



# THE STANDARD

NOVEMBER 29, 2024

VOLUME 26

ISSUE 20

**PRESIDENT  
BILL SKINNER**

**REPORTER  
PETER LEIGH**

**EDITOR  
ASHA PAUL**



## MEETING NOTES

Richard Broadwith was our warm, smiling greeter for our very cold, and a slightly snowy last November 2024 meeting.

The meeting was started on time, by our MC President Bill Skinner who mentioned that this day was Black Friday, and, ironically, National Buy Nothing Day, Bill then called on Peter Harding to lead us all in an impressive rendition of Oh Canada, followed by President Bill's acknowledging our native population with a fascinating overview of the National Centre for Truth and Reconciliation, he also gave us a very sincere none religious invocation around Rotary values prior to having our Heritage Park breakfast, with of course, tables with guests going first.

Next, Bill welcomed our many visitors and guests who included Dr. Timothy Parker PhD, author, Rotarian, and Professor Emeritus of Psychology, Augustana Campus, U of A and our guest speaker, his wife Ellen Parker, potential new member - Peter McLaughlin, Jeromy Farkas – guest of Bob Clark, Tracy Boyda, David Townsend, and Jeanine Zanewich,

Bill then surprised Rob Matthews, by appointing him last minute as our plate shiner for the meeting, Bill then invited tables with guests to the breakfast buffet followed by the other tables.

## PROGRAM

After a great and hearty Heritage Park Breakfast, Linda Campbell introduced our guest speaker, Dr. Timothy Parker, whose area of expertise is biological psychology, and has written a textbook entitled Foundations of Biological Psychology, published in 2013. His main research areas include the neurobiology of of addiction, learning, memory, and mental disorders such as schizophrenia. He has just completed a book on addiction, and the brain processes that accompany it, written for a general audience, and should be available in the next few weeks.

Dr. Parker gave us a fascinating insight into the processes that go on around addiction and its progression and treatment. Addiction is now being recognised as a disease, and as such is generating a lot more interest in treatments and understanding of the condition, and what patients are going through, which should lead to better outcomes from more effective treatments for the victims of this disease. Dr. Parker is a very engaging presenter, and cudos to our amazing team that finds us all our awesome guest speakers.

After 5 minutes of questions and answers, Linda thanked our guest speaker and presented him with a certificate showing our gratitude by a club donation to the Rotary Polio plus program to vaccinate kids worldwide against polio.

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FRIDAYS 7 AM. GUNN'S DAIRY BARN, HERITAGE PARK, 1900 HERITAGE DRIVE SW, CALGARY

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## MINUTES

Brad Wellicome reminded us of it is Rotary Foundation month, and it is coming to the end of the tax year so get your donations in.

Brian Gentles highlighted we need as many volunteers as we can get for the Victory Outreach Bingo Night Christmas event which is a really well appreciated outreach from our club, and touches many lives in a very positive way.

President Bill reminded us he still needs Rotary stories, and experiences from members to share at our meetings. As well, Bill reminded us there is money available for Rotary Global Grants to sponsor graduate students where a club does not need to contribute funds, just promote a worthy student as a lead club.

Stan Christmas highlighted the RCCHP Christmas Dinner Party is next week on Thursday, Dec.5th at 6:30pm in Gunn's Dairy Barn.

As well we need to book seats for the Korean Lunar New Year celebration meal 6:30pm on Jan. 23rd, 2025 at Tini's restaurant, 11501, Buffalo Run Blvd, unit 501, TsuTina.

Peter Harding reminded us that the Rotary World Convention is in Calgary in June next year and we need good club representation for that event. Peter is on the Host Organising Committee (HOC) for this, and he encouraged us all to register as hosts, and then get involved, the registration is US\$525 until the December 15th, 2024 deadline, then it goes to US\$625.

## BIRTHDAYS & ANNIVERSARIES

### BIRTHDAYS

DAVID McKEOWN.....DEC 8  
JIM DAVIS.....DEC 9

### ANNIVERSARY

DIN & NURI PEERANI(62YRS).....DEC 7  
DOUG & JACKIE KINLEY(52 YRS).....DEC 8

### ROTARY ANNIVERSARY

LINDA CRAIG (7YRS).....DEC 13

## NEW MEMBER

The Board has approved the application for membership of Peter McLaughlin.

Classification.Security Professional

Sponsor: Bob Cove

Barring any objection he will be inducted shortly.

## HAPPY BUCKS

We had plenty of enthusiastic happy bucks contributions - thanks to all who contributed, Linda even got excited over the yogurt we had at the buffet, I have to say it was very enjoyable.

## SHERIFF (BRIAN GENTLES)

Brian Gentles was a Sherriff with a difference this week, and invited tables to bid on a Wines of the World raffle ticket, true to form the bids were "hot and heavy" and it was a wild ride, with two tables at the end agreeing to share the ticket.

## CONCLUDING REMARKS

Our next club meeting will be our AGM in two weeks time on December 13<sup>th</sup>, as next week we are having our Christmas Party on Thursday, December 5<sup>th</sup> in the Gunn's Dairy Barn

Bill's parting quote by Mark Twain : "If you tell the truth, you don't have to remember anything".

On closing the meeting at 8:15am, President Bill had us all repeat the 4 Way Test.

## DUTY ROSTER

### DECEMBER 13, 2024

**GREETER** .....JUDY COCHRAN

**DOOR SALES**.....BOB COVE

**REPORTER**.....PETER HARDING

**If you are unable to fulfil your duties  
please find your own replacement.**

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