

ROTARY CLUB OF NANAIMO

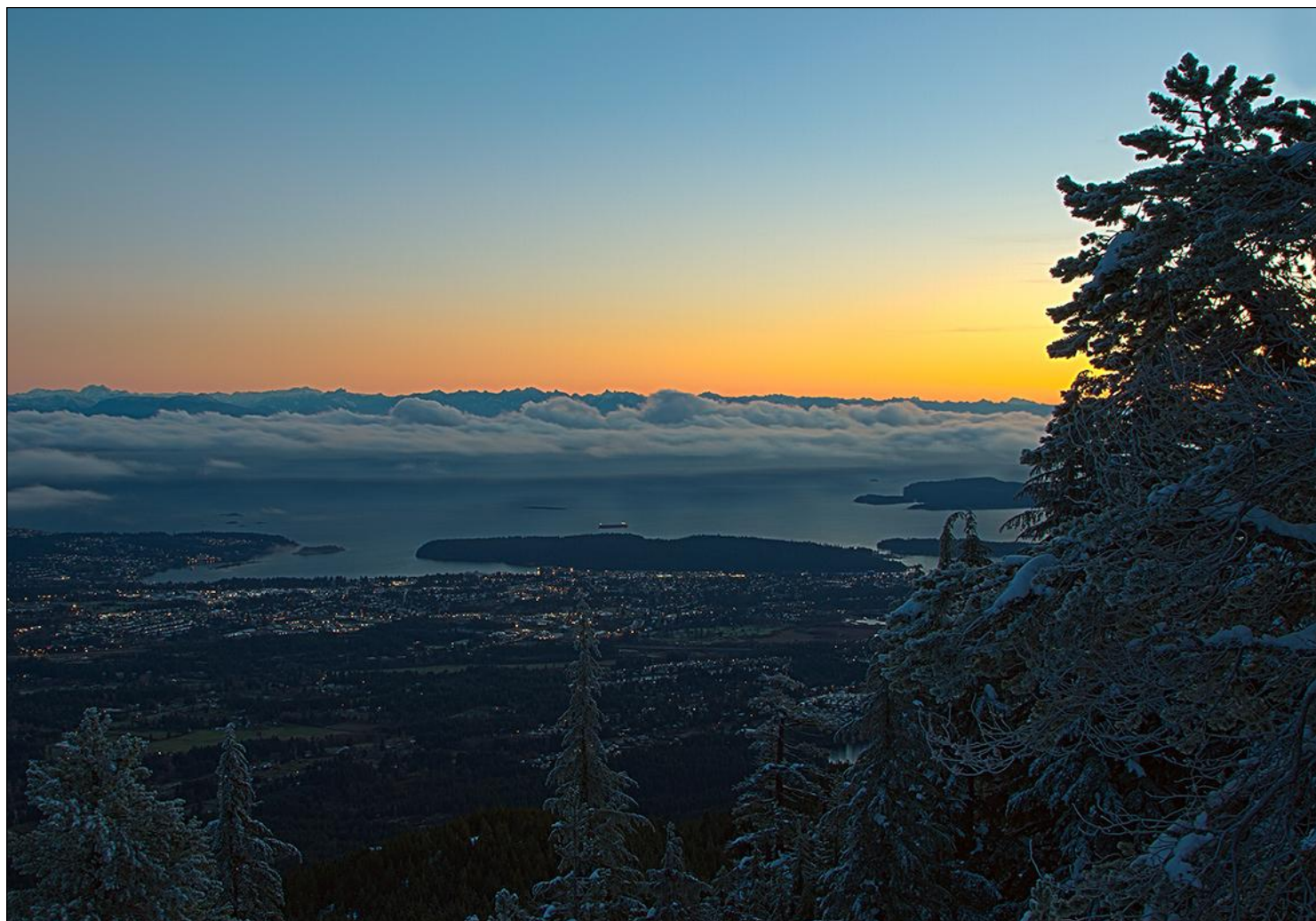
“COGS”



Volume 96, Number 27

4,710th Meeting

Friday, January 22, 2016



Early Sunrise of Nanaimo city from Mt Benson

**Club Meeting Friday at 12:00 p.m.
at the Coast Bastion Inn**

CLUB OFFICERS 2015-2016

President ----- Lila Tanner
Vice President ----- Janeane Coutu
Secretary ----- Bob Janes
Treasurer ----- Lynne Pankratz
President Elect ----- Debbie Narver
Immediate Past President ----- Bob Wilson



**Serving Our Community Since
May 1, 1920 - Charter Number 43**

DIRECTORS

Bob Patrick Bob Fenty Bruce Samson
Norm Myden Charles Ramos

President Rotary International

K.R. "Ravi" Ravindran, Rotary Club of Colombo, Sri Lanka

District Governor

Rose Bowman
Chehalis Rotary, Washington

Assistant Governor

Bev Hilton
Nanaimo Oceanside

Mailing Address: P.O. Box 405, Nanaimo, British Columbia V9R 5L3 — Web: <http://rotarynanaimo.org>

Meeting Notes from January 15th, 2016

By Charles Ramos

President Lila Tanner called the meeting to order, and led the singing of the national anthem. Our Invocation today was delivered by **Donna Hais** who reminded us to be thankful of all that is given to us.

Visiting Rotarians and Guests

Bruce Gordon called for visiting Rotarians and guests. Visiting Rotarian (and today's speaker), **Robert Grose**, joined us from the Lantzville club. Two guests also joined us: **Carline Shaw** from *Serious Coffee* was introduced by **Carey McIver**, and **Laurie Bienert** from the *Nanaimo Foundation* was introduced by **President Lila**.

Announcements

Douglas Anderson announced that next week's meeting will celebrate *Robbie Burns Day*, and the haggis will be piped in at noon sharp.



Foundation Chair **Brenda Grice** recognized club members who have made significant donations to Rotary Foundation in the past year. Recognized were **President-Elect Debbie Narver** for her first Paul Harris; **Dave Hammond** as Paul Harris Fellow +4, **Egon Holzwarth** as PHF +5, and **Doug Cowling** as PHF +6. **Doug Cowling** received a Paul Harris pin with ruby for the +6 designation.

President Lila said that our club has received notes of thanks for our support from both Shelter Box and the VIU Festival of Trees.

Sergeant at Arms

Joan Ryan was today's Sergeant-at-Arms. She did not fine anybody, and opened the floor to happy/sad bucks by donating the first. Joan's happy buck was to announce the year's first meeting of the Interact Club.



Additional happy and sad bucks were plentiful:

Jane Currie mentioned she has taken a part-time position at Staples

Bruce Samson gave happy bucks that his son-in-law and local architect, **David Poiron**, has won a very high-profile architectural contract for the Nanaimo airport terminal building expansion

Brenda Grice gave happy bucks that she and **Douglas** will be leaving Monday for a vacation in Hawaii. She also gave sad bucks that they have not been able to yet locate a Hawaiian Rotary Club that celebrates Robbie Burns Day. *That's funny... isn't Hawaii a hotbed of Scottish culture??*



Guest Carline Shaw was introduced by Carey McIver, who also said it was nice to see the club's new members with us today ... and new member Nattalie Tessier is welcomed by Dave Hammond.



Doug Cowling gave happy bucks that he and his wife are planning to join **Douglas** and **Brenda** in Hawaii next week (we assume pre-arranged? Remember, he did appear in the same Victoria hospital room as **Wayne Anderson** last year, and also in the same resort hot tub with another club member 2 years ago), and he also donated 4 concert tickets to the *Tidesmen* event playing on February 7th. These will reappear at a future meeting before the concert date.

Donna Hais gave proud parent bucks, as her son **Matthew** recently presented to a Chamber of Commerce meeting

Wendy Pratt gave congratulatory bucks to all the Paul Harris Fellows recognized today

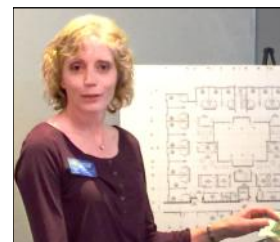


Frank Shoemaker gave sad bucks that a recent Rotary polio vaccination group was attacked by ISIS in Pakistan, and there were several fatalities

Wayne Anderson donated to the pot, as he has been conditioned through his years with the club to give every week

Robert Grose gave announcement bucks that the Lantzville Rotary Club will be holding 'donation-only' golfing at *Fairwinds Golf Course* February 3-5. All are welcome, and Fairwinds is donating the free use of the course to Rotary.

Mike Herold gave referral bucks to **Bruce Samson**, in hopes that Bruce will mention to his architect son-in-law that *Herold Engineering* would be delighted to engineer the airport terminal



Janeane Coutu gave \$20 apology bucks for once again winning the club's *Grey Cup* lottery. *Sure, Janeane- we know you're laughing all the way to the bank. Again!*

Dave Hammond gave \$30 happy bucks for his 30 wonderful years in Rotary.

Table stakes were won by **Bruce Gordon**, and guest **Carline Shaw's** draw attempt for the Ace of Spades was unsuccessful.



Travellers Lodge ... watch us grow to Eden Gardens

By Mike Herold

Our speakers at today's meeting were Rotarian **Robert Grose**, Board Director at Nanaimo Travellers Lodge and **Carolyn Kavenaugh**, former Director of Care at Nanaimo Travellers. Robert and Carolyn were here today to talk about dementia care and the new Eden Gardens Dementia Care Facility for Travellers Lodge on Northfield Road in Nanaimo.

Robert and Carolyn were introduced by club member **Wendy Pratt**. Robert started off the talk telling us that Nanaimo is in the top 10 cities in Canada for elderly people but reminded us that dementia was not just an old person's disease.

There are currently less than 1000 subsidized complex care beds in our area with a need much more than that.

The new Eden Garden Project is a 130 dementia care project with 90 beds of complex dementia care and 40 beds of licensed dementia care. The new facility is designed with the Eden Philosophy of Care model and includes neighbourhoods with a maximum of 11 rooms per house.



Travellers Lodge is mounting a Capital Campaign in September with a goal of raising \$2.0 million dollars to put towards the new facility.

Travellers receives its funding from Island Health and all Elders at the facility pay for a part of their services and the amount the Elders pay is determined by the Ministry of Health and is dependent on their income level from their tax assessment.

Carolyn told us that dementia is a syndrome consisting of a number of symptoms including loss of memory, judgement and reasoning, changes in mood and behaviour. There are 10 diseases associated with dementia.

People with dementia are often isolated and faced with three common plagues; loneliness, boredom and helplessness. Frustration and confusion are very common.

Carolyn said that Elders deserve more than institutional style care which is highly routine and task oriented. Elders quality of life is rarely considered in an institutional model of care.

Nanaimo Travellers Lodge is becoming a Centre of Excellence in dementia care and the Eden philosophy respects individuality, privacy and allows Elders to make choices. It also gives Elders a sense of meaning enriching their lives.

Robert talked again about Travellers Lodge Capital Campaign to raise \$2.0 million and their Annual Campaign where they hope to raise \$100,000 per year to put towards extras for the Elders such as art and horticultural programs.

After several questions from the floor, **Ian Williams** thanked our speakers and reminded our club that all of us will be touched by someone with dementia in our lives.



Ian Williams thanked Robert Grose and Carolyn Kavenaugh for their presentation on Eden Gardens, and presented each speaker with the coveted Rotary pen, hand made by Rotarians Dave Connolly or Al Smith.

Following the presentation by Travellers Lodge, **President Lila** introduced **Laurie Bienert** from the *Nanaimo Foundation* who was in attendance "just to see what Rotary is all about," and to talk a bit about *Nanaimo Foundation*.



Procedure on Weekly Duties ...

To keep our club meetings running smoothly members are assigned various duties such as Greeting at the door, Introducing Guests and giving the Invocation.

Those duties are assigned randomly and published each week in our bulletin *COGS*. Members are asked to check the back page each week and if you are assigned a duty and, for some reason cannot do it, you are expected to find someone to take your place. To do so helps the Sgt-at-Arms from scrambling at the last minute trying to find someone to do your assigned job.

ATTENDANCE

By Janeane Coutu

Attendance for **Jan 15th** was **48%**.

We missed these Rotarians;

Ali, Blinston, Borisenko, Fenty, Gerrand, Y. Gosselin, Heisterman, Henderson, Janes, Jiang, King, Knutsson, Lessan, Myden, Narver, Pankratz, Parsons, Raedler, Ross, Salem, Shillabeer, Stetar, Woodward, Woychuk, Zhang

Visiting Rotarians;

Robert Grose, Lantzville

Guests of Rotarians;

Carolyn Kavenaugh, guest of Robert Grose

Laurie Bienert, guest of Lila Tanner

Carlene Shaw, guest of Carey McIver

Birthdays:

Yvan Gosselin, Jan 27

Spouse Birthdays:

Kim Lewis (Derek) Jan 16

Wedding Anniversaries:

Eric Brand & Ashley Nadeau, 2 years, Jan 25th
Bill & Marie King, 50 years on January 28th

Club Anniversaries:

Wahid Ali, 11 years, Jan 23

DLTA 2016 SAVE BIG, BOOK NOW

April 1-3, 2016
Marriott Inner Harbour Victoria
Victoria, BC

DLTA 2016 registration is off to a roaring start, with 33% of our Rotary rooms at the Marriott Inner Harbour April 1-3, 2016, already reserved. Don't delay, register today for [Early Bird Savings. >>](#)

Rotarians new and old, from all across District 5020 attend District Training & Leadership Assembly (DLTA) annually to learn, expand skills, make new friends, re-connect with distant friends, and grow their leadership potential.

From Port Hardy down to Woodland WA, Rotarians turn-out for this annual event, celebrating community and world service, joining with District leaders to exchange ideas and take action.

Guest and family members of Rotarians also come along, taking in a bit of vacation time while their Rotarians enjoy the many workshops and plenary sessions that DLTA offers.

When you attend DLTA, you open up doors for yourself, deepening your Rotary experience, igniting your passions, and connecting with new opportunities that can span the world.

For Sarah Bryant, a Rotarian who joined the Bainbridge Island Club in March 2014, attending DLTA in 2015 connected her with the District Youth Leaders. At DLTA she was recruited to join the District Youth Exchange Committee as a Country

Officer for Nigeria, Indonesia, Japan, Taiwan, Thailand.

She has since traveled across the District and up and down the west coast for our District's Youth Exchange program, working with our Exchange youth, on a mission that is dear to her heart. This May 29, 2016, she be attending the Rotary International Convention in Seoul as one of our District's Youth Leaders, working with youth from around the world.

For others, DLTA is an opportunity to satisfy the required Rotary International educational pre-requisites for writing and submitting global grants to Rotary Foundation. Once you have completed the District's required grant management seminars, you are eligible to develop community projects and apply for funding through the Rotary Foundation grant program.

Attending DLTA will provide you with the information, resources, and tools to help you successfully plan, build, and take action on the local and world community projects of your dreams.

These are just a few of the many reasons attending DLTA 2016 will open doors for you.

[See More](#)

DATES TO REMEMBER

March 5—Duncan Daybreak Rotary 5th Annual Whisky Festival at Silver-bridge Travelodge. Samples of 50 whiskeys, appetizers, silent auction. Tickets \$85, see <cvwhiskyfest.ca> for more information.

WEEKLY CLUB PROGRAMS & MEMBER DUTIES

MEETING DATE	January 22nd, 2016	January 29th, 2016	February 5th, 2016
GREETERS	John Salem, Barbara Blinston, Donna Hais	Dave Hammond, Ed Borisenko, Christine Parsons	John Heisterman, Eric Brand, Frank Shoemaker
CASHIER	Egon Holzwarth	Egon Holzwarth	Christine Parsons
SGT-AT-ARMS	Bruce Samson	John Shillabeer	Bob Fenty
INVOCATION	Mike Knutsson	Keith McFarlane	Carey McIver
HEAD TABLE	Pres Lila, Tamara Cameron, Joan Ryan, Yvan Gosselin, Barbara Blinston, Donna Hais, John Salem	Pres Lila, Peggy Lake, Dave Hammond, Ed Borisenko, Christine Parsons, John Shillabeer	Pres Lila, Violet Hayes, Bob Janes, Bruce Gordon, Egon Holzwarth, Janeane Coutu
INTRO GUESTS	Donna Hais	Dave Hammond	John Heisterman
INTRO SPEAKER	Bob Fenty	Lila Tanner	Bob Janes
PROGRAM	B.C. COMMUNITY PIPE BANDS <i>Tamara Cameron, Pipe Major</i>	SKATE YOUTH PARK <i>Peggy Lake</i>	ISLAND CRISIS CARE SOCIETY <i>Violet Hayes</i>
THANK SPEAKER	Joan Ryan	John Heisterman	Brent Barootes