

THE STANDARD

February 26, 2021

President:
Christine Mihailedes

Editor:
Joe Klassen

Reporter:
Doug MacDonald

FOUR WAY TEST

In all things we think, say or do

1. Is it the TRUTH ?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

In the beginning:

Rotary
Club of Calgary Heritage Park



President Christine started the meeting promptly at 7:00 a.m. with 43 members and guests present. Karen Murray from Inclusion Alberta was a guest this morning.

BIRTHDAYS AND ANNIVERSARIES

We missed Bill Skinner's birthday on February 20 and it was a milestone but not one that will get him a COVID shot right away.

In other milestone news, Darryl Luhr, Ted Wood and Garry Gray are celebrating birthdays in the next week. Jim Coyle and Lynda Campbell have partner birthdays to remember in the coming week too. David Field joined Rotary 16 years ago while Eve Robertson joined 9 years ago.

Hope, Bill, Asha Paul, Din Peerani and John Radermacher all celebrated their charter membership anniversaries on February 23 while Fran Hochhausen celebrates 12 years as a Rotarian and Rob Matthews celebrate 15.

Martin Harvey explained how the NASA space program today was based on the size of south end of northbound horses pulling Roman chariots over 2,000 years ago. The more things change, the more they stay the same.

OUR SPEAKERS

This week's speakers were Brian Beck and Sydney Black who are Board members at Alcove Addiction Recovery for Women. Our club has supported Alcove for a number of years so it was good to learn more about the difference they make in our community.

Alcove creates a safe place for women away from the cycle of addiction and abuse by addressing the unique needs that women, and especially mothers, face. We learned that 80% of the women that Alcove serves have experienced domestic abuse and suffer from mental health distress. Clearly, this is a complex issue.



Rotary Opens Opportunities



**"Everything
we do opens
another
opportunity
for someone,
somewhere"**

HOLGER KNAACK





Our meeting.

Alcove was started by a group of retired Grey Nuns in 1977.

Alcove's primary focus is providing a 90-day residential program that helps women start the recovery process. At the end of the residential program, they help women and their children transition to the next phase of recovery.

The program is unique because the residential program includes a family program which tries to keep families together. A mother's addiction is traumatic for their children and Alcove is committed to helping children not learn or acquire addictions themselves. The family program helps mothers learn to nurture their families.

Once the residential program is finished, women become part of a recovery community that helps them continue to stay sober.

COVID has impacted Alcove's services. Initially, the treatment centre was closed (it is open again) and they had to learn how to offer virtual treatment

The demand for Alcove's services exceeds their capacity. Eighty-five women, including 22 mothers, were part of the treatment program in 2019-20. While the cost of these treatment programs is substantial, ending the cycle of addiction means that we redirect funds from jails, courts and hospitals to more other vital services.

Janet Blahun thanked Brian and Sydney for their presentation with our polio plus certificate.

THANK YOU

Martin Harvey was back at the virtual microphone to teach us how to say THANKS in Maori. By the end of this Rotary year, we'll be able to say thanks in almost 50 languages.

ROTARY BUSINESS

There were a number of spending resolutions to ratify at the meeting.

MOTION: Sheila Tyminski/Ginny Murphy

On behalf of the Youth Services Committee, I move that RCCHP provide \$200.00 for their (Rotaract) pitch night, for funds to be applied to their community project. CARRIED

MOTION: Sheila Tyminski/Darry Luhr

On behalf of the Youth Services Committee allocate \$200.00 to the District 5360 Conference to sponsor 10 youth and their parents to attend. CARRIED

MOTION Sheila Tyminski/Martin Harvey

On behalf of the Youth Services Committee sponsor one student to attend the virtual Rotary Adventures in Citizenship program in Spring 2021, at a cost of \$395.00. CARRIED

Sheila promised to provide an explanation about how the Rotary Club of Ottawa will use the participant fees for this year's virtual adventure in citizenship.

MOTION: Don McArthur/Greg Smythe

On behalf of the RCCHP Foundation Committee, I propose that \$992.00 be allocated from Club Services to the Rotary Fund PolioPlus campaign in recognition of non-Rotarian guest speakers in the 2020-2021



Our meeting.

Rotary year.

MOTION: Lynda Campbell/Lorne Kelly

On behalf of the Vocational Services Committee, I move that the RCCHP proceed with the Entrepreneurship Rotary Den Competition this spring in partnership with Bow Valley College, and dedicate \$1,500.00 from Vocational Services AOS budget to be used for competition prizes. CARRIED

ANNOUNCEMENTS

- Thanks to the Club Service Committee and the Atco Blue Flame Kitchen for a great night of fellowship on our club anniversary
- Don't forget to be a blood donor with our Partners for Life initiative
- Check the web site for more information about the Trivia and Cocktails night on March 19

Now that we've been around the world at the equator, we're going around the Poles and we have travelled 24,000 or 44,000 km.

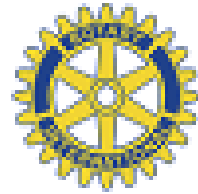
Happy Bucks

Karen Murray was happy that Inclusion Alberta is profiling Fran and Phil Hochhausen in March for employing a person with different abilities. Steve Dunk and Greg Smythe were also happy and we're all happy that the instructions for sending Happy Bucks to Greg are clearer now.

Christine closed the meeting with a thought from Deepak Chapra,

***"Every time** you are tempted to react in the same old way, ask if you want to be a prisoner of the past or a pioneer of the future."*

See you next week when we'll hear from Martin Harvey and Ed Bourassa.



Position	Assigned Member
☞ March 5, 2021	
☞ Greeter	Hochhausen, Phil
☞ Grace and Sunshine Report	Hood, Doug
☞ Introduce and Thank Speaker	MacDonald, Doug
☞ Standard Reporter	Hope, Bill
☞ March 12, 2021	
☞ Greeter	Kelly, Lorne
☞ Grace and Sunshine Report	Khanna, Surinder
☞ Introduce and thank Speaker	Mihailedes, Christine
☞ Standard Reporter	Kim, Harry
☞ March 19, 2021	
☞ Greeter	Kinley, Doug
☞ Grace and Sunshine report	Klassen, Joe
☞ Introduce and Thank speaker	
☞ Standard Reporter	Knox, Matt
☞ March 26, 2021	
☞ Greeter	Leigh, Peter
☞ Grace and Sunshine report	Luhr, Darryl
☞ Introduce and Thank Speaker	MacDonald, Doug
☞ Standard reporter	Matthews, Rob
☞ April 9, 2021	
☞ Greeter	McArthur, Don
☞ Grace and Sunshine report	Murphy, Ginny
☞ Introduce and Thank speaker	
☞ Standard Reporter	Noble, Velma

**THE ROTARY CLUB OF CALGARY
HERITAGE PARK**

**P.O. BOX 30261
CHINOOK RPO**

**WEAR YOUR
ROTARY PIN**



The Rotary Club of Calgary Heritage Park Announcements

Mar 5	Martin Harvey and Ed Bourassa—Classification talks
Mar 12	District Governor Mary Turner
Mar 19	Membership Committee Presentation
Mar 26	Brad Perry— Calgary Economic Development
April 2	Good Friday—No Meeting
April 9	Club Assembly