



THE STANDARD

DECEMBER 5, 2025

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**PRESIDENT
LYNDA CAMPBELL**

**REPORTER
BRAD SEWALL**

**EDITOR
ASHA PAUL**

MEETING NOTES



Mike Mikkelson was able to set aside the pain of his Dallas Cowboy team loss the night before and welcome all comers with a big smile and hearty handshake. Stan Christmas corralled all the off-key singers to bring an on-key finish to O Canada. President Lynda took a moment to provide a land acknowledgement for the many First Nations, Metis and Inuit who have lived and cared for these lands for generations. We are grateful for the traditional knowledge keepers and elders who are still with us today and those who have gone before us. Plate Shiner was Jamie Powell.. Guests: Karen Sonntag wife of Roger; Debra McArthur wife of Don; Theresa Jenkins guest speaker;.Graham Kenelly guest of Bob Clark; Henry Huynh - guest of Bob Clark

This day in history....On December 5, 1933 the US officially ended prohibition.

PROGRAM

Ola Olutuyi Introduced Theresa Jenkins. He used ChatGPT to learn that Theresa has been with RESET for 15 years and is currently the Executive Director. What he didn't learn, and that Theresa shared, was that she and her husband won best ballroom dancer award in 2008-09.

Theresa shared that RESET (click [here](#) for website) stands for Rapid Exit from Sexual Exploitation & Trafficking. Their vision is for sexually exploited women and girls to know there is a way out. RESET has helped over 1,200 women in their 36 year history. Average age for girls to be recruited into trafficking is 13-14 years old. One girl trafficked for a year will generate approximately \$280,000 for her trafficker per year. People trafficking used to be third after drugs and gun trafficking but now is number one The first phase of support is Exit – Safety and Stabilization. Participants are provided a safe house to get them away from their trafficker. In 2024 221 women contacted RESET for help. The second phase of support is Healing and Capacity Building. During this transition, the women stay in shared accommodation in one of their 4 safe homes in the city. Many programs are available to the residents, including life-skills, trauma-informed counselling, scholarships, employment skills and community support. 90% of past residents in the program have fully avoided the sex trade after participating in the RESET programs. According to Charity Intelligence (an organization that compares effectiveness of charities) RESET is rated in the top 10 of charities in Canada based on the impact they provide to their audience. RESET collaborates with a number of other groups involved in countering human trafficking.

Ola Olutuyi thanked Theresa for her work and her talk. He provided her a Polio Plus certificate indicating 20 children were vaccinated on her behalf.

FRIDAYS 7 AM. GUNN'S DAIRY BARN, HERITAGE PARK, 1900 HERITAGE DRIVE SW, CALGARY



MINUTES

Bill Skinner shared that Heritage Park is fundraising for funds to maintain the two locomotives at the entrance to the park. An anonymous donor is willing to match any donations 3 to 1.

Velma and Marlene shared several updates on the Comfy Cozy Christmas event. Mr. Christmas (Stan) will be greeting guests on Dec. 11. Parking is on the East side of the building (Davenport House (7th Floor), 550 Bishop Drive S.W. Currie Barracks, Calgary.) Try to be there by 6:00 so you don't miss the Handbells. There is a credit card (nor a cash) bar. Reminder – this is an appetizer event – please use a little restraint on your first plateful to make sure there is enough for all.

Velma – we'll be taking donations for the Veterans Food Bank at our next meeting (Dec. 19). If you would like a tax receipt, bring a cheque made out to Veterans Assn. Food Bank-Calgary.

Bob Clark reminded us of the success of the Membership meeting on Nov. 14. Alex McDougall is transferring his membership back to RCCHP. Also, Henry Huynh is back again this week and brought his friend Leonard Co.

Roger shared that 65 orders for chickens & pie were received. The pick up has been lined up for the afternoon of Dec. 19 at 8:30 am in the Heritage Park parking lot (right after our meeting).

Sheila T. gave us the heads up regarding the club's hosting of a Blanket Exercise on January 17, 2026 in the afternoon at Grace United Church. Save the Date in your calendar! More news to come in the next while.

CONCLUSION

There are 4 stages in life: You believe in Santa Claus

You don't believe in Santa Claus

You are Santa Claus

You look like Santa Claus

BIRTHDAYS & ANNIVERSARIES

BIRTHDAYS

JUDY COCHRAN.....DEC 22
BARRY MURPHY.....DEC 18

ANNIVERSARY

RICHARD BROADWITH & LINDA CRAIG (51YRS).....DEC 19
BRIAN GENTLES & ELAINE DUNCAN (13YRS).....DEC 22

50/50

Bob Clark stepped up to introduce the 50 50 draw. He then had Theresa draw a ticket – which was purchased by Doug Kinley. After reciting the 4-way test, Doug drew the two of spades. The pot continues!

HAPPY BUCKS

Bill Skinner: RESET society

Graham Drake: Great to see some new member candidates though another Graham (Kennelly) may bring up the possibility of a Good Graham / Bad Graham situation. Hmmm...I wonder which...

Phil: for a good trip to PV, has seen the revised Volcanes Community School and attended the service for Art Fullerton.

Ted: Powder season is here!! Daughter is writing exams for end of 1st year in Vet medicine.

Peter H: Attended Festival of Carols which was started 47 years ago by Rotarians.

Bob Clark: Power of connections through Rotary and new members. Meet new people. Smile. Welcome them in.

Don McArthur: Debra joined him at a meeting for the first time (not that this is the first time he's been happy!).

Jamie: Enjoying his 4th year mentoring at Bow Valley College. Really getting a lot out of it. Highly recommend for anyone to try it out.

Bob Cole – the speaker reminded him of how important their work is in the community.

DUTY ROSTER

DECEMBER 19, 2025

GREETERALIISA PAIVALLAINEN

DOOR SALES.....JAMIE POWELL

50/50.....JOHN RADERMACHER

INTRO & THANK.....—.....

REPORTER.....DEB DUNCANSON

**If you are unable to fulfil your duties please
find your own replacement.**