

THE STANDARD

September 21, 2018

President:

Jim Coyle

Editor:

Joe Klassen

Reporter:

Graham Drake

FOUR WAY TEST

In all things we think, say or do

1. Is it the TRUTH ?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

In the beginning:

President Jim energetically opened the meeting with a prompt of "in all of us..." to all of us and asked Joan Bedard to lead us in Oh Canada. Grace was provided by Stan Christmas. Our plate shiner today was Zuzana Carter-Edwards, making a well-received appearance.

Rotary
Club of Calgary Heritage Park



BE THE INSPIRATION

Don MacArthur introduced our guest speakers: Myrla Bulman and Cindy McCaffery from YouQuest. Also introduced was David Field, guest of Jim Coyle and newly approved member of our club. So let the record show That the board has approved his membership, and will receive feedback for the next 2 weeks.

Speaker: Myrla and Cindy spoke today about young Onset Dementia and the work they are doing around a community wellness initiative for people with young onset dementia and Cindy shared the story of her husband John who was diagnosed in 2007 at the age of 48. Went from very active at work and community to being on full time disability.

Some facts:

Young onset dementia is not caused by aging. In 2016, 40 to 64 year olds represented 1356 families in Calgary about 10% of the dementia population. There is a critical service gap for this age group.

The YouQuest program is a pilot project initiative with SAIT focus on developing a program for Young Onset Dementia with the value proposition

To improve their quality of life

To provide a safe and welcoming environment

Healthy active choices

Caregiver support network

Our meeting.

Regarding the Pilot project, Myrla shared the approach they are taking. they are collaborating with the cognitive neuroscience clinic, the primary care network as well as the young onset dementia Family network.

They are partnered with U of C for the pilot evaluation, SAIT in developing a web application and use of facilities.; MRU with practicum students.

The pilot project is planned until May 2019 and involves 10 patients – 9 are already enrolled.

A successful program would deliver the “triple crown” of results:

- The individuals will have engaged in active social wellness, be meaningful in the community and delay institutionalization.

- Caregivers will have peace of mind and respite; a network for resources and positive family support

- The system will have been developed to provide timely and age appropriate support; family support in the community and identify how they can have a role in their health.

In closing, Cindy shared how her husband has stayed active, playing golf frisbee for over 500 days in a row.... and a photo celebrating his first hole in one!

The Sunshine Report was delivered by Stan Christmas

Birthdays: Brad Wellicome Sep 21

Spouses: Barbara Skinner, Sep 21
 Susan Cameron, Sep 23
 Sheila Leigh, Sep 23

Anniversaries: Martin and Liz Harvey, Sep 23 – 51 years

Rotary Anniversaries: Aliisa Paivalainen - Sep 26 – 4 years

Sunshine humour:

A woman was sipping on a glass of wine, while sitting on the patio with her husband, and she says, “I love you so much, I don’t know how I could ever live without you.”

Her husband asks, “Is that you or the wine talking?”

She replies, “It’s me...talking to the wine.”

Our meeting.

MINUTE PEOPLE

Ginny – Spoke to the rotary theme “Be the inspiration” and Aliisa’s work in Lumberton, South Carolina where she is knee deep in mud helping people affected by the hurricane, with low income people living below the poverty line that are not eligible for support from FEMA. She may be looking for rotary volunteers to help there. An e-mail will be sent out to provide details on how we can support the clean up work.

Calgary Inter Faith Food bank – Christine M thanked volunteers for the work at the food bank this week and that our club is committed to a group of volunteers every 3rd Tuesday of the month, with the next one scheduled for Oct 23rd. Sign up is on line

Puerto Vallarta – Brian and Gary spoke about their next trip on January 11-21 and looking for anyone wanting to join them. They will be following up on our work there, including the educational and sewing school initiatives, BECAS education program as well as connecting with Rotary Club Sur.

Bill Skinner announced that the Second-hand Art committee has found a permanent and free storage site. For any Rotarians that are now temporarily storing the equipment and art.... Stay tuned.

50/50 draw winner was Christine Martin; however, her luck ran out when she drew the 4 of spades

Happy Bucks

Walter: for the work Surinder has done on Bethany – did he get his application to front of the list

Mark for his daughter’s marriage last Saturday

Gary for his twin grandchildren turning one and the international committee meeting

Surinder for his daughter

Brian for his middle daughter working in UK and his plans to visit

Roger for his 2-year-old grandson stringing together words dissing “papa”

Graham for President Jim reminding all of us about “all of us” before the start of Oh Canada!

SHERIFF John Radermacher started firing off fines:

President Jim – whose wife was seen on TV with another man... at the Bethany launch.

Surinder – for whatever (?)

Doug Hood

Joan for her wonderful but slow singing

Gary – for not sharing his jokes with Stan – a thank you

Joe – 10 years in rotary – learn to check in on attendance form

Darryl – “O” Zuzana? Oh, too corny

But no fines for pins and badges, except Graham for being upside down (badge)

THOUGHT FOR THE DAY:



The sincerest form of respect is listening to what others have to say.

Meeting Responsibilities

September 28, 2018

Greeter

Gray, Garry

Door Sales

Harding, Peter

50 50 Sales

Harvey, Martin

Grace Sunshine Report

Hochhausen, Fran

Introduce Speaker

Clark, Bob

Thank Speaker

Hochhausen, Phil

Standard Reporter

Hood, Doug

October 5, 2018

Greeter

Hope, Bill

Door Sales

Khanna, Surinder

50 50 Sales

Kim, Harry

Grace and Sunshine report

Kinley, Doug

Introduce Speaker

Klassen, Joe

Thank Speaker

Leigh, Peter

Standard Reporter

MacDonald, Doug

**THE ROTARY CLUB OF CALGARY
HERITAGE PARK**

**P.O. BOX 30261
CHINOOK RPO**

**WEAR YOUR
ROTARY PIN**



The Rotary Club of Calgary Heritage Park Announcements

Sept 28	Laura Bechard; Is your workplace going to pot?
Oct 5	Classification: Bill Hope & Peter Hading
Oct 12	Club assembly
Oct 19	New member induction
Oct 26	Club elections
Nov 2	Christine Martin; Foundation Month
Nov 9	No meeting; Rotary Remembers

