

THE STANDARD

THE ROTARY CLUB OF CALGARY HERITAGE PARK



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President:
David McKeown



Editor:
Joe Klassen

Reporter:
Peter Harding

FOUR WAY TEST

In all things we think, say or do

1. Is it the TRUTH ?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Meeting Highlights

Its Grey Cup weekend and David proudly kicked off the meeting and got the crowd on their feet as we wailed out the national anthem and quietly gave thanks for a great day with great friends. David then set up the perfect pass of the buffet greater to Joe Klassen who in turn made some pretty fancy plate handoffs as the offensive line, well the ladies weren't too offensive,



Harry doing the
"no-handed" greeting
method



The greeting committee

charged in to pack up on food and get settled on the bench ready for the next exciting play.

Time was whistled in and David sent in some plays (actually announcements) from the sidelines.

Helen and the Interact Club need some back up with a couple of project they are working on. Contact Helen for details.



Check page 5 for proposed bylaw revisions!

Guest Speaker: Gareth Morgan

Guest Speaker – Gareth Morgan – Calgary Prostate Cancer Institute

A great presentation to make us all aware of the seriousness of this disease and remind us to "Get it Checked!"

1 in 6 of us males will get it

1 of 26 who get it will die

If discovered it is very treatable

Last year in Alberta there were 2,400 diagnosed and 430 deaths which means just under 2,000 survived.

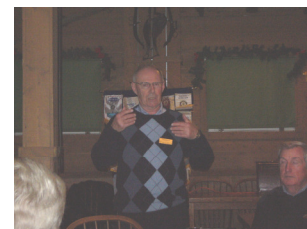
When are you at risk?

If a family member has had it

If you have a high fat/low vegetable diet

Over 40 years old

African ethnic background has a higher statistical occurrence.



Gareth Morgan

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Meeting Highlights

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Anyone remember the
good old days of summer?
Like at the RCCHP Golf
Tournament?



Cheerleader Wynne announced the nominations for next years team captains and reminded us that we will be voting for our 2009 – 2010 leadership on December 5, 2008

Bill Hope reminded us that there are 4 Paul Harris awards up for grabs at the great discounted price of \$500. Canadian on a first come basis up to December 5th.

Miss that deal and you have really dropped the ball.

Bob Clark read off the changes to our play book (by-laws) that we can vote on Nov 28, 2008 and suggested we review these in the Standard.

Some rules are:

You must be here to vote – no substitutions

We need 2/3s of the membership to make a quorum and 75% in favor to pass any amendments.

John Radermacher ran a double reverse with two announcements:

-we have 9 boxes of stuff for the food bank but it is only half time and he wants to double that.

- Feb 2009 is our 10th anniversary and we want to invite as many past members as possible so if you have any old membership lists or know of the whereabouts of past members please let John know so he can try to tackle them.

Garry Gray and his specialty team will be talking about our long pass of help to the kids on Puerto Vallarta. This special meeting will be Feb 6, 2009

Speaker: Gareth Morgan

But if you are a male you are susceptible.

How do you get checked out?

The digital rectal exam

PSA blood test

Ultra Sound

Biopsy



Peter Harding putting his best face forward

This is a matter of life and death and it does not take long to get tested. Check out the website www.prostatecalgary.com and get it checked every year



President David sounded the gun to end the game and there was such a resounding cheer from the team that I knew we were victorious once again in having the best, action packed, fun filled meeting in the league.

See you next week; this one is in the history books.

SUNSHINE REPORT

Sunshine – Graham Drake was the set back for this play.

We all wished Wynne a happy birthday on Nov 25th and I think someone said she is as old as the Grey Cup.

Graham had a couple of Investment Banker jokes that are worth a replay:

What is the difference between a pigeon and an Investment Banker?

I pigeon can still put a deposit on a BMW

What is the difference between a large pizza and an Investment Banker?

The pizza can still feed a family of four.

How many stock brokers does it take to change a light bulb?

Two. One to drop the bulb and the other to sell it before it crashes.

Happy Bucks

Happy Bucks

Al Hardstaff happy about his experience in Mexico

Betty thanked Jack Haman for trading kettle shifts (great team player)

Wynne happy about the success of the Mexico adventure

Bob Clarke a "Go! Stamps! Go!" dollar

Garry enjoyed Mexico and even had 50 pesos left for the pot.

Walter happy the Stamps were not playing Edmonton

John Radermacher for renewing old friendships with a guest.

Al Black still happy about the kettles



Sheriff Jack Hamon: You're BUSTED!

Jack gave us a lesson in dental games and picked apart our defense as easy as flossing wide gapped teeth.

What a cleaver mind and great sense of humor. Most were laughing so hard they paid and probably still don't know why.



50/50 JACK POT



The quarter back option play had Bob Clarke up for the \$1,350.

Bob called the perfect 4 Way Test audible but fumbled the snap and came away empty handed. We did cheer to show our support.



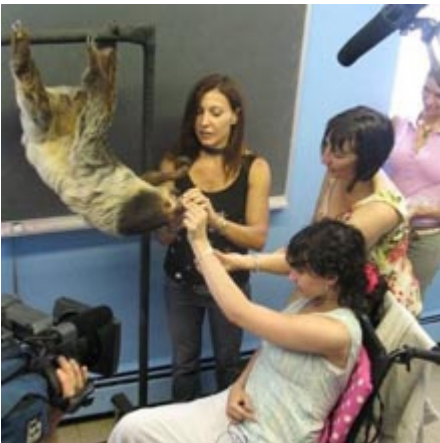
December 2008

Dear fellow Rotarians,

As a father of four and grandfather of five, I have been fortunate to have spent many years in the company of children. When raising our own children, my wife, Young, and I worked hard to give them what all children need most: a loving, safe, and stable home. Our children were our first priority, and we made sure that they always had nutritious food, appropriate clothing, quality medical care, and a good education. We knew very well how fortunate we were to be able to do this. We were grateful that we never had to say to our children, "I'm sorry, but there's nothing to eat tonight," or "I'm sorry, but we can't pay your school fees."

When I was a child, Korea was a poor country, and there were many children who went to bed hungry at night and had no school to go to in the morning. As a Rotarian, I know only too well that there are still far too many children in the world without the absolute essentials: food, clothing, shelter, medical care, and education. And as a Rotarian who is also a father, I consider all of the world's children to be my responsibility.

When I see my own grandchildren – happy, healthy, and enrolled in good schools – I cannot help but think of the millions of children who do not have so many advantages. I think of the children who have too little to eat and only dirty water to drink. I think of the children who are sick with diseases that could have been prevented and those who will have nowhere safe to sleep tonight. And I think of the children, millions of them every year, who won't live to see their fifth birthday.



December is Family Month. It is a time to focus on our families, to involve them in our Rotary service, and to challenge ourselves to do even more for those in need. Because there are so many families and so many children waiting for our help, we, as Rotarians, cannot look away. We cannot and will not rest until all children, everywhere, have the chance for a long and healthy life. We will not rest until we *Make Dreams Real* for every child in every home where there is hunger, sickness, and want. As Rotarians, we can do no less.

Dong Kurn (D.K.) Lee
President, Rotary International



**THE ROTARY CLUB OF CALGARY
HERITAGE PARK**

**P.O. BOX 30261
CHINOOK RPO**

**Phone: 403- 215-2183
Fax: 403-237-5546**

E-mail: david.mckeown@shaw.ca

**WEAR YOUR
ROTARY PIN**



The Rotary Club of Calgary Heritage Park Announcements

Dec 5 2008	Richard Walker	World Skills 2009
Dec 12 2008	Christmas Party	No meeting
Dec 19 2008	Laurie Jacques	Classification
Dec 26 2008	Boxing Day	No Meeting
Jan 2 2009	New Year	No Meeting
Jan 9 2009	Ken McKenzie	WestJet
Jan 16 2009	Rick Hansen	Calgary Police Service
Jan 23 2009	Gary Webster	Inglewood Wetlands Project
Jan 30 2009	Janelle Murray	Engineers Without Borders
Feb 6 2009	TBA	Classification
Feb 19 2009	10th Anniversary Gala Celebration	

Proposed Bylaw Revisions

A copy of our current bylaws is posted on our website. The executive has approved the following proposed bylaw revisions:

1. Article VI Section 1 Attendance: The proposed revision is to change the meeting attendance requirement from the current 60% to be consistent with Rotary International requirements, which are currently 50% of meetings.
2. Article X Section 2 Directors and Officers: the proposed revision is to expand the executive to 11 members in order to include the directors of public relations and foundation.
3. Article XI Section 1 Election of Directors and Officers: the proposed revision is to require annual election of the directors of public relations and foundation.
4. Article XIII Section 5 Meetings: The proposed revision is to change the meeting attendance requirement from the current 60% to be consistent with Rotary International requirements.
5. Article XIV Method of Voting: the proposed revision is to permit email voting by the executive when there is an urgent matter, as determined by the President.

Article X section 5(b) Directors and Officers: the proposed revision is to clarify that the Vice-President will become the President-Elect and ultimately the President.

These matters will be discussed and voted upon at our regularly scheduled meeting on **November 28, 2008. Members must attend in person to be entitled to vote.**

NOTICE OF ANNUAL MEETING

The Annual Meeting of the Rotary Club of Calgary Heritage Park will take place on Friday, December 5, 2008 at 7:00 a.m. in Gunn's Dairy Barn at Heritage Park. The following are the main agenda items:

1. Annual Financial Statements as at June 30, 2008
2. Election of the 2009-2010 Executive

ROTARY CLUB OF CALGARY HERITAGE PARK

2009 – 2010 EXECUTIVE

NOMINATIONS

(as at November 24, 2008)

President	Martin Harvey	President – Elect	Bob Clark
Vice – President *	Garry Gray	Secretary (2 year term)*	Bill Hope
Treasurer	Bob Sadler	Club Service *	Laurie Jacques
Community Service *	Harry Kim	International Service *	Jamie Powell
Vocational Service *	Doris Kutrowski	R. I. Foundation * (1)	Graham Drake
Public Image * (1)	Norm Haines		

* to be elected

(1) Assuming approval of the proposed changes to the club's by-laws