



THE STANDARD



THE ROTARY CLUB OF CALGARY HERITAGE PARK



Volume 10, Issue 17 January 11, 2008	President: Dr. Asha Paul	Editor: Brian Humphrys	Reporter: Bob Clark
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FOUR WAY TEST

In all things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIP**?
4. Will it be **BENEFICIAL** to all concerned?

Meeting Highlights

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President Asha rang the bell at 7:00 a.m. to begin our offsite meeting at Chrysalis. David McKeown led the national anthem. Walter Zuk presented grace. The pigs and chickens slept soundly as we feasted upon bagels and cheese and a delightful fruit and yogurt parfait.

- Our club needs to nominate the right person for the upcoming Integrity Awards. Please provide background information regarding your suggested candidate to Bill Hope.

Minute People

- David McKeown re-ignited the momentum for our Winefest to be held on February 28th. A volunteer sign up sheet was circulated.

The business was concluded at 7:04, breaking the old record.

The meeting concluded at 8:00.

Announcements

- Dr. Allan Edwards will be the guest speaker for our January 18th meeting.
- Chuck Masur will be the guest speaker for our January 25th meeting.



President Asha Paul

Guest Speaker: Chrysalis

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Colt Long, fundraising manager introduced Ray Gosselin. Ray Gosselin introduced members of the Chrysalis team: Brenda Thomson, Angela Rorison, Jennifer Ferrari, Catherine Evanochko, Isabel Ortiz and client Kela Powell.

Chrysalis was founded in Edmonton in 1968 as part of a centennial project with the University of Alberta. Chrysalis came to Calgary in 1988. This non-profit society is involved with assisting their clients with assessment, experience and employment. Its motto is: change, growth & opportunity. Petland provides employment for a number of individual who are overcoming their challenges.

Last year 93 clients received the services of Chrysalis in Calgary. The 25,000 square foot facility has capacity for 107, but requires more staff to service theses individuals.

Our club donated \$15,000 towards the Active Leisure Centre.



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Guest Speaker: Chrysalis

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Tour

Club members were taken on a tour of the Chrysalis facility. Clients participate in art classes twice a week. An art show and auction will occur in the future as part of the fundraising events.

The TCPL library has games and puzzles. The volunteer wall highlights tasks that need to be completed. Annual achievement awards honor the efforts of volunteers and clients. Last year clients volunteered a total of 57,246 hours. There is also an important health and safety corner.

The computer lab has 6 computers, some of which have touch screens. "Success Maker" software is loaded on these computers to allow clients to learn English, math and reading.

The Active Leisure Centre has fitness equipment, which is fully accessible to everyone, including those in wheelchairs. There is a hand bike, ball weights that can be strapped on and a massage chair. Two gantry lift systems allow clients under the supervision of one staff member to walk around the room. Kela provided us with a demonstration and let us know her goal is to learn to walk. Fitness promotes self-confidence, health and independence.



The sensory room called Snoezelen included fiber optic points of light, a waterbed, bubble tubes and a feather fancy that resembled a giant snow globe. Sensory items such as rain sticks and other tactile items are kept in the room. A sona chair allows clients to sit and listen to music.

The music room has a large fish tank and lower lighting frequency to produce a calming effect. There are a variety of instruments, including percussion sticks. A sound beam can be set for different sounds including the spooky for such events as Halloween.



Funding and installation of a track system throughout the facility is one of Chrysalis' goals.



SUNSHINE REPORT

Zuzana Carter-Edwards will celebrate her birthday on January 13th.



Lee asks Rotarians to 'Make Dreams Real' for world's children

By Ryan Hyland

Rotary International News - 14 January 2008

Monika Lozinska-Lee/Rotary Images

Rotary International President-elect Dong Kurn Lee addressed incoming district governors today at the 2008 International Assembly, urging them to use their resources to help curb child mortality. Lee said he was in disbelief when he learned that 30,000 children under the age of five die every day from preventable diseases such as pneumonia, measles, and malaria.

"Once I understood the issues behind that terrible number, I knew what I needed to do," Lee said. He told the incoming governors that Rotary will keep the service emphases of recent years – water, health and hunger, and literacy – but asked them to focus their efforts in each of these areas on children.

"In 2008-09, I will ask you all to *Make Dreams Real* for the world's children," he said. "This will be our theme, and my challenge to all of you."

"Children are killed by illnesses that become deadly in combination with poor sanitation and malnutrition," Lee said. In addition, families stricken by extreme poverty are trapped in a cycle that only leads to more unnecessary deaths. "It's a cycle that is not interrupted because there is no access to education."

He challenged the audience to do their part to give children "hope and a chance at a future" by reducing the rate of child mortality in the world.

"We will bring clean water to their communities and create sanitation projects that keep children healthy," Lee said.

As the incoming governors begin preparing for the year ahead with the training and inspiration they receive at the International Assembly, Lee reminded them of Rotary's power and encouraged them to use their resources efficiently to maximize the good done around the world.

Governor-elect Geoffrey Mathis, of District 9930 in New Zealand, thinks the upcoming RI theme allows Rotary to dream big. "*Make Dreams Real* will be an easy theme to sell around the world. We all like challenges; Lee has allowed us to put our dreams to practice."

Rotarians can improve children's health, Lee said, even in small ways, such as delivering mosquito nets, rehydration salts, vitamins, and vaccines. "So much more can be done with just a little more: a trained birth attendant, a simple clinic, a school feeding program, a visiting nurse," he continued. "These are simple and direct ways to save children's lives."

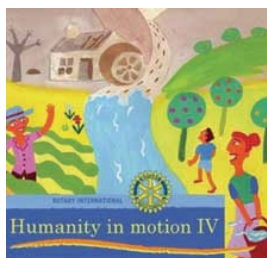
In 2008-09, Rotarians will be asked to open their eyes to the needs of children in communities near and far, Lee said.

"Children die not because nobody can help them, but because too often, nobody does. But you and I, here in this room, are Rotarians, and helping is what we do best," he said, adding that "our job is to *Make Dreams Real* for children. If every one of us does this, at the end of our year, we will all have achieved something wonderful."



RI President-elect Dong Kurn Lee announces the 2008-09 RI theme, *Make Dreams Real*, to incoming district governors at the 2008 International Assembly.

News from Rotary International



More tools for promoting your club and district

By Janis Young

Rotary International News - 10 January 2008

The fourth edition of Humanity in Motion will be sent to all clubs for use in promoting Rotary locally. Carrying a membership message, this edition emphasizes the ways that Rotary enables members to make positive contributions in the world and showcases the many attributes of the typical Rotarian. Like the first three editions, Humanity in Motion IV includes television and radio public service announcements (PSAs), a newspaper supplement, and print and billboard PSAs. Rotarians are encouraged to tailor the PSAs to their local community.

Rotary clubs have used these tools in a number of creative ways. For example, the Rotary Club of Kyoto-Fushimi, Japan, placed small Rotary billboards on the back of 1,000 taxis. In Canada, the Rotary Club of Westmount, Québec, created a 16-page color magazine using the Humanity in Motion supplement and PSAs to highlight Rotary's initiatives to eradicate polio and promote peace. The club personalized the articles and PSAs to feature local service projects. The magazine was then distributed in a local newspaper to 10,000 homes.

With its membership focus, Humanity in Motion IV complements the third edition, distributed in 2006-07, which focuses on polio, peace through international education, literacy, the environment, and other issues that Rotarians are addressing. Clubs are encouraged to use all these tools—and personalize them as appropriate—to promote Rotary in their community.

See all current Humanity in Motion ads. Humanity in Motion IV ads will be available online after 17 January.

See Rotary videos on YouTube

Now you can view the Humanity in Motion public service announcements along with segments from RVM: *The Rotarian Video Magazine* on the Rotary International channel on YouTube. Go to www.youtube.com/rotaryinternational to see a selection of RI videos on this user-generated video site.

If you search Rotary, you'll also find—amidst the offerings on rotary engines and rotary-powered cars—videos produced by Rotarians, clubs, and districts worldwide. Watch an upbeat promotional video from the Rotary Club of Sydney, Australia. Or listen to the Rotary Stones promote PolioPlus to the tune of some Rolling Stones hits. Unusual club fundraisers, national polio immunization days, and Rotary service projects and exchanges are all featured heavily on this popular site.



**Dr. Asha Paul, President
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**The POWER of SHARING
The POWER of ONE**

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The Rotary Club of Calgary Heritage Park Upcoming Events

- February Winefest (Feb. 28, 2008)

**Wear your Rotary Pin
Service above Self**

