The Rotary Peace and Conflict Studies Program is a shorter program aimed at professionals in governments and other agencies.

Throughout the symposium, speakers talked about the dire need for peaceful ways to end violent conflicts.

"We truly live in a bloody and cruel world. The statistics numb us," said Edward Blender, chair of the Rotary Centers Major Gift Initiative, a plan to raise US\$95M by 2015 in order to fully endow the international studies program.

On any given day, said Blender, there are 20 to 30 armed conflicts in the world. In the last 15 years, 3.6 million people – 45 percent of whom are children – have died due to civil and ethnic wars and violence.

Disease, war, and conflict disintegrates societies, added UN Foundation senior adviser Gillian Sorensen. In volatile regions of the world, lethal brews of hopelessness, anger, and frustration make some people feel that combat gives them a purpose and a place to belong...The work of the Peace Fellows, however, is reason for hope. She called upon the Peace Fellows to be "the first guard of a mighty peaceful army."

To continue the peace programs into perpetuity, the Rotary Foundation is seeking to create a US\$95 million endowment fund. Rotarians can help the programs by securing funding as well as finding well-qualified candidates – especially from areas facing conflict – and encouraging them to apply for the programs.

"We need the continued financial support from Rotary clubs and districts all over the world," said Keller. "Someday, one or more of our Rotary Peace Fellows will be in the right place at the right time to make a really big difference, and then Rotarians everywhere will know our search for peace is working."



**Dr. Asha Paul, President
RCCHP**

**The POWER of SHARING
The POWER of ONE**

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**Wear your Rotary Pin
Service above Self**



The Rotary Club of Calgary Heritage Park Upcoming Events

- **September** Highway Clean up (Sept. 22)
Rotary's Partner Book Club (Sept. 26)
- **October** Murder Mystery (Oct. 2)
- **November** RCCHP Wine Festival (Nov. 1)
Strategic Planning Session (Nov. 3)
Salvation Army Kettle (Nov. 17-18, 24-25)
- **December** RCCHP Christmas Party (Dec. 14)
Salvation Army Kettle (Dec. 1-2, 8-9, 15-16, 22-23)
Food Drive (TBA)