

# THE STANDARD

September 23, 2016

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## FOUR WAY TEST

In all things we think, say or do

1. Is it the TRUTH ?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

JOHN F. GERM  
2016-17 President  
Rotary International



**ROTARY SERVING  
HUMANITY**

Rotary 

## In the beginning:

Report for Friday 23<sup>rd</sup> September  
2016

Opening was slightly delayed because of a malfunction in the projection of the slide presentation. President Harold took control and lead the club without all the technology. The singing of Oh! Canada was carried off without a hitch.

Doug MacDonald introduced our guests; Trish Rainer

Cindy Moore guest of Bill Skinner

Claire – YEX Exchange student

John Petryshen – Parkinson's Society of Alber-

ta- Guest Speaker

Rob Matthews recited grace and LeRoy Neilson was selected as plate shiners.

Rob Mathews- Sunshine report- Rotary Anniversaries-

Martin Harvey

LeRoy Neilson- 5 Years

Aliisa Paivaainen 2 Years

Surinder Khanna13 Years

Milestones- Martin and Liz Harvey- 49 years of marriage

Christine Martin- Introduced John Petryshen – Parkinson's Society of Alberta

John talked about Parkinson's disease, how it robs your life. There

**Rotary**   
Club of Calgary Heritage Park

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## Our meeting.

are several forms of Parkinson's from very slow to develop to very aggressive. Parkinson's has no known cause, but it does run in families but not always. Identical twins, one twin can develop the disease but the other may not. Science has progressed with treating the disease but haven't developed a cure because they don't know where to begin to look. The most effective treatment is to place electrodes in the brain to stimulate the brain activity. Dopamine taken can help with the symptoms. Exercise at a certain level will help with symptoms of Parkinson's as well. Parkinson's Society of Alberta helps the families to coop as well as provide monies for research locally.

Velma thanked the Speaker.

### Minute People:

Bob Clark- found \$50 in couch cushions and followed that by an excellent sales job on the Fall Harvest Fund Raiser for the club. The dinner is four weeks away. Don't miss it.

Al Harstaff took the enviable position of following Bob and offered a fantastic deal for Highway clean-up in Water Valley, after fun on the highway and an opportunity for fellowship at the ranch a full turkey dinner can be purchased for \$13.00.

Garry Grey- Vocational Services provided a bike for Tracey, a refugee from Somalia so she could participate in the 2 Wheel View a bike tour from Banff to Badlands. The trip helped Tracey believe in herself and made her feel welcome in Canada.

Claire- Talked about her week. She went to the Peace Park, met lots of people from Canada and the Unites States, she met a Taiwanese person, the first she met since coming to Canada. Harry and family took her for Chinese food because she was missing eating rice. Wednesday she played baseball, the first time she actually played. Baseball is the national sport of Taiwan, Claire never played in Taiwan. She is going to the Saturday Football game.



**50/50** Bob Clarke failed to retrieve the Joker and went away empty handed.

**Happy Bucks-** Garry Grey was grateful for the fine dinner.

Rob was grateful for the fine dinner at Brian's home.

Ted is happy he is getting settled in new home.

Lynda was happy that her friend Trish joined us for breakfast.

Doug Kinley was happy for the fellowship and dinner.

Bill Skinner was happy that Cindy Moore was there for breakfast and they were going to go Lacombe for some meeting for the work they perform in Guatemala.

Al Hardstaff a sad buck because Lynda is leaving our club.

Layton was happy for Bob organizing the Harvest volunteers.

Peter was grateful for the fine dinner at Jim Davis's home.



Bob was sad to hear about Lynda leaving, but grateful for the Visa.

Phil was grateful for the fine dinner at Jim's home.

**Sherriff-** Doug Hood filled in- Fined Bill Skinner for being too tall

Cheryl for being early

Phil

Bob for being too funny

Garry, Dennis, Harold and himself all fined a toonie

Harold- Thought for the Day-

*"I can't change the direction of the wind but I can adjust my sails to reach my destination"*

#### **Duty Roster for September 30**

Greeter: Velma Noble

Door sales: Aliisa Paivalainen

50/50: Asha Paul

Grace and Sunshine report: Raju Paul

Introduce speaker: Din Peerani

Thank speaker: Jeanette Pyle

Standard Reporter: Jamie Powell

#### **Duty Roster for October 7**

Greeter: John Radermacher

Door sales: Eve Robertson

50/50: Mark Rowe

Grace and Sunshine report: Cheryl Ryan

Introduce speaker: Jim Sawers

Thank speaker: Brian Semeschuk

Standard Reporter: Brad Sewell

**THE ROTARY CLUB OF CALGARY  
HERITAE PARK**

**P.O. BOX 30261  
CHINOOK RPO**

**WEAR YOUR  
ROTARY PIN**



#### **The Rotary Club of Calgary Heritage Park Announcements**

|         |                                               |
|---------|-----------------------------------------------|
| Sept 23 | Katie von Hansen, Pam Aldred - Parkinson's AB |
| Sept 30 | Scott Guitard— Fiduciary Trust                |
| Oct 14  | Club Assembly                                 |
| Oct 21  | RCCHP Fall Harvest—wine and food event        |
| Oct 21  | District Governor—Neil Berg                   |
| Oct 21  | RCCHP Fall Harvest—wine and food event        |
| Oct 25  | Blood Donor clinic—Carriage House Inn         |

