

ROTARY CLUB OF NANAIMO

“C GS”

Volume 98, Number 37

4813th Meeting

Friday, May 11 2018



Rotarian Wendy Pratt showed us the traditional cedar carving, given to our club, expressing thanks for our donation to the Snuneymuxw First Nation Cultural Days 2018.

Club Meeting Friday at 12:00 p.m.
at the Coast Bastion Inn
CLUB OFFICERS 2017-2018

President ----- Jane K. Currie
Vice President ----- Carey McIver
Secretary ----- Bob Janes
Treasurer ----- Lynne Pankratz
President Elect ----- Charles Ramos
Immediate Past President -- Debbie Narver



Serving Our Community Since
May 1, 1920 - Charter Number 43
DIRECTORS

Henry Jiang ~ Susie Stephens ~ Moe Lessan
David Woodward ~ Christine Parsons

President Rotary International
Ian H. S. Riseley, Sandringham, Australia

District Governor Assistant Governor
Tom Carroll Bev Hilton
Gateway Rotary, Olympia, WA Nanaimo Oceanside

MEETING AND PROGRAM NOTES FOR MAY 4, 2018

By Charles Ramos

Today's meeting was held at Eden Gardens for a change.



President **Jane Currie** called the meeting to order and led the singing of the national anthem. **Yvan Gosselin** delivered the inspiration.

Visiting Rotarians and Guests



Judy Matthews



Viratt Thammam

Ross White called for visiting Rotarians and guests. There was one visiting Rotarian, who is also today's speaker, and two guests: **Viraat Thammam** was introduced by John Salem. **Viraat** has joined us before and

may be interested in joining the club. We hope so. Today's second guest was

Judy Matthews, joining us from Ontario, and introduced by **Bob Wilson**.

Ross thanked our visitors for joining us today.

President's Remarks

President Jane passed along thanks, particularly to **Doug Cowling**, from bursary recipients attending the Upper Island Music Festival. This is an educational program our club has sponsored for years.

Announcements

Denise Wittkofski announced there will be another Rotary Happy Hour at Minnoz restaurant on June 11. More info will follow.

Wendy Pratt announced that the inclusivity workshop headed by Bayview, Fairview, Gabriola and Qwam Qwum schools was a great success. Chief **Mike Wyse** of the Snuneymuxw First Nation personally recognized Rotary's support and presented a traditional cedar carving to our club in appreciation.



Pres. Jane



Denise Wittkofski

Sergeant at Arms

Dave Hammond was today's Sergeant at Arms. He began by fining the President, who is always an easy target.

President Jane showed a thank you card addressed to Doug Cowling from two girls who signed it off with X's and O's. **Doug Cowling** was fined for each x and o on the card from the bursary students.



Doug Cowling reads the card

Doug read the card aloud and took the opportunity to thank his team within the club, and particularly **Lila Tanner**, for their work.

There were many Happy and Sad bucks:

Lucie Gosselin donated \$30 that she discovered in the washing machine after washing the aprons from our booksale



Yvan Gosselin lamented that he couldn't seem to find \$30 he thought was in the pocket of his jeans before he washed them!

Frank Shoemaker gave recognition bucks for the great work Disaster Aid is doing. He recently visited their headquarters and was impressed with their program

Wendy Pratt gave enthusiastically happy bucks for having been our club's representative at the school community program

Lila Tanner thanked **Denise Wittkofski** and **Carlene Shaw** for helping out with today's changed venue



Lila gave additional happy bucks in appreciation for **Doug Cowling's** initiative to allow club bursaries and scholarships in individual club-members' names. She clarified that a member doesn't

necessarily need to die to be remembered. Doug pointed out: "that's the fast track".

Jane Currie recognized **Ian William's** great work with the booksale photo collage in COGS. Thanks again, Ian!

John Shillabeer gave sad and happy bucks to announce he

will be away from the club traveling overseas for the next month

Charles Ramos offered to exercise John's sporty new BMW convertible in his absence



John Salem gave doubtful bucks that Yvan Gosselin had ever washed a pair of jeans in his life

Behzad Forhani-Targhi gave happy bucks to be back in Nanaimo after a long vacation to Iran



Dave Hammond gave happy bucks: to be back from vacation; to acknowledge our record booksale (and wonder whether he should also be absent for the next one); and to recognize our speaker and the hard work of the Travellers Lodge/Eden Gardens boardmembers. Eden Garden boardmembers who

are, or were, members of our club include:

Bob Wilson, Janeane Coutu, Dave Connolly, Mike Herold, Lila Tanner, Gord Proctor, and Denise Wittkofski

Program Notes:

Dave Connolly introduced today's speaker, **Toni Wheeler**.



Toni Wheeler

Toni is the Executive Director of Eden Gardens, and a member of the Nanaimo North Rotary Club. She has 25 years' experience in healthcare in Alberta, Saskatchewan and British Columbia. Toni holds RN and MBA degrees; her background includes extensive clinical experience and effective labour management. She is passionate about community outreach and involvement.

The Eden Gardens facility is owned and operated by the Nanaimo Traveler's Lodge Society (NTLS), which is a leader in health and elder care and which has been supported by Rotary on an ongoing basis. The facility is not-for-profit, subsidized by Island Health and no private payment from residents or residents' families is needed. Nobody is turned away for financial reasons. Construction onsite began in 2015 and was completed in 2017. It is now a fully-functional elder care facility.

Toni thanked Rotary for 30 years of support to the NTLS. She then discussed the many avenues of support that are provided by the center, and the philosophy of care they practice. Their over-riding philosophy is an understanding that residents are independent individuals deserving of respect and compassionate care. Residents are allowed to determine much of their daily routine. Therapy programs of music, art, horticulture, and drama stimulate activity and interest.



Toni Wheeler explained the Eden Garden philosophy.

The center is organized into individual areas with 11 residents each. Areas are similarly laid out and contain slightly different features; the ground floor areas have outdoor access with gardens and fountains, while the upstairs areas have balconies. All contain kitchens for light baking, and some have resident pets, which can be helpful in lifting the mood.

Eden Gardens provides loving companionship, meaningful activity, and necessary medical treatment to honor elders, while extending the dignity of respect. Three "plagues" identified as affecting elders with dementia are hopelessness, loneliness, and boredom. The physical arrangement of Eden Gardens, with natural lighting and pleasant surroundings, and the meaningful discretionary activities allow residents to stay active and engaged in a supportive setting.

There were many comments and questions following the presentation.



Denise Wittkofski presented Toni with a pen, handmade by a club member, and thanked her for an excellent presentation.

Club members were given a tour of the premises following the meeting.

Summer Happy Happy Hour

Our first was so much fun, we can't wait to get together again! Mark your calendars.

When: Monday, June 11, 5-7pm

Where: Minnoz Bar, Coast Bastion Hotel

Who: All members, spouses, guests

Rotary Theme for May: Youth Service.

Rotary International's Structured Programs for Youth Service are Interact, Rotaract, Rotary Youth Leadership Awards, and Youth Exchange. The month of May is designated as "Youth Service Month" to focus on all Rotary activities that support the development of young people up to the age of 30.

Interact. Interact clubs bring together young people ages 12-18 to develop leadership skills while discovering the power of Service Above Self. Find out how serious leadership can be seriously fun. Interact clubs connect with leaders in local communities and around the world.

Rotaract. Rotaract clubs bring together people ages 18-30 to exchange ideas with leaders in the community, develop leadership and professional skills, and have fun through service. In communities worldwide, Rotary and Rotaract members work side by side to take action through service. From big cities to rural villages, Rotaract is changing communities for the better. Rotaract clubs decide how to organize and run their club, manage their own funds, and plan and carry out activities and service projects aligned with causes

that are important to your community. Rotary club sponsors offer guidance and support and work with the Rotaract club as partners in service.

Rotary Youth Leadership Awards (RYLA). RYLA is an intensive leadership experience organized by Rotary clubs and districts where young people develop leadership skills while having fun and making connections. RYLA events are organized locally by our district for high-school aged participant. District 5020 hosts two RYLA sessions, one in the Tacoma Washington area and one on Vancouver Island in British Columbia. Typically, events last 3 days and include presentations and activities covering a variety of topics.

Youth Exchange. Rotary Youth Exchange builds peace one young person at a time. Students learn a new language, discover another culture, and truly become global citizens. Exchanges for students 15 to 19 years old are sponsored by Rotary clubs in more than 100 countries. Long-term exchanges last a full academic year, and students attend local schools and live with multiple host families. Short-term exchanges last from several days to three months and are often structured as camps, tours, or homestays that take place when school is not in session.

[excerpt from the District Governor's May Message 2018](#)

DATES TO REMEMBER

June 11 - Happy Hour 5PM Minoz Bar CBI

June 22 - Installation - noon Coast Bastion Inn

June 23-27 2018, Rotary International Conference

May 15 - Rotary Board Meeting 5:30 PM
Charles Ramos Office, #206 - 335 Wesley St.
Incoming Board Members encouraged to attend.

BIRTHDAYS AND ANNIVERSARIES

Member Birthday

Samson, Bruce May 12

Spouse Birthday

Coutu, Chris- Janeane May 12

Kirby, Annabel- McIver, Carey May 17

Anniversaries

Donna and Robert Hais, May 14 24 years

Frank and June Shoemaker, May 14 41 years

Carmon and Dawn Henderson, May 16 48 years

WEEKLY CLUB PROGRAMS AND MEMBER DUTIES

Meeting Date	May 11, 2018	May 18, 2018	May 25, 2018
Greeters	Kathy Smith, Mikel Knutsson	Bob Wilson, Denise Wittkofski	Lila Tanner, David Woodward
Cashier	Egon Holzwarth	Egon Holzwarth	Egon Holzwarth
Sgt at Arms	Joan Ryan	Wayne Anderson	Wahid Ali
Inspiration	Peggy Richardson	Ross White	Brenda Grice
Head Table	Pres. Jane, Wendy Pratt, Michelle Hillier	Pres. Jane, Michelle Hillier, Carlene Shaw, Geoff Clay	Pres. Jane, Paul Manly, Dave Connolly, Brenda Grice
Intro Guests	Brenda Grice	Barbara Bliston	Janeane Coutu
Intro Speaker	Wendy Pratt	Geoff Clay	Dave Connolly
Program	Building Community thru Art Julie Bevan	LITERACY Central Vancouver Island - Michelle Hillier	Setting the Table Project Paul Manly - Foodshare
Thank Speaker	Jane Currie	Carey McIver	Debbie Narver