



# THE STANDARD



## THE ROTARY CLUB OF CALGARY HERITAGE PARK



|                                          |                             |                           |                            |
|------------------------------------------|-----------------------------|---------------------------|----------------------------|
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|------------------------------------------|-----------------------------|---------------------------|----------------------------|



### FOUR WAY TEST

In all things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIP**?
4. Will it be **BENEFICIAL** to all concerned?



Rotary Partner's  
Book Club

### "Peony in Love"

by Lisa See

January 30, 2008 – 19h: 30  
107 Oakbriar Close SW

### Meeting Highlights

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Meeting did start on time although Asha had a little trouble corralling a number of our members.

They were having way too much fun and Asha is way too polite. Asha finally managed to gain control and latter received additional support from the Sheriff as will be noted later in this report.

January is Rotary Awareness month. Take some time to check out the website, read the Rotarian, find out a little more about Rotary and how important it is in today's troubled world. Now that "Dancing with the Stars" is over you should have at least an hour a

week to fill.

Our incoming Rotary International President announced the theme for his term to be "Make Dreams Real".

Asha fondly reminisced that Joe Klassen was the first new member she inducted when she became Club President. As her eyes welled up with emotion she proudly recognized Joe by appointing him the Plate Polisher de jour.



President Asha Paul

Asha followed that up with a story skirting the edges of political correctness (God love her) about a genie and a lamp (always a good start to a story) and three wishes (pretty basic) along with three characters, Steven Harper, George Bush and Osama Bin Laden (it's getting better) and encouraging the Al-

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### Guest Speaker: Allen Edwards

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Allen is an Associate Professor at the University of Calgary and Head of the Endocrinology and Metabolism Division.

His talk to us today focused on Diabetes, what it is, why worry, and what the future holds for us and this disease.

Simply stated Diabetes is elevated sugar levels in the blood.

The most common and the one which is increasing in our society is type 2 often connected with obesity.

Why worry? Our life style and the fact that the boomers are aging meaning more of us are getting this disease. The double whammy is as we age we produce less insulin and our aging bodies do not absorb it as well. You can have it for years slowly doing its damage unbeknown to you. It is a major contributor to blindness in people under 65 years of age and can result in cardiovascular disease, heart attack, stroke and loss of limbs through amputation.

Quaida and Taliban to take swimming lessons, or not. (Big splash at the end, good story!)

### Next week Special Meeting

Chuck Mazur is Past District Governor, one of the people who worked to get our club going and who over the years invited several of our senior members in to Rotary. Chuck is leaving Canada for the United States and we are holding a special meeting to bid him farewell and to recognize his many contributions to Rotary and our club.

### April 25<sup>th</sup> Meeting – John Gilchrist

Yes that famous restaurant critic and author of a number of books on where to eat in Calgary will be coming to speak at our club. Bring your spouse or friends as it should be fun and entertaining.



### Wine Fest – Feb 28<sup>th</sup>, 2008

Tickets for our annual Wine Festival will be handed out next week, Jan 25<sup>th</sup>.

Doug Kinley is heading this so any money for the sale of the tickets or requests for additional tickets should be directed to Doug. Only 200 tickets will be sold.



### Bowling Night

John Radermacher is looking in to a fun family evening of bowling in February or March. He will be sending out an email to survey the club for interest and preferred date.

Knowing the crowd as well as he does, John mentioned the bowling alleys he was considering all had bars in them.

Thanks for taking this on John, should be a good time

Quote for the week: Education replaces empty minds with open minds.

-Malcolm Forbes.

President Asha rang the bell to close the meeting and this time everyone listened.

## Guest Speaker: Allen Edwards

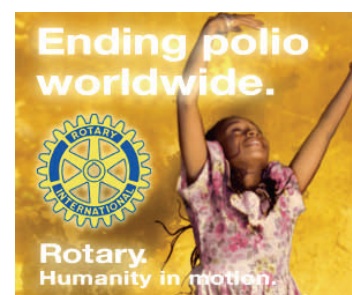
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It will overload our health care system as it stands now.

The future is not all doom and gloom. Treatments are available and constantly getting better. The advice is what you hear about so many health related issues;

- Stay fit and keep your weight down.
- Exercise, stay active.
- Eat right, watch your diet.
- See your doctor regularly

Allen was thanked on behalf of our club by Bob Clark who presented him with our certificate confirming that on his behalf we restored the sight of a gentleman in India.



## SUNSHINE REPORT

Norm Haines announced Zuzana had celebrated her birthday on January 13<sup>th</sup>.

Happy Birthday Zuzana!!

Norm then enlightened us with the tale



of an astute young lad and his ability to sell sports equipment in dark confined spaces to those in awkward situations.

## Happy Bucks

Everyone appeared to be happy today.

Al Black was happy because we did \$13,500. at our Salvations Army Kettle which topped our best year by \$3,000.

Doug Kinley because for his wife's birthday.

Garry Gray because he was off to Maui and Jamie was off key.

Joe Klassen had a great visit with a cousin from Norway.

Norm Haines was proud of our Salvation Kettle and the Rotarians that stood by it.

Graham Drake because his black eyes were better and he looked like Doug Kinley Barry Jarvis for a great casino and hopes of receiving \$100,000 for our club activities.

Asha advertised she is looking for a receptionist and nurses for her clinic.

Bill Hope because he balanced his cash at the casino.

Jim Hennessy for balancing and for the great Christmas Light bus tour arranged by Bill Hope and Garry Gray.

Al Hardstaff proud that Bob Clark received a \$25 tip at the casino.

Din to acknowledge the great offsite meeting and tour of Chrysalis.



## 50/50 Jackpot



Bill Hope was the dealer of the cards and our esteemed President Asha was the holder of the lucky ticket. Alas, despite flawless recitation of the 4 Way Test the card drawn was not the Joker. Good try Asha.



## Sheriff Dennis Tillotson: You're BUSTED!



I love the way Dennis just sat calmly in his chair as President Asha called for the Sheriff. The tension builds and just when we think we were past over this week, up he pops to everyone's dismay. Great entrance Dennis.

As mentioned in the introduction to these notes, there was a lot of noise and carrying on while President Asha attempted to start the meeting in an orderly fashion and Dennis singled out today's trouble makers under his duty of bringing order and decorum to our meetings. I won't point this weeks offenders and Dennis cautioned us all on the need to respect our President and the call of the Rotary bell. Ask not for who the bell tolls, just be quiet.

Dennis went on to fine Raju for arriving after his guest, Walter for picking on Jamie and Peter (rightly so), and Norm for late reporting of Zuzana's birthday (hopefully Zuzana didn't miss it). Dennis wrapped it up with a quick quiz from the content of the latest Rotarian magazine specifically on our efforts to fight Polio.

Previous to Rotary's involvement over \$350,000 children died annually from Polio and now after raising nearly \$6,500,000 to battle this disease less than 1,000 are afflicted each year and we have it contained to 4 countries. It only costs 75 cents for the serum to inoculate and protect a child from Polio and the 1.2 million Rotarians in the 32,000 clubs around the world will continue the fight until Polio is eradicated.

Great job Dennis!



## News from Rotary International

### Rotarian to donate \$2 million to help end polio

By Tiffany Woods

Rotary International News - 24 January 2008

Rotary's efforts to eradicate polio have gotten a US\$2 million boost from a Rotarian diamond and jewelry magnate.

Harshad Mehta, a native of India who is a senior partner in the Belgium-based Rosy Blue diamond and jewelry company, has pledged to donate the money to Rotary's polio eradication efforts over the next three years.

Mehta, the largest Indian donor to The Rotary Foundation, was inspired to make the commitment after learning about the Bill & Melinda Gates Foundation's \$100 million challenge grant for polio eradication. Rotary must match the grant dollar for dollar over a three-year period.

Foundation Trustee Chair Robert S. Scott recalls a conversation with him in December, when Mehta suddenly said, "I will give \$2 million toward the match." It was "a very exciting development and an extremely generous" commitment, says Scott.

Mehta, 60, joined the Rotary Club of Bombay Metropolitan in 1986 as a charter member. His previous contributions to The Rotary Foundation have totaled more than \$1 million. Some of the money has been used to endow an Ambassadorial Scholarship that finances recipients' studies at universities.

Mehta serves as chair of the United Arab Emirates operations of Rosy Blue, a family business that employs more than 15,000 people around the world. He's also Armenia's honorary consul in Mumbai and the vice chair of the Dubai Diamond Exchange. He is a past chair of the Gem and Jewelry Export Promotion Council and a past vice president of the Federation of Indian Export Organizations.

In his spare time, he enjoys reading, listening to music, walking, swimming, playing cricket, and spending time with his wife, three children, and five grandchildren.

In the final push to stop polio, Mehta urges Rotarians not to give up. "We must further strengthen our resolve as we are so close to the ultimate goal," he says. "Any slackening at this point will result in a total loss of all the time, effort, and money put in over the past years."



**Dr. Asha Paul, President  
RCCHP**

**The POWER of SHARING  
The POWER of ONE**

#### The Rotary Club of Calgary Heritage Park

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#### The Rotary Club of Calgary Heritage Park Upcoming Events

- February Winefest (Feb. 28, 2008)

**Wear your Rotary Pin  
Service above Self**

