



# THE STANDARD

APRIL 5, 2024

VOLUME 2

ISSUE 32

**PRESIDENT**  
**GRAHAM DRAKE**

**REPORTER**

VANESSA FREEZE-SUMNER

**EDITOR**

ASHA PAUL

## MEETING NOTES



Stan once again led us in a quick paced singing of O'Canada.

Cindy Law guest of Janet Blahun

Capri Rasmussen - Speaker

## PROGRAM

The smart, well-spoken and humble, Vanessa Freeze-Sumner, introduced our speaker Capri Rasmussen, BSW & RSW.

Capri currently serves as the Clinical Administration Manager at Aventa Centre of Excellence for Women with Addictions. She is a seasoned social worker with 28 years under her belt. She highlighted the importance of live-in rehabilitation facilities such as Aventa and the amount of hope that she finds in the recovery and the outcomes that found support in their halls. Aventa's clients are most likely to be in recovery from alcohol and/or stimulants. The facilities have on site medical services, doctors on-site 5 days per week, an indigenous elder visit weekly. What is the point? Women coming out and continuing their recovery path with more hope (95% reported feeling more hopeful at the end of the program) and more skilled. They aim to meet women where they are to support their pursuits.

Capri was touched by the 20 polio vaccinations given in appreciation of her presentation.

## MINUTES

Bill S – RC Connect is a newer club in Calgary that is focuses on sweat equity and have organized a Comedy Night at Yuk Yuks as a fundraiser on April 10. Reach out to them to participate.

Sheila T – Thanks those that have signed up to volunteer for the SCAS. Friday spots are filled but there are additional openings for Saturday and Sunday. If you haven't already (and even if you have), please sign up! Volunteer instructions will be sent out to volunteers the week before the sale.

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FRIDAYS 7 AM. GUNN'S DAIRY BARN, HERITAGE PARK, 1900 HERITAGE DRIVE SW, CALGARY

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## MOTIONS

1. International Service – Bill Skinner - I move that RCCHP allocate C\$3909 to Habitat for Humanity- Guatemala for installation of concrete floors in private homes, with priority given to families living in poverty with RC Los Altos Quetzaltenango. These funds are to be distributed with a woman head of the household, young children, elderly adults, and/or a family member with a disability. Seconded by Bob Clark - Passed
2. International Service – Bill Skinner - Motion that RCCHP allocate C\$3,000 for the purchase of water filters for a project managed by the Rotary Club of Puerto Vallarta Sur. Seconded by John Radermacher - Passed
3. Youth Service – Sheila Tyminski - Move that RCCHP donate \$1000.00 to It's a Crime Not to Read. Seconded by Jim Davis – Passed

## PRESIDENT'S REMARKS

Today was National Gold Star Spouse Day so if you have a Gold Star Spouse recognize them.  
Tomorrow is National Tartan Day. He reported that the Irish were more likely to wear something underneath theirs. HA!

## HAPPY BUCKS

John Radermacher – Was happy to take a poll on those that have and would be interested in volunteering at Ronald MacDonald house and took the opportunity to invite us to assist with dinner on April 13<sup>th</sup>.

Bill S – Appreciated the presentation.

Stan – Spoke to Clair and all are safe in Taiwan.

Aliisa – Her parents and their dog are looking to spend winters in Calgary (Dec-March) . If you have any contact with someone that may have some accommodations open for short term rental, let her know.

Joe K – Thanks for the presentation and pointed out the compliment from Capri that Rotarians were purveyors of hope.

Rob M – He and Cheryl enjoyed their month in Europe. They loved it all!

Steve Dunk – Thankful to all of those that filled in his co-chair of SCAS position while he was traveling.

Jim D – Great presentation and most importantly he has a new grandson!

Mark R – Lindsay, his daughter, has been named Outstanding Cancer Researcher by AHS!

Bob C – Excited to see a big SCAS Billboard. Commented that the work Capri and Aventa do are certainly worthy of purveyors of hope.

Ted W – The season has sadly changed and the wrong kind of snow is on the ground. He is off to a solo adventure next!

### BIRTHDAYS& ANNIVERSARIES

#### BIRTHDAYS

MONICA AMABILIS.....APR 15

#### ROTARY ANNIVERSARY

DOUG MACDONALD (31YRS).....APR 13

### DUTY ROSTER

**APRIL 5, 2024**

**GREETER .....BRUCE BYFORD**

**DOOR SALES.....STAN CHRISTMAS**

**REPORTER.....JIM DAVIS**

**If you are unable to fulfil your duties  
please find your own replacement.**