

ROTARY CLUB OF NANAIMO

“C O G S”

Volume 95, Number 43

4,634th Meeting

Friday, June 13, 2014

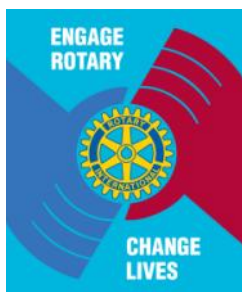


Early morning at Long Lake—Photo by Ian Williams

**Club Meeting Friday at 12:00 p.m.
at the Coast Bastion Inn**

CLUB OFFICERS 2013-2014

President Douglas Anderson
Vice President Wahid Ali
Secretary Bob Janes
Treasurer Lynne Pankratz
President Elect Robert Wilson
Immediate Past President Joan Ryan



**Serving Our Community Since
May 1, 1920 - Charter Number 43**

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Meeting Notes from June 6th

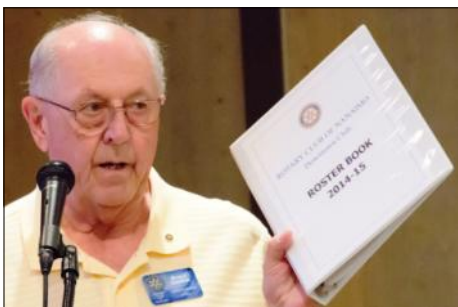
By John Shillabeer

President Douglas opened the meeting with the singing of O Canada without musical accompaniment. **Lila Tanner** gave the invocation.

Guests:

Lynne Pankratz called for the introductions of visiting Rotarians and guests of Rotarians. **Kathy Smith** introduced Rotarians **Helena Acheson** and **Gunter Clar** who were visiting from Stuttgart, Germany; **Sara Lindhagan**, our exchange student and speaker; and **Harlan Colclough** who will shortly leave for Norway as our Rotary outbound exchange student. **Doug Cowling** introduced his guest **Robin Baird** who was recently appointed to the Supreme Court of BC.

Announcements:



Bruce Gordon circulated a file folder in which members could amend their entries for the revised roster. This year members will automatically receive only one free copy of the roster. Those wanting extra can order a second for \$10 from Bruce.



Dave Hammond gave details of the upcoming golf tournament and dinner at Winchelsea Golf Club next Friday. Tee off times will be from about 3:30 pm and dinner will be at about 7:00 pm.

Dave Hammond also informed the club that Harry and Evelyn Cicconi have now moved into Nanaimo Seniors' Village.

President-elect **Bob Wilson** distributed lists of memberships in club committees for 2014-15 and explained that the number of committees has been

consolidated from 21 to 11. Members should email Bob if they wish to adjust any of their committee assignments.

Keith McFarlane needs to finalize numbers soon for catering purposes for Installation. There will be no regular meeting on 20 June. Installation will begin with the reception at 6:00pm. Dinner will be at 7:00.



Helena Acheson told us that she and her husband are from the Stuttgart Remstad club. There are eleven other clubs in Stuttgart (population about 500,000 and the home of Mercedes). Their club has about eighty members and organises a lot of family oriented events (e.g. skiing weekends and cycling). Helena and Gunter travel together for combined business and holidays and find that visits to Rotary clubs helps to get a better feel for the places they visit. **Gunter Clar** is a past-president of their club and was very complimentary about our "We missed the following Rotarians" section in *COGS*. **President Douglas** presented Helena and Gunter with a Club banner.



President Douglas presents club banners to our visitors from Germany.

President Douglas read three thank you letters for funds received from the Therapeutic Riding Club, Mercy Ships and the DARE program of the RCMP.

Sgt-at-Arms:

Bruce Samson called for a minute of silence in remembrance of the three RCMP officers killed in the line of duty in Moncton NB.

Bruce then asked us to honour all those who served in the Second World War, it being the seventieth anniversary of the D Day landings.



The Club gave a round of applause for **John Morris**, the only club member present who saw active service during the war.

The Sgt. then raised \$10 from **Brenda Grice** by auctioning off a slim volume of Robbie Burns' poems and songs. Bruce further raised another \$30 from **Eric Brand** to ensure that Douglas would not attempt to perform them at the club.

Happy and Sad Bucks:

Carey McIver was sad to report that ex member **Roy Ostling** has been missing since 29 May. (*Roy has since been reported found and is deceased.*)

Guenter Raedler was sad at the loss of RCMP lives in Moncton.

Susie Walker was happy as her mother just turned 84.

Kathy Smith was happy to have found out that her grandfather was a doctor in World War One and with husband Al's help, had found out that her grandfather had served with John McCrae, the author of "In Flanders Fields".

Lila Tanner was happy that she had three uncles who all participated in the liberation of Holland.

Egon Holzwarth was happy to report that he had shown the Ghanaian visitors the new Gabriola medical centre. The day must have been very successful as they all fell asleep on his verandah after lunch!

Club Draws:

Kevin Cantelon had the winning ticket in the club draw. **Susan Gerrand** was lucky enough to draw the ace of spades and therefore won the accumulated pot in the 50-50 card draw. Club treasurer **Lynne Pankratz** reports that Susan's share of the pot was \$271.78.



From Sweden to Canada

Report by Ross White

Kathy Smith introduced youth exchange student **Sarah Lindhagen** who is from Sweden. Sarah has been a student at Dover Bay for the school year.



Sarah's presentation was entitled "From Sweden to Canada". To provide an over view of her city, country and her experiences in Canada, she thrilled the members with an excellent presentation. To highlight some geographical information, Sarah's home of Upsala is just north of Stockholm which lies on the same latitude as Alaska. Upsala is known for its old buildings and history. There is a 600 years' old university and the "founder" of Celsius, Anders Celsius is from the area. Historically, this is a Viking area and there are indicators of Viking kings in the hills.

Stockholm, the capital, is known for the Nobel awards and Sarah showed a slide of a presentation to the daughter of Alice Munro and the great hall where the awards are made. Other Swedish highlights are IKEA, Pippi Longstocking by Astrid Lindgren, Volvo, Hennes and Maurits (H&M), Abba and of course "The Smorgasbord".

Some short facts are that the country of 9 million is about half the size of BC yet it is the third biggest country in Europe. It does have a dark cold winter but summers are light and warm. Carl XVI Gustav is the constitutional monarchy and head of state with a prime minister as head of government.

Life style in Sweden has many simi-

larities but there are "interpretive" differences. The average Swede drinks 4-5 cups of coffee a day, 35% of all traveling is by bicycle in some of the big cities, and gas is \$2.20 a liter. Swedish residents pay about 30% of what you earn for taxes and the state provides health care, braces, school meals and free university education. Summer houses are popular and there are about one million of them. Some interesting points are that in the Swedish alphabet, w, z, and q do not exist and there are 3 additional letters. A tradition of etiquette is that one does not eat the last piece of cake!

Some things that Sarah noted about Canada are: the housing architecture is different and designs as well (one feature is the round door knob vs a lever), here we eat a light lunch and bags are packed at the grocery store. In Europe, people are used to the VAT being included in the price of items so the addition of a tax is a surprise here. Three occasions that are different here are Thanksgiving, Remembrance Day and Halloween. Some new foods she experienced are mustard and mayonnaise on a sandwich, macaroni and cheese, pumpkin pie, stuffed turkey, thick pancakes and maple syrup, peanut butter, "orange" cheese, sweet potatoes, bales, egg nog, hash browns and ice cream pop floats.

Sarah showed us a photo of Dover

Bay Prom night with her classmates all decked out. Unfortunately she will be on a YSE trip and will miss graduation.

We also saw some photos of her experiences here and with other exchange students. They included a trip to Disneyland, skiing, and kayaking.

Some Swedish tradition that Sarah highlighted are midsomer in June. People dance around the may pole, women wear flower wreaths, and food consists of herring, potatoes, meatballs and strawberry cake. Another tradition is that some foods have their own day. The cinnamon bun's day is in October and on "Fat Tuesday" there is a sweet bun with almond paste and whipped cream.

Sarah concluded by thanking Rotary for her wonderful experiences. She answered some questions posed by the members. **Debbie Narver** thanked Sarah for her presentation and wished her well as she returns to Sweden.



ATTENDANCE

By Bob Janes

Attendance for June 65th was **51%**

We missed these Rotarians

Ali, Anderson, Blackmore, Currie, Finnegan, L & Y Gosselin, Hais, Heisterman, Henderson, Hewitt, Patrick, Ramos, Ryan, J. Smith, Welch

Visiting Rotarians:

Harlan Colclough, Sara Lundhagen Exchange Students, Helena Acheson, Gunter Clar from Germany

Guests:

R. Baird guest of Doug Cowling

Make ups:

Egon Holzwarth, Dave Hammond and Al Smith

Birthdays:

Art Vanidour, June 18th

Bob Peters, June 22nd

Mikel Knutsson, June 28th

Spouse Birthdays:

June Shoemaker (Frank) June 23rd

Kay Peters (Bob) June 28th

Wedding Anniversaries:

Lucie & Yvan Gosselin, 40 years, June 15th

Joyce Smith & Ron Willis, 17 years, June 21st

Ann & Egon Holzwarth, 51 years, June 22nd

Barb & Ian Williams, 48 yrs, June 25

Heather & Bob Buchanan, 43 years, June 26th

Club Anniversaries:

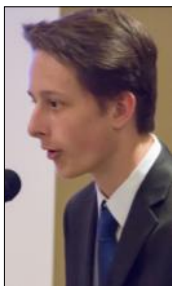
Jeremy Hewitt, 2 years, June 22nd

Bill Horman, 59 years, June 24th

Susie Walker, 4 years, June 25th

Joan Ryan, 11 years, June 27th

Outbound Rotary exchange student **Harlan Colclough** told us he was excited about his pending year in Norway and looked forward to telling us all about his year upon his return.



WEEKLY CLUB PROGRAMS

Friday, June 13th

GREETERS Kathy Smith,
Derek Lewis, Richard Finnegan

CASHIERS Al Smith

SGT-AT-ARMS Lila Tanner

INVOCATION Susie Walker

HEAD TABLE Pres. Douglas, Dr. John Snively,
Ross White, Joyce Smith, Bill
King, Bob Fenty, Bob Patrick

INTRODUCE GUESTS Bob Patrick

INTRODUCE SPEAKER Ross White

PROGRAM **GUATEMALA DENTISTRY**
Dr. John Snively

THANK SPEAKER Frank Shoemaker

Friday, June 20th

**INSTALLATION
MEETING
AT THE
COAST BASTION INN**
*Fellowship 6:00 p.m.
Dinner 7:00 p.m.*
**Installation
of Robert Wilson
and the 2014-15
Executive
To Follow**

Friday, June 27th

GREETERS Susan Gerrand,
Brent Stetar, Mike Knutsson

CASHIERS Al Smith

SGT-AT-ARMS Wahid Ali

INVOCATION Sharon Welch

HEAD TABLE Pres. Bob, Pawel Szopa, Lila Tanner,
Mikel Knutsson, Susan Gerrand,
Brent Stetar, Sharon Welch

INTRODUCE GUESTS Guenter Raedler

INTRODUCE SPEAKER Lila Tanner

PROGRAM **HYPERBARIC OXYGEN THERAPY**
Pawel Szopa

THANK SPEAKER Derek Lewis

NEW UGANDAN CLUB TAKES ON CHALLENGES OF A GROWING ECONOMY

Despite three years of strong economic growth and a burgeoning middle class, the central Ugandan city of Entebbe is still mired in high poverty rates, inadequate health care, and water insecurity.

In 2010 the United Nations established the Regional Service Centre Entebbe, which is a logistical launch pad for UN missions in Central Africa. The permanent UN hub brought tens of thousands of military and civilian personnel and their families to the area. While the economic boost created a growing consumer class, it's failed to trickle down to the poorest citizens.

When Michael Muriithi moved there about a year ago, he knew a Rotary club could address the disparity.

"There are still large and immediate challenges facing our communities," says Muriithi, formerly a member of the Rotary Club of Kumpala East. "This is where Rotary is at its best, finding solutions to these problems."

Instead of joining the Rotary Club of Entebbe, Muriithi worked with its members to establish a new club that would address concerns of one of the city's largest villages, Nkumba.

Muriithi began recruiting members in early 2013. "I called my friends and colleagues and asked if they were interested in starting a new club. Once they saw how much impact we could have on the community, they not only joined but began to spread the word to their friends. It wasn't hard -- they were excited to get started," says Muriithi.

After months of provisional status, the Rotary Club of Nkumba was officially chartered in December, becoming the 75th Rotary club in Uganda. Muriithi serves as the 40 member-club's inaugural president. The club has a young base with the average age of 35, according to Muriithi.

Members decided to focus their activities on improving health care in Nkumba and the surrounding area.

Earlier this year, the club raised more than \$2,000 to dig and construct a new latrine pit for Nkumba's Kitale Health Centre after the old one was closed due to unsanitary conditions. The center is the only public medical facility in the area, serving a population of almost 600,000, most of whom can't afford private health care, according to the club.

At the start of the project, the club had the option of paying a company to do the demolition of the old latrine or doing it themselves. The decision was easy. "We made a promise to be a hands-on club, so along with other volunteers, did the work ourselves," he says. "This built camaraderie among our members. It also increased Rotary's visibility to the public."

They constructed latrines for women and for men, as well as one for staff. The club estimates the latrine pits will last up to 20 years. During the construction, the club also handed out new clothes and blankets to every new mother in the facility.

Club members also turned their attention to clean water. They funded and facilitated the rehabilitation of a major water well, resulting in an increase of 40 percent more clean water. Muriithi says they are planning on improving four more wells by the end of the year.

"I'm proud to be a part of this new adventure and excited at what we can achieve," he says. "But our success will only be defined by the work we do. This club is made of the people who are dedicated to making a change. That's the Rotary way."

By Ryan Hyland - *Rotary News*

DATES TO REMEMBER

June 20—Rotary Installation of Bob Wilson and his 2014-15 Rotary Executive, Coast Bastion Inn. Fellowship 6:00 p.m., dinner 7:00.

June 26—Lantzville Rotary Installation, Nanaimo Golf Club, 6:00 p.m.



Winner of
District 5020
Best Bulletin
Awards

"COGS" is the official bulletin of the
Rotary Club of Nanaimo, published each
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