

THE STANDARD

October 29, 2021

President:
Doug MacDonald

Editor:
Joe Klassen

Reporter:
Garry Gray

FOUR WAY TEST

In all things we think, say or do

1. Is it the TRUTH ?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

In the beginning:

Well it was a dark morning but President Doug shone the light at 7.01 when he started this virtual meeting. He provided a lovely rendition of Oh Canada done by a Scottish Band. Grace was provided by Steve Dunk. Guests today are Vanessa Freeze Sumner, Karen Marius, Chris Patterson, David Shultz and Rudy Roberto.



SERVE TO CHANGE LIVES

Brian Gentles gave us Sunshine!

President Doug's birthday October 31

Club anniversaries:

Joan Bedard 18

Harry Kim 18

Garry Gray 21

Graham Drake 25

Surinder Kana 21

David McGowan 22

Art Sumner 8

Brian's Joke of the day was presented about Jack. He was hung over after the companies Christmas party . He had memories about being very loud and screaming at his wife when he got home. He wakes up to some aspirin on the side table, a red rose and his pants laid out and folded. He then notices a note with hearts saying she loved him and was out getting groceries for a lovely dinner tonight.

He gets up and stumbles to the kitchen where sure enough breakfast awaits



Our meeting.

with his favourite news paper. His son is sitting there and he asked why things are so nice, when I was so bad.

His son replied : all I know is that mom dragged you to the bedroom to take your pants off and you screamed, leave me alone I am married!!!!

Our guest speaker today was non other than Bob Clark and his team from Tuesday Nooners, Toastmasters where Bob has been a member for 27 years and will in 10 minutes reduce our fears of public speaking and then follow up with a fun exercise.

Bob talked about our fear and said there is nothing wrong with that as that was him many years ago before he joined Toastmasters. He is now one of our clubs most coveted speakers!!

Bob talked about the support you get when taking to a crowd and capitalizing on the positive wins. There are many tools you can use to engage your audience such as gestures, voice tempo, storytelling, pause and pace.

We eventually broke into chat rooms and worked through a scenario where the outcome from the group would be fluid in nature and not predictable!

Bob and his team ended with talking to the club with an invite to \toastmasters and highlighted the similarities and alliance with Rotary. For more info check out our clubs website.

Great job Bob!

Announcements

Vince indicated that with present initiatives we have reached 50% of this year's goal

Janet for CS presented a motion for a donation of 1500 to the Poppy Fund passed at 97%

Janet for CS presented a motion for Field of Crosses for 1500 and this passed at 94%

Linda Campbell presented for Vocational services a motion for a SAIT Scholarship at 1000 part of a grant for 3000 and 97% in favour

Brad Wellicome indicated that the club is in the process of accepting Vanessa Freeze Sumner to our club over the next few weeks. See page 3 for her bio.

Happy Bucks

Brad Sewell for 10 and for Bob Clark and Lorne on the Scavenger Hunt

Tracy and Vince for 10 and their new home in Calgary

Joe for his experience talking to a room of 600 and support from his students

Mark for 10 and Lorne's rally

Brad Wellicome thanked Bob and his team as well as Vanessa and Lorne



Our meeting.

Peter Harding was in for 10 for Bob, the Scavenger Hunt as well as the rendition of Oh Canada

Vanessa Freeze Sumner was in for 5 and happy to get involved with our club and Rotary

Moving along next week at Heritage Park our guest is David Spence who is retiring.

Doug thanked everyone for this great meeting today and the many hands that made it successful. We recited the 4 way test and the meeting was adjourned!

The Board approved the membership application of Vanessa Freeze-Sumner on Monday, October 25, 2021, with classification of Human Resource Professional.

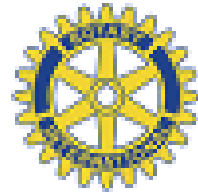
Brad Wellicome (Membership Chair) and Jim Coyle (Membership Committee member) both reviewed her membership and interviewed Vanessa. Brad followed up with the personal references supplied by Vanessa. Brad and Jim recommended to the Board that Vanessa be approved as a new member.

During the review process we discovered that Vanessa has extensive experience in organizing groups, working as part of an effective team and a generally very positive person.

Brad and Jim found her to be very engaging, well spoken and quite upbeat. Her personal references also had a number of great things to say about her. Here is an excerpt from one reference:

"Vanessa has an incredibly humble way of interacting with people. She is kindhearted, funny and incredibly positive minded. She was always keeping our team in good spirits and encouraging us along the way. She is supportive, when working in a group setting and empathetic when working one-on-one with others. Vanessa is very intelligent, and process driven and brought so much joy to our team".

This announcement will remain in the Standard for 2 weeks after which time, assuming no objections are received, we will schedule an official induction ceremony for Vanessa.



Position	Assigned Member
📅 October 29, 2021	
Greeter	Dunk, Steve
Grace and Sunshine Report	Gentles, Brian
Introduce and thank Speaker	Clark, Bob
Standard Reporter	Gray, Garry
📅 November 5, 2021	
Greeter	Harding, Peter
Grace and Sunshine report	Harvey, Martin
Introduce and Thank speaker	Le, Kathy
Standard Reporter	Hochhausen, Fran
📅 November 19, 2021	
Greeter	Hochhausen, Phil
Grace and Sunshine report	Hood, Doug
Introduce and Thank Speaker	MacDonald, Doug
Standard reporter	Kelly, Lorne
📅 November 26, 2021	
Greeter	Hope, Bill
Grace and Sunshine report	Khanna, Surinder
Introduce and Thank speaker	Mihailedes, Christine
Standard Reporter	Kim, Harry
📅 December 10, 2021	
Greeter	Kinley, Doug
Grace and Sunshine Report	Klassen, Joe
Introduce and Thank Speaker	Harding, Peter
Standard Reporter	Leigh, Peter

**THE ROTARY CLUB OF CALGARY
HERITAGE PARK**

**P.O. BOX 30261
CHINOOK RPO**

**WEAR YOUR
ROTARY PIN**



The Rotary Club of Calgary Heritage Park Announcements

Nov 5	David Spence—CTV Meteorologist
Nov 11	Rotary Remembers
Nov 12	No Meeting.
Nov 19	Classification—Tracey and Vince Vavrek
Nov 26	Mark Kondrat—Beer in Alberta
Dec 2	Christmas party (Thursday evening)
Dec 3	No Friday morning meeting