

THE STANDARD

February 19, 2016

President:
Harry Kim

Editor:
Joe Klassen

Reporter:
Aliissa

FOUR WAY TEST

In all things we think, say or do

1. Is it the TRUTH ?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Be a gift
to the world

Rotary

In the beginning:

President Harry opens the meeting and Graham Drake leads the Anthem

Morning Grace by Jamie Powell:

"For food in a world where many are hungry
For faith in a world where many walk in fear
For friends in a world where many walk alone
We give you thanks, O Lord. Amen."

Rotary
Club of Calgary Heritage Park



Introduce Guests & Rotarians –

Mikhaila Fitzsimmons, Former Outbound Exchange Student
Lori Payne, Guest Speaker

Who is our PLATE shiner today - Retired recently, he is an active member of our club, A Charter member, and a car enthusiast, Also known as ELFIS à John Rademacher

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Sunshine Report – Jamie Powell

Birthdays:

Harry "Chief of State "Kim February 15th
Bill "Mr Guatemala" Skinner February 22nd
John "Christmas Elf" Rademacher February 24th
No Anniversaries

Joke of the Day:

A woman and a baby were in the doctor's examining room,
waiting for the doctor to come in for the baby's first exam.



Our meeting.

The doctor arrived, and examined the baby, checked his weight, and being a little concerned, asked if the baby was breast-fed or bottle-fed. 'Breast-fed,' she replied.

'Well, strip down to your waist,' the doctor ordered.

She did. He pinched her nipples, pressed, kneaded, and rubbed both breasts for a while in a very professional and detailed examination.

Motioning to her to get dressed, the doctor said,

'No wonder this baby is underweight. You don't have any milk.'

'I know,' she said, 'I'm his Grandma, but I'm glad I came.'

Introduce our Guest Speaker - LeRoy Neilson

Lori Payne is the Executive Director of Calgary Seniors' Resource Society. She has a BA of Social Work from University of Regina and Master of Social Work and Volunteer Management from University of Calgary. She has over 20 years Non profit sector, specializing in fundraising, team building and resources.

Guest Speaker: Lori Payne – Calgary Seniors' Resource Society (CSRS)

CSRC provides a depth of support that created effective change in the overall wellbeing and quality of life of vulnerable seniors. Many seniors in Calgary are without family support, disabilities, language barrier and many other factors that isolate them.

CSRS provides a variety of innovative and practice programs to seniors with the goal of remaining safe and independent in their home while ending senior isolation and loneliness.

CSRS combines social work/outreach with volunteer programming and community engagement. Not only do they assist in social crisis situation, but they also provide ongoing support to ensure these seniors are supported appropriately in the longer term.

CSRC provide ongoing support and linking them with volunteers in the community with the belief that engaging in communications can make the difference for vulnerable at-risk seniors. A connection with those around them can prevent mental health issues, injury and physical health problems and abuse in seniors, and avoid unnecessary strain on our health care and professional support networks.

This is particularly important for Calgary. In the next 10 years, the city is going to experience a 65% growth in our senior population

For operations, CSRS use a lot of volunteer and function with a small, dedicated staff of 15 people, with 11 full time.

Most people do not know what supports are out there, didn't even know CSRS existed and what work they do. For more information on training and volunteer opportunities, see their website: www.calgaryseniors.org.

She is thanked by John Radermacher

Club Announcements/Upcoming Events:

A Special presentation on **Friday, April 8, 2016**

Al Hardstaff to present, OUR HISTORY, the story of Rotary Club of Calgary Heritage Park... First time in club's history... our first 3 presidents, Walter Zuk, Jim Davis and Raju Paul, who will challenge each other to be the MOST KNOWLEDGEABLE PAST PRESIDENT.

Our meeting.

Ginny(Club Service Committee) - Our almost annual Spring Potluck Supper will be here before you know it, so SAVE THE DATE **Thursday April 14th @ 6pm**

You and a guest are invited to share some food and fellowship during this casual evening. More details will be forthcoming.

April 15th, Meeting at Challenger Park – Mayor Nenshi as Guest Speaker

Rotary Minute:

1) International Services:

Bill Skinner- the International Services Club are searching for a good international project that would qualify for a global grant, for our club to lead. To qualify for a Global Grant means:

We need a Rotary Club on the ground for a partner, derived locally from that area

A project with a sustainability focus and something this club believes in

Need a project with the size of at least \$30,000

International Club is looking for help from club members: If you have connections or ideas or something you know of – We'd like to hear from you to investigate more and generate something larger for our club If you have any

2) Vocational Services:

Brad Sewall

Frog Skin U is a Non-Profit organization that teaches money management to kids in elementary schools – some kids go back and teach their parents. Our club helped them a couple years ago.

Our motion today: RCCHP will support Frog Skin U with \$3000.00 for the purchase of an iPad and Projector to help present their material on Financial advice for children between grades 3 and 5. Second: Bill Skinner. Discussion: \$3000 for only computer and projector? Yes. In Favor: unanimous. Opposed: None. Abstained: None

3) Michaela Fitzsimons – Outbound Student for the 2012-2013 year in Venezuela. She is currently a U of C taking Kinesiology and plan on pursuing Physical Therapy in the future. She continues to speak Spanish and is involved in the exchange program, holding events with inbound and outbound students.

Happy Bucks:

Doug Hood – Attended Calgary South meeting yesterday, which was great & his son is off to university in Australia

Walter Zuk – Sad Buck – Converted from Blackberry to an iPhone

Graham Drake – Welcomes Walter to 21 Century

Fran – Happy Michaela is back & 7 years being inducted in Rotary

Al – Darryl and Max had set up 5:50am this morning when he arrived

Peter Leigh – Daughter got a full time job as teacher & he's recovered from his from bronchitis

Sheriff (Din):

reminder: 4 way test applies – must be wearing both pins

District Conference – who's attending? Those who aren't, pay a dollar

No Women at table? Pay a dollar.

Table 1 – First Calgary breakfast club? Centennial

Table 2 – First Calgary club to induct women? Centennial in 1989

Table 3 – 12 clubs in Calgary, how many lady presidents have we had this year? 5

Table 4 – Who sponsored Heritage Park Club and in what year? Centennial in 1999

Table 5 – What year was Centennial chartered; how many members? 1985 with 27 members.

Table 6 – Sarcee Club, over 18 years, how much money have they donated to charities? 1.5 million

Next Week!!!

Classification Talks

Phil Hochhausen & Christine Martin

Thought of the Day: It's better to look back on life and say 'I can't believe I did that.' Than to look back and say 'I wish I did that'.

Duty Roster for Feb 26

Greeter: Asha Paul

Door Sales: Raju Paul

50/50: Din Peerani

Grace and Sunshine report: Jamie Powell

Introduce speaker: Bob Price

Thank speaker: Jeanette Pyle

Standard Reporter: John Radermacher

Duty Roster for March 4

Greeter: Eve Robertson

Door Sales: Cheryl Ryan

50/50: Jim Sawers

Grace and sunshine report: Brian Semeschuk

Introduce speaker: Brad Sewell

Thank Speaker: Bill Skinner

Standard Reporter: Art Sumner

**THE ROTARY CLUB OF CALGARY
HERITAE PARK**

**P.O. BOX 30261
CHINOOK RPO**

**WEAR YOUR
ROTARY PIN**



The Rotary Club of Calgary Heritage Park Announcements

Feb 26	Classifications
Mar 4	Renee Vaugeois: Ainababazi Children's Project
Mar 11	Kerry Longpre; Calgary Foundation Vital Signs
Mar 18	Bill Skinner; Highlands of Guatemala
Mar 25	No meeting; Good Friday
Apr 14	Club potluck

