

THE STANDARD

THE ROTARY CLUB OF CALGARY HERITAGE PARK



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FOUR WAY TEST

In all things we think, say or do

1. Is it the TRUTH ?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Meeting Highlights

In the beginning...

Perhaps the finest day of summer to date, your intrepid reporter never ceases to marvel at the beauty and the wonder of nature, especially within the confines of Heritage Park. Approaching the Gunn Dairy Barn, warmed by the sun's rays on the outside, and warmed on the inside by the boisterous tones of Peter Harding as he led today's attendees in the singing of O Canada, I was suddenly struck by an epiphany...OMG! I'm late!



Martin Harvey on his last "free Morning"

Trying ever so hard to be ever so quiet, the rusty hinges on the Barn's front door announce my arrival and all heads turn (still singing) to see who the latest late guy is. Smiling sheepishly, I initial beside my name, retrieve my badge and bow my head in time for Harry Kim's offering of grace.

The New Guy

This is Martin's first day on the job...sort of. He did briefly rub shoulders with his brothers-at-arms during the "All Clubs" Rotary lunch meeting at the Fort Calgary site on Tuesday, July 7th, and they let him have a bit of "open mike" time, so he got the new guy jitters out of the way before this morning's trial by fire.

Guest Speaker: Myles Rusak

Norm Haines had the pleasure of introducing today's guest speaker, Myles Rusak of the Parkinson Society of Southern Alberta (PSSA). Myles hails from Thunder Bay and has been in the charitable sector of the economy for many years. Currently serving as Director of Fund Development, Myles is married to Sarah and they have a beautiful 2 month old daughter. Having raised over 40 million dollars for charities in Canada, the U.S. and England, Myles brings a wealth of experience and enthusiasm to this morning's breakfast meeting.

Acknowledging Norm & his public relations agency for providing excellent service to the PSSA, Myles used PowerPoint and a hand-out to provide us with an overview of the fruits of Norm's labours, with the "Champions" program being his focus for today's presentation.

Myles began his presentation with a basic description of what Parkinson's disease is (periodic cognitive and motor skills impairment, the most common symptom being "freezing"), what causes it (the brain does not produce enough dopamine), and the sad truth that there is no cure at this time. A few stats were then provided: (1) it costs \$1,000 per person per month to care for a patient; (2) an estimated 8,000 in Southern Alberta alone with Parkinson's; (3) average age for diagnosis is 56; (4) 50% of those with Parkinson's suffer from depression; (5) 50% have difficulty chewing & swallowing; and (6) 89% have difficulty speaking.



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Meeting Highlights

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The Guests

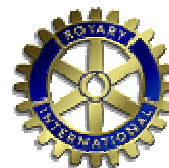
Every table but one had a guest today...some ten in all (including our guest speaker, Myles Rusak)...Garry Gray's wife, Kathy; Brian Semeschuk and his entourage (Bonny & Kelsey); Michael Bright (guest of Raju); and a small crowd of Heritage Park Club wannabe's (a.k.a. visiting Rotarians), including Wayne Brown (Calgary Millennium), Jim Fitzowich, Corry Olynik and Hans Tiedemann (all from Calgary South).

The Meal

Breaking tradition (or setting a new one?), President Martin led guests and members to the breakfast buffet and dusted plates for one & all. And, as always, our heart-felt gratitude goes out to Joan Belick and the other Heritage Park staff who make our breakfast meetings a pleasure to anticipate every Friday.

The Announcements

- Wasting no time in his new position, Martin got the ball rolling with compliments to the organizers & volunteers for this year's very successful Hays Breakfast fund-raiser. He was equally appreciative of the 17 Club members who attended the July 7th "All Clubs" Rotary lunch meeting at Fort Calgary.
- Martin had some very good news: District 5360 has set some funds aside, allowing the first 150 Rotarians to register for next May's District Conference in Banff, a \$200 reduction in registration fees.
- A reminder that our Club is supplying volunteers for a casino on September 26 & 27.
- Still monopolizing the microphone, Martin called upon Brian Semeschuk to come forward with his good friend, sponsor and mentor, Garry Gray. Issuing the oath of membership, Martin then welcomed Brian as our newest Club member. Congratulations, Brian!
- Another very new member, Clancy Ellingson, was next at the mike, and presented President Martin with a banner from The Rotary Club of Ottawa, along with a few well-chosen words about his experience at the Ottawa Club. Thank you, Clancy.
- Mr. PowerPoint, Harry Kim, had one more kick at the Golf Tournament cat, giving us the final numbers on another very successful fund-raiser: Revenue = \$47,000; Expenses = \$25,000; Net Funds Raised = \$22,000; Tiger Woods Hole = \$535; Mulligan = \$745; Balloon Raffle = \$1,110; Live Auction = \$8,200.
- Included in Harry's presentation was a generous amount of praise for this year's golf committee:
 - Chairs: Bill Hope, Doris Kutrowski and Harry Kim;
 - Emcees: Peter Harding and Graham Drake;
 - Volunteers: Martin Harvey, Joe Klassen, Al Black, Bob Sadler, Betty Little;
 - Prize Committee: Wynne Bjorgan, Zuzana Carter-Edwards, Max Patel, Garry Gray;
 - Media: Norm Haines;
 - Contact Person with Golf Course: Doug Hood; and
 - ARF Volunteers: Tara Dwyer, Jeff Dwyer, Linda Nixon, Kristen Ashcroft, Ann Marie Patkus-Cook, Denise Olyelese, Marcia McDonough, Kim Anderson, Bridgette Ady, Kristen Ashcroft and Jennifer Zaychowsky.



SUNSHINE REPORT

Celebrating recent wedding anniversaries were Max & Kapu Patel (July 14), Jim & Josie Hennessy (July 16). Celebrating early next week are Harold & Christine Aitkenhead (July 20), and Jamie & Natalie Powell (July 21). Congratulations all!

No birthday boys or girls in July, however. With marriages, anniversaries and, in general, fidelity on his mind, Surinder then related an amusing little story, leaving everyone wondering where he was going with it...until the punch line. Good one, Surinder!



Happy Bucks

Another successful Hays Breakfast, plus the next two weeks to see tall ships in Halifax & other Maritime points of interest (Al Hardstaff);

A family reunion vacation in Germany with son, while visiting daughter (Hans Tiedemann);

Garry & wife Kathy, happy for Brian Semeschuk and his family as our Club's newest member;

Peter Harding for another successful Stampede and no divorce;

David for being able to sit at the back table, plus a forthcoming Alaska cruise;

Rob Burton & Jack Haman, both in awe of the incredible organization that takes place behind the scenes at the Hays Breakfast;

Norm Haines & Wayne Brown for upcoming vacations (together?);

Raju, happy to have Michael Bright as a guest; and

Brian, happy to be the newest member of our Club.

Sheriff: David McKeown

Past President David McKeown, barely able to curb his enthusiasm, rushed the podium and, in short order, added to the Club's coffers, thanks to the misfortunes of several in attendance. Breaches were cited for (1) background chatter at David's table (Doug, Peter, Jack & Harold); (2) running out of visitors' tags (Al Hardstaff); (3) too much time at the microphone over the past year (Garry); (4) all those who didn't volunteer at the Hays Breakfast; (5) all who haven't volunteered yet for the September casino; and (5) David himself for having to leave early today.

Even President Martin failed to duck the greedy gaze of Deputy David. Martin was cited for failing to reserve a table at the "All Clubs" lunch meeting for the 17 RCCHPmembers & guests. And, if that wasn't bad enough, Wynne was also found in contempt for failing to take appropriate remedial action on Martin's failing. Woe indeed.

50/50 JACK POT



The pot stands at \$432 and, fortunately, Peter Harding, whose ticket was selected by Brian Semeschuk, didn't draw the joker from the ever-diminishing deck...much to the delight of everyone.



Guest Speaker: Myles Rusak

The Champions Program raises funds for: (1) transportation (especially in rural areas); (2) expanded support group capacity; (3) training & respite for caregivers; and (4) improved quality of life for patients & their families. Organizations & individuals considering sponsorship of this very worthy program can select one or more of the previously mentioned areas for their support dollars, or they can make an unspecified Champions grant.

A number of support levels have been created, ranging from the Champion (\$25,000), Gold (\$20,000), Silver (\$15,000), Bronze (\$10,000), and Friends of PSSA (up to \$5,000). An opportunity for Rotary Clubs to contribute any amount of \$1,500 and over would allow patients to receive transportation in outlying areas for such things as medical appointments or other PSSA-related services.

In thanking Myles for an excellent presentation, Jack Haman presented him with a certificate, naming a person in India whose eyesight has been restored with a donation from The Rotary Club of Calgary Heritage Park.

The End

Results are in and, with the exception of the East German judge, President Martin received all tens for his first meeting as Club President. As they say in the barbecue biz, "Well done" Martin, who closed today's meeting with the following words of wisdom:

"Ask to serve; don't wait to be asked."



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**WEAR YOUR
ROTARY PIN**



The Rotary Club of Calgary Heritage Park Announcements

July 31 Tony Howard; Calgary Rotary Clubs Foundation
Aug 7 Hans and Lolita Weisner; Walk to Beat Polio- One Year Later
Aug 14 Wilf Gobert; Calgary Economic Development
Aug 21 Wynne Bjorgan; Rotary Youth Exchange
Aug 28 Club Assembly; First report by Club officers and directors
Oct 8 Wine Festival