

THE STANDARD

THE ROTARY CLUB OF CALGARY HERITAGE PARK



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President:
Zuzana Carter-Edwards



Guest editor:
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Reporter:
Joe Klassen

FOUR WAY TEST

In all things we think, say or do

1. Is it the TRUTH ?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

In the beginning:

President Zuzana gets the ball rolling right on time, at least she tries. After a little cajoling, there is a semblance of order and relative quiet so we can sing the National Anthem. There is proper respect for Leroy Neilson to give the blessing, and we

have Lynda Campbell welcoming us to the buffet with clean plates.



Al Hardstaff introduced the guests. We have our speaker, Pam Ison-Reilander from Stars, Rob Martens is a guest of Mark Rowe, Michelle Delisle from FrogSkinU, and Velma Noble. Visiting Rotarians include Hal Knox from High River Club, Charlie Goldsborough from South club, Ted Russell from South club, Peter McKenzie-Ben from Centennial club.



Guest Speaker: Pam Ison-Reilander

Eve Robertson introduces Pam Ison-Reilander. Of Shock Trauma Air Service, commonly known as STARS.

A vital service as less an half of Western Canada lives in an urban centre with easy access to urgent care facilities.

Stars provides crucial time, hope and transport to the injured. Many of us have been touched by their activity; knowing someone who has been helped or witnessing them in action. 80 percent of their funding is raised.

It began in 1985, Dr Gregory Powell, who saw how people were dying when they could survive if only they could get to care. There are now 6 bases, providing 4-6 trips per day in Alberta. Putting time on the side of the patient. Each flight includes the two pilots, critical care RN, Critical care paramedic, and 20% also have a physician.

Education and simulation as a part of their mission. Training, such as improving the ability to start an emergency airway is coordinated by their team.

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Speaker from page 1.

Stars and Rotary. Rotary Cubs have long supported the Stars Foundation. To increase awareness about STARS, and to raise funds. Last year an increase of 149 more missions over the previous year.

Those who need the service do not get a bill for their transport. Funding comes from fundraising and some arrangements with Governments. In Alberta, AHS covers about 20% of mission costs, for example. The more quickly a patient receives treatment, the much better their recovery.

Timely treatment of stroke, heart attacks or brain injuries can save more than \$1 million per patient. The economic benefits of helicopter ambulance missions are six times higher than the costs.

She was thanked by Mark Rowe, and presented with a certificate of thanks where we have paid to restore the sight of an individual in Namibia on her behalf through Operation Eyesight International.



The rest of the meeting

Sunshine report. Leroy Neilson

Birthdays for Bob Clark and Christine Aitkenhead

Rotary anniversary for Jamie Powell; 8 years. Tara and Kevin Seitz also.

50/50. The lucky ticket is drawn and young Doris finds the winner in her hand. Alas, no pot of gold joker at the end of this rainbow.

Happy bucks.

Al H. Question buck. Where is the Rotary A-frame sign that was used at the kettles?

Don Bell . Saturday National Association of Teachers of Singing event held recently, where he was featured.

Bill Skinner going to a fundraiser from Rotary West for a different Guatemala project.

Guest Rob. Hoping to be a member and going to Scottsdale till April.

Hal Knox had paper money happy to visit with Greg Smyth and the happy Friday morning crew. And he is here under nefarious circumstances promoting a wine raffle. 2 for \$20.

Another guest (I couldn't see) for opera fundraiser including Don Bell

Joan Bedard is going away for two weeks.

Jim Davis 24 years in Rotary. And going to New Orleans

Leroy for a good vocational services meeting.

Sheila, plugging for her Monday evening meeting on membership.

Wynne plugging for Doris' heart shaped chocolates.

Meeting con't

Joan B adds to the plug.

Charlie Goldsborough is double happy because he attended a makeup meeting while on a holiday and he became the guest speaker.

Sheriff Doug Kinley.

Cheryl for sneaking in after the bell.

Anybody who has been to a warm place.

Anyone with a clean vehicle

Those who profit from sending people to those warm places. (Max).

And let it be known:

We have an approved membership application from Peter McKenzie-Brown, who has been a member of Centennial in the past. Barring objections, he will be inducted in the near future.

More meeting

Minute people.

Brad Sewell has a cheque for Michelle Delisle of FrogSkinU. FrogSkinU. The term comes from old terms for currency. We are supporting the purchase of a computer and projector in their mission to promote money smarts to youth. "Welcome To FrogSkinU. It's a murky, mucky world of money out there! Frog-skinU teaches kids how to be savvy consumers and money smart."

Doris. Still visiting at Byfords while school is out for exams. She has been to the zoo and impressed by the recovery from the flood. She travelled to Edmonton to see the Harry Potter exhibit at the science centre. She has been enjoying friends. And watched a the "Lords of the Rings" trilogy.

Bob Clark. *Swamps and gangsters* get your fill at the casino. A gentle reminder that you are now legally committed to honour your contract to provide your services.

Bob Sadler. A computer crash is preventing him from receiving his usual 70+ emails per week. Should have got the flu shot.

Tara Seitz has resigned from the club. Searching for a new public image chair; contact Zuzana



Feb 21 and March 14 there are no meetings on account of the casino and the potluck, respectively.

First five members who experience their first district conference get a deal.

Rotary friendship exchange, looking for another three host homes. Zuzana will forward more info.



Thought for the day:

A glass of beer shortens your life by a minute, a glass of wine by two and a day at work by seven hours.

Upcoming Duty Roster

31 January - Greeter	Jim Sawers
31 January - Door sales	Tara Seitz
31 January - 50/50	Brian Semeschuk
31 January - Grace and Sunshine	Brad Sewall
31 January - Introduce speaker	Bill Skinner
31 January - Thank speaker	Dennis Tillotson
31 January - Standard reporter	Sheila Tyminski

**THE ROTARY CLUB OF CALGARY
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**P.O. BOX 30261
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**WEAR YOUR
ROTARY PIN**



The Rotary Club of Calgary Heritage Park Announcements

Jan 31	Ron Jarrett; personal fitness
Feb 7	Katie Pearson; Friends of Fish Creek
Feb 14	Valentine's day; Meet at Railway Cafe
Feb 20 & 21	Casino Fundraiser; Volunteers needed
Mar 14	Potluck dinner

