



THE STANDARD

SEPTEMBER 13, 2024

VOLUME 26

ISSUE 9

**PRESIDENT
BILL SKINNER**

**REPORTER
ROGER SONTAG**

**EDITOR
ASHA PAUL**



MEETING NOTES

A smaller than usual crowd had gathered as President Bill rung an imaginary bell at precisely 7:00. Apparently the real bell had gone missing (hopefully temporarily). Stan Christmas led us in an inspirational rendition of O Canada.

Bill gave us a very interesting truth and reconciliation comment this morning. The term 'Trail' for a major street is unique to Calgary and dates back to the oxcart trail that was used to carry people and supplies from Fort Benton, Montana to Calgary. Many trails have indigenous names. Some honor specific people and some honor tribal groups

Guests: Randall Dyck – Potential Member; Deb Hymer – Guest of Marlene; Lynn Chatenay – (guest speaker); Visitor: Dave Leslie – Assistant Governor

With Harry Kim as our cheerful plate shine and line director, breakfast plates were filled fast and attendees quickly engaged in pleasant conversation until President Bill brought the meeting back to order at 7:25

PROGRAM

Wynne Bjorgen held double duties of introducing the speaker and thanking the speaker. Lynn Chatenay is the President and Founder of Soft Landings. A company that offers a full care solution to individuals wishing to downsize. She is a passionate caregiver and assists her clients from start to finish.

Lynn began by saying her father was a Rotarian for many years so she is aware of the many good things Rotary does. Although her company provides a wide variety of services for her clients including sorting, packing, moving, selling and estate services, she wanted to focus on downsizing and relocating as this can be quite an overwhelming task as they often work with seniors. Their strategy is to break the process into smaller manageable tasks, with a defined timeline for each, and minimizing the tendency to attempt too many tasks at once. The process avoids duplication of effort and streamlines tasks from start to finish. When consulting with clients a typical strategy would be to have them

1. Pick a room.
2. Set timetable and completion date
3. Create a sorting system between keepers, share, sell and donate and discard

Typically they would ask:

1. Do you need it.
2. Have you worn it the last year.
3. Is it worn or damaged.
4. Do you have duplicates

Sorting practices:

1. Touch something once.
2. Do you want to pay for storage of items.
3. Sentimental clutter (most difficult) keep 1 of many. Remind the client that decluttering will not remove the memories.

FRIDAYS 7 AM. GUNN'S DAIRY BARN, HERITAGE PARK, 1900 HERITAGE DRIVE SW, CALGARY



MINUTES

Roger Sonntag – After a lengthy introduction, Roger Sonntag informed us that RCCHP has Joined Rotary Helps YYC – a database of applications for Rotary assistance shared by 9 Calgary Rotary Clubs. It assists those looking for assistance by being able to reach a number of Rotary Clubs with a single application. Rotary clubs benefit from seeing applications that they may not have received in the past and ensuring that we continue to make the best use of our funding.

Bill Skinner – Catherine Brownlee HOC RI 2025 Sponsorship committee. Looking for one or two Rotarians from each club to participate in their short weekly zoom calls. Contact if you are interested. RCCHP has two volunteers already, but more would be welcome.

Ronald McDonald House is hosting their annual 'Hustle for the House' fun run on September 29 in central Commons Park. This is a fundraising event. Search 'Hustle for the House' for more information

HAPPY BUCKS

There were many happy bucks, too many to capture but some highlights were Lorne returning from Newfoundland, Tracy announced that next week is Zone institute and she is excited to attend and develop sustainability strategies for Rotary Clubs, and Wynn speaking of DG Randy Smith having another fight in a ball (I'll leave that to the group to understand that).

BIRTHDAYS & ANNIVERSARIES

BIRTHDAYS

BRAD WELLCOME.....	SEPT 21
BOB COVE.....	SEPT. 28
BARBARA SKINNER.....	SEPT. 21
SHEILA LEIGH.....	SEPT 11

ROTARY ANNIVERSARY

JUDY COCHRAN.(10 YRS).....	SEPT 26
ALISSA PAIVALAINEN.(10 YRS).....	SEPT 26

ROTARY STORY - JIM DAVIS

Jim is coming up to 35 years as a Rotarian, so the ability to pick one or two stories from the multitudes was an insurmountable task as there were hundreds to choose from and each of them reaffirmed his decision to join. Whether it was a project to supply wheelchairs to the Phillipines and how a small goal of 25 chairs ballooned into 2 full containers of wheelchairs, hospital beds and other equipment confirmed that Rotary IS making a difference

He spoke of Rotary Flames House, Rotary/Mattamy Greenway, Challenger Park, chartering our Club in 1999, homes of hope, our swift and effective answer to the many Covid challenges. Jim is optimistic that there are many more rotary highlights to come.

SHERIFF

We almost had a shootout as we had 2 sheriffs in town. Walter Zuk was in a foul mood as he issued fines to Bill S, Don McArthur, Bill Hope, Jim D, Vince, Jim and Roger. With time Running out Roger added a few fines to Aliisa, Stan, Bill S and....himself???

CLOSING REMARKS

Ideas are like rabbits. You get a couple and learn how to handle them, and pretty soon you have more than a dozen. We recited the 4 way test and President Bill closed the meeting

NEXT WEEK

Indigenous Speaker Anita Crowshoe from Piikani Nation

DUTY ROSTER

SEPTEMBER 20,2024

GREETER	JOE KLASSEN
DOOR SALES.....	DOUG MACDONALD
INTRODUCE & THANK.....	PETER HARDING
REPORTER.....	VANESSA FREEZE SUMNER

**If you are unable to fulfil your duties
please find your own replacement.**