

THE STANDARD

THE ROTARY CLUB OF CALGARY HERITAGE PARK



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President:
Bob Clark



Editor:
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FOUR WAY TEST

In all things we think, say or do

1. Is it the TRUTH ?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Meeting Highlights

All members huddled into Gunn's Dairy Barn with the greetings of Clancey Ellingson, for what was sure to be an unknown to all in attendance when we all left - the first snow day; hard to believe after 25 degree weather the previous day. Jim Hennessy (doubling up on duties, yet again) led the singing of the national anthem. Harold Aitkenhead blessed us all with a lengthy sermon, as grace wouldn't simply do. Max Patel introduced the numerous guests and visiting Rotarians. In large part due to her and her guests' performance at the Winefest, Lynda Campbell buffered



everyone's plates to a sparkling shine before another excellent breakfast.

President Bob

President Bob started everyone off with a 'sparkling' tale of "The Old Cowboy". Unfortunately no gunpowder in today's corn flakes....



Executive Meeting

President Bob is brewing up a grand Remembrance Day

Guest Speaker: Christian Cormier—City of Calgary

Christian Cormier of the City of Calgary was introduced by Jim Hennessy. Christian has an excellent school track record, completing his Masters at the University of Paris. His presentation was focused on the West LRT. The West LRT is the first new line in Calgary in 20 years, which when complete will be 8 kilometres in length, 6 stations from Sunalta to 69th Street. He was clear to all in attendance to avoid the area of the route this year due to construction and the subsequent delays. There are currently 300 local workers and will employ 1,000 workers at its peak, expected next year. When complete in 2012, the line will have automated scheduling similar to the LRT in Vancouver.



Bill Hope thanked our Speaker; in gratitude we restored the eyesight of an elderly woman in India.



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meeting with the Juno Beach Academy and our sister club at Fish Creek to be held the evening of Wednesday, November 10th, in lieu of the normal Friday meeting. Therefore, no meeting Friday, November 12th.

Those interested in Community Spirit, this is set for October 25th; if interested please contact President Bob.

Executive Team reviewed an application for membership from Jim Sawyers, a mechanical engineer, whom previously was at the downtown club - something for everyone to consider.

Minute People

Harold Aitkenhead was not simply going through the motions today, as he came prepared with 4 to pass.

1. Neighbour Link - \$5,000 to be donated to purchase 14 new cribs and mattresses to assist low income Calgarians in their "Infants and Children Under 2" program.
2. Piece by Peace Quilters Guild - \$1,500 to be donated to purchase materials and rent space to spray backing on quilts. The quilts are donated to assist the homeless, sick and the elderly. They also donated a quilt that was auctioned off at the Winefest.
3. Veteran's Food Bank - \$1,500 to be donated to assist veterans in need of food resources. This will also be alongside of the food donations made by the Club via John Radermacher.
4. Royal Canadian Legion - \$1,500 donated to sponsor the 100th Anniversary of the Royal Canadian Legion, with the proceeds being used to advertise, print and publish their commemorative book, Military Service Recognition.

John Radermacher "softened" everyone up for a Vocational Service minute. Motion made and passed to donate \$1,200 for one student to attend Adventures in Citizenship in Ottawa. These proceeds will be used to register for the event and to send the student there (confirmed it also pays for them to make it back!).

Bob Price, representing Foundation, following-up on an email he sent around earlier in the week regarding "End Polio Now". This is an international program undertaken by all of the clubs. Bob also spoke about ½ price discounts on Paul Harris Fellows. These will be sold at \$500 until next week. These can be completed through the Rotary website. Our club will also be accepting these terms through until Christmas.

Visiting Rotarian Karl Herzog from Calgary West spoke about his planning of the Rotarian Trek to Everest base camp in 2012. This initiative is also aimed at raising money for a local school there. And if that isn't enough then attend the District Convention in Bangkok! To learn more, come to: "Chai, Lunch & A View of the Top of the World" and bring any interested friends. The event is being held October 23, 2010 from 11am-1:00pm at the Holiday Inn Calgary South, 4206 Macleod Trail South. Tickets are \$25 where Dr. Mingmar Gyelzen Sherpa Director for Logistics Management Division, Dept. Health Services Nepal will be speaking. They're looking for approximately 50 people to attend this event.



Karl then spoke about the Motive Action event to be held Nov. 23rd. There is no fee for attending and there will be evidence of the program at work on display.

Dennis Tillotsen advised of the final reminder for "Who's Coming to Dinner". Anyone interested, please contact Dennis.

Anniina provided a brief update on her past week. She's been very busy with studying. Spent last weekend with Zuzana. Enjoyed her first Thanksgiving, although she didn't know what it was all for. Gave a kudos to the Winefest as this was "very good". President Bob provided a good jab that she should've stuck close to Lynda C. and her crew of bankers.

SUNSHINE REPORT

John Radermacher advised of numerous dates for celebration. The only birthday boy, Brian Semeschuk must've slept in on his special day. Dennis Tillotsen appeared to be the only one celebrating his anniversary that appeared at the meeting (his 45th!)



Happy Bucks

Walter provided an excellent story of the new sport his wife invented entitled "auto hiking".

Many happy bucks from members galore for the organizers of the Winefest.

Peter Harding and Mark Rowe had happy bucks for their European tours to Greece and Turkey, respectively.

Dennis Tillotsen for being able to celebrate his 45 years in marriage (and the meeting of course)

New Member: Bruce Byford



Inducted into the Club by President Bob, doing his inaugural induction as President. Due to a struggle with pins there was no pinning but Bruce will be given the category of Accounting International. Bruce has spent the last 5 years in Calgary with Grant Thornton LLP but previous to that had been all over Canada, has been married for 20 years and has 2 children. He has been having a blast implementing and advising clients on International Financial Reporting Standards (IFRS). Bruce was looking for a Rotary Club in the city to join and feels Heritage Park is a good fit. Will be very complimentary to his current Mission Mexico work through his church. Bruce is now looking for something new so anyone that knows of a company needing a Chief Financial Officer, please let Bruce know!

Sheriff: Dennis Tillotson

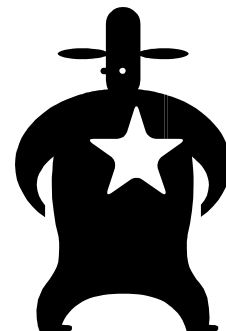
Dennis Tillotson (aka the Happiest Sheriff in Town) had it out for the rude members out there:

Those not sporting the traditional Rotarian pins and badge fashions

Mention of the sleeping Flames players and fans out there, though no fine.

Rudeness and outcries between Jeannette, Walter et al.

Future fine and accruing interest for Wynne for her rudeness albeit leaving early, before this Sheriff headed out of town.



50/50 JACK POT



The trusting hand of Al Hardstaff ran the 50/50. All of Anniina's studying appeared to be rewarded with the golden ticket, though that luck was quickly dashed. This may have been due to a missed word in her rendition of the 4-way test in Finnish. The pot continues to grow from this week's \$776....



A Group Study Exchange team from District 7300 (Pennsylvania, USA) broke new ground in May when it visited Ghana to participate in the first International Cross-Diseases Conference on Lower-Limb Care in the Developing World.

The team, composed of leading experts in diseases of the lower extremities, was led by Georgia Petropoulos Muir, current president of the Rotary Club of Oakland (Pittsburgh).

In concentrating on disease prevention and treatment, one of the [areas of focus](#) of The Rotary Foundation's Future Vision Plan, the Group Study Exchange (GSE) served as a prototype of the vocational training teams that are being funded during the plan's three-year pilot phase. (All districts will begin to participate in the plan in July 2013.) Foundation Trustee Samuel A. Okudzeto outlined the key features of the plan during his keynote address at the conference.

The conference theme, "Legs to Stand On," shared the name of an ongoing project that targets disabling diseases and conditions affecting feet and lower limbs.

Legs to Stand On "includes both the development of technical tools and the co-implementation of projects to prevent disability in developing countries," said Mary Jo Geyer, a physical therapist at the University of Pittsburgh and a GSE team member, in a report on the conference. "Two of the leading causes of global disability are diabetes and lymphatic filariasis [elephantiasis], affecting over 500 million persons. Somewhere in the world, a lower-limb amputation occurs every 30 seconds due to diabetes."

The conference focused on achieving a consensus among international and national experts on the technical tools needed to guide the implementation of programs for foot and lower-limb care in developing countries. It produced a vital framework for preventing disease, disability, and premature death from chronic wounds, edema, and joint limitations.

"Ghana has been targeted as one of the first countries where the cross-diseases approach to community-based foot and lower-limb care will be implemented," said Geyer, who heads a University of Pittsburgh project for self-management of chronic edema/lymphedema in individuals with mobility limitations. Conference participants are drafting training manuals for nurses, technicians, community volunteers, patients, and their caregivers in Ghana.

"We also anticipate beginning three-year pilot projects to implement comprehensive lower-limb care programs in selected countries [including India, Nepal, Sri Lanka, and Togo] as funding becomes available," Geyer said.



The Rotary Club of Calgary Heritage Park Announcements

**THE ROTARY CLUB OF CALGARY
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**WEAR YOUR
ROTARY PIN**



Oct 22	Mike Smart—Concept Electric
Oct 29	Anniina Paavilainen—Inbound exchange student
Nov 5	Holly Drake—Geocaching
Nov 10	Remembrance Day dinner with RCC Fish Creek
Nov 12	No breakfast meeting
Nov 19	Diane Reid—History of Rotary in Calgary
Dec 10	Christmas Party
Mar 14-15	Casino Fundraiser; Volunteers needed

