

ROTARY CLUB OF NANAIMO

“CGS”

Volume 96, Number 44

4,679th Meeting

Friday, May 29, 2015

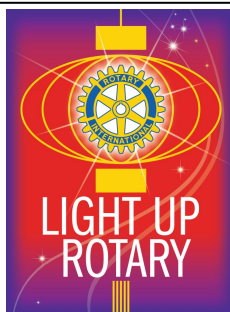


Club members and friends attending our first ever Rotary Club of Nanaimo Fun Car Rallye on Saturday.

**Club Meeting Friday at 12:00 p.m.
at the Coast Bastion Inn**

CLUB OFFICERS 2014-2015

President Bob Wilson
Vice President Brent Stetar
Secretary Bob Janes
Treasurer Lynne Pankratz
President Elect Lila Tanner
Immediate Past President Douglas Anderson



**Serving Our Community Since
May 1, 1920 - Charter Number 43**

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Michael Proctor, Qualicum Beach

Assistant Governor

Barry Sparkes, Lantzville

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Meeting Notes from May 22nd

by Derek Lewis

President Bob Wilson welcomed the Club to its 4,678th meeting and asked all to rise for the singing of O'Canada.

Wayne Anderson provided a poetic invocation, giving thanks for friends in Rotary, the meal we just ate for lunch, and continued guidance in the fight against Polio.

Al Smith called for the introduction of visiting Rotarians and guests. There were four visiting Rotarians including **District Governor Michael Proctor** and **Assistant District Governor Barry Sparkes**. **Joe Simpson** from the Rotary Club of Duncan and **Matthieu Ennis** from the Rotaract Club of Nanaimo were also visiting our Club. There were no guests in attendance.

Ed Borisenko advised the Club that **Art Vanidour** is in the hospital due to issues with his breathing.

District Governor Remarks:

President Bob introduced **DG Michael Proctor**, who called **Barb Blinston** and **Douglas Anderson** to the front to accept their pins from newly installed members, **Ellen Ross** and **Henry Jiang**, whom they respectively introduced to our Club. The District Governor reminded us of the importance of attracting new members to Rotary and announced that in the first five months of 2015, our zone had welcomed over 400 new members to Rotary. He indicated that have an update-to-date, user-friendly website for the Club to provide information about Rotary to prospective members was vital.

The District Governor also advised our Club that there has been some changes to how Clubs apply for Community Grants from the Rotary International Foundation and asked that we take care to complete the applications correctly to avoid delays.

He then reminder everyone about the Rotary District 5020 Conference from June 19th to 21st at the Vancouver Island Conference Centre. The conference cannot get any closer for us to attend and our annual dues cover the cost of entry to the conference. He thanks the numerous volunteers that have been working on the conference, with call outs to **Joan Ryan**, **Brenda Grice**, and **Ross White**.



Brenda gets her Mickey Mouse pin from DG Michael Proctor

The District Governor also thanked the Assistant District Governor, **Barry Sparkes**, for his ongoing support.

He then shared a couple of funny anecdotes for us from his recent visit to the Lakewood, Washington State teachers awards:

The District Governor finished by showing the Club the Rotary pin from Orlando, Florida with Mickey Mouse ears.

President's Remarks:

President Bob invited **DG Michael** to come up and present **Carey McIver** with her 2nd sapphire pin recognizing her 3rd Paul Harris Society pin for her support of the Rotary Foundation. Carey's contributions encapsulates the spirit of Rotary.



Announcements:

Dave Hammond announced that he was a bit late, but that they Rotary Bridge list is at the front for everyone to sign up. Dave also provide initial details about our Club golf tournament on Friday, June 12th at Winchelsea Golf Club. Golf will start at 3p.m. with dinner to follow at 6p.m. \$25 each for golf and dinner. \$50 for both. Chicken or steak for dinner.

Joan Ryan announced that she had posters for the *Interact Club Battle of the Bands* which all five local Clubs are supporting. There will be 9 or 10 bands performing on May 30th from 1p.m. to 6p.m. at the *Diana Krall Plaza* downtown. She is looking for volunteers to

help cook.

Richard Finnegan reminded the Club that the *Rotary Fun Car Rally* was tomorrow, Saturday, May 23rd with registration opening at 9:30a.m. and the car rally to start at 10:00a.m. There will be an obstacle course, road test, and lunch provided by Thrifty Foods. The event will be hosted by the Milestone Winery on East Wellington Road in Nanaimo with prizes donated by HeliJet, the Coast Bastion Inn, and Thrifty Foods, among many other. Both Shaw TV and Coast FM will be in attendance.

Lila Tanner is looking for volunteers to help out at the Special Olympics at the Rotary Bowl on Sunday, May 31st. The shifts are 2½ hours each.

Sergeant-at-Arms:

The Sgt-at-Arms this week was **Bruce Samson**, who started off by fining **Wendy Pratt** a dollar for having an incorrect phone number in the Club listings. Wendy advised that she had sent an email advising of the error, so Bruce fined **Bob Janes** a dollar too, since he apparently is the one in charge of updating the phone numbers.

Lila Tanner was fined for her missing name tag.

Bob Wilson was fined for stealing the Sergeant-at-Arms thunder by asking **Bob Fenty** to announce that lunch was ready. As his last hurrah, Bruce auctioned off the *ICBC Learn to Drive Smart* book to the driver's in the car rally. Based on Lila's earlier comment about not liking to drive backwards, numerous people bid on the book for her, with **Dave Hammond's** \$15 taking the prize for Lila.

Happy/Sad Bucks:

Ellen Ross had a cautious dollar after asking **Richard Finnegan** who needed another teammate for the car rally and he put her with Lila.

Kathy Smith had both a happy dollar and a sad dollar. The happy dollar was that her daughter was coming to visit and the sad dollar was due to her sore back.

Barb Blinston had a dollar to thank **Joan Ryan** for hosting a great poker night and BBQ on Wednesday.

Wendy Pratt had both a sad and a happy dollar. The sad dollar was that she had a funeral to attend, but her

happy dollar was for her excitement about our guest presenters today, **Dr. Chadani** and **Dr. Robin Love**.

Doug Cowling had an apology dollar.

Keith McFarlane had \$5 to express his thanks to **Dr. Love** and his team for everything they did for his family.

Henry Jiang had a happy dollar about his first time as a greeter.

Brenda Grice had some spare change to thank **District Governor Michael Proctor** for giving her the Rotary pin with the Mickey Mouse ears.

Egon Holzwarth had a dollar to share that he and **Assistant Governor Barry Sparkes** came to Canada from Europe on the same boat in 1955.

Joe Simpson from the Rotary Club of Duncan had a happy \$2 that his kitchen renovations had started today.



Draws:

Table stakes were won by **Kevin Cantelon**. The 50-50 Card Draw was won by **Derek Lewis**, who drew the six of diamonds, so the pot continues to grow.



Nepal Partners in Compassion Project

By Janeane Coutu



Barb Blinston introduced our guest speakers, **Leslie Sundby** and **Dr. Robin Love**, medical director for the Palliative Care Inpatient Unit at NRGH.

Dr. Love recalled his first Rotary meeting as a guest who caused his host Rotarian to be fined because his guest was not wearing a tie. (It made an impression). **Dr. Love** welcomed his mother who came to hear his talk, along with his wife Deidre.

The original plan was to have **Dr. Chadani**

of Nepal present along with **Dr. Love**, but a few days before her travels, the devastating earthquake hit Nepal and plans had to be altered. **Dr. Chadani** will be visiting next month, currently rescheduled to arrive June 30th and he thanked the club for our financial support in making this trip possible.

Dr. Love has a history with Nepal, having first visited the country on a trek with this nineteen year old son. He was invited to teach palliative care in a local hospital through his work with INCTR International Network for Cancer Treatment and Research and Two Worlds Cancer Collaboration (Canada). **Dr. Love** explained that often the teaching is visiting a single patient that is receiving care and demonstrating delivery of individual care. Sadly the cost of pain relief medication is too expensive for locals even though it was just pennies for medication, something he found very disturbing.

Arriving back home, he put together a team of like-minded professionals from Hospice, VIU Nursing program, fellow doctors and nurses. He travelled back to Nepal to find a partner; the Bhaktapur Cancer Hospital which is #2 cancer centre in the country. Known as "the City of Devotees", it is located 20km east of Katmandu and has a population of 80,000. It is a charming city, very historic with lovely people. It is a working city during harvest time and we enjoyed many photos of local scenes and people at work. The city made a lasting impres-



sion, particularly the children that were so grateful to receive wooden spinning top toys he gave away. **Dr. Love** has since made 8 trips over the years, traveling with a multi-disciplinary group of colleagues, to provide support and training to this developing centre of excellence in palliative care.

Leslie Sundby is a nursing professor at Vancouver Island University. She explained the team's mission is to work with people to build capacity and get them self sufficient. She is part of the medical teaching team and has taken students for field work for which she thanked Rotary for sponsoring. The VIU nurses were quite young as were the Nepalese nurses so it was a great match.

The hospital was sponsored by Rotary, we could see the Rotary cog emblem on the sign. Pictures of the laboratory and equipment revealed rudimentary supplies, and **Leslie** commented that hygiene and cleanliness were not great.



The local group had committed to sending \$300 /month for 3 years (recently increased to \$450) which covers salary for 2 nurses and a ward aide. They have sent funds for a computer, printer and internet service, and also pay for morphine which is very carefully controlled (they proudly showed their accountability). Education is another key component and funds are used for this purpose.

Training is both formal and informal; rounds visiting bed to bed, discussing goals for each patient, specific needs, care practice, and nurses are encouraged

ATTENDANCE

Report by Bob Janes

Attendance for May 22nd was **68%**

We missed the following Rotarians

Ali, Brand, Finnegan, L.Gosselin, Henderson, King, Laing, Lessan, Myden, Narver, Raedler, Salem, Shilla-beer, J. Smith, Walker, Welch.

Visiting Rotarians:

Mathew Ennis, Rotaract

Barry Sparkes, ADG, Lantzville
DG Michael Procter, DG, Qualicum
Joe Simpson, Duncan Rotary

Guests: Dr. Robin Love, Leslie Sundby

Birthdays:

Keith McFarlane, June 1st

Spouse's Birthday: None

Wedding Anniversaries: None

Date of Joining Rotary:

Brenda Grice, 18 years, May 30th

ROTARY DISTRICT 5020
CONFERENCE—JUNE 19-21
Conference Centre, Nanaimo



WEEKLY CLUB PROGRAMS

Friday, May 29th

GREETERS	Brenda Grice, Ellen Ross, Bill King
CASHIERS	Ed Borisenko
SGT-AT-ARMS	John Shillabeer
INVOCATION	Helen Blackmore
HEAD TABLE	Pres. Bob, Fay Laing, Henry Jiang, Douglas Anderson, Keith McFarlane, Ellen Ross, Brenda Grice, Bill King
INTRODUCE GUESTS	Allan Smith
INTRODUCE SPEAKER	Douglas Anderson
PROGRAM	CLASSIFICATION TALKS <i>Fay Laing and Henry Jiang</i>
THANK SPEAKER	President Bob

Friday, June 5th

GREETERS	Moe Lessan, Joan Ryan, Donna Hais
CASHIERS	Egon Holzwarth
SGT-AT-ARMS	Lila Tanner
INVOCATION	Barbara Blinston
HEAD TABLE	Pres. Bob, guest speaker, Illustrious guests, Moe Lessan, Joan Ryan, Donna Hais
INTRODUCE GUESTS	Joyce Smith
INTRODUCE SPEAKER	—
PROGRAM	tba —
THANK SPEAKER	—

Friday, June 12th

GREETERS	Dave Hammond, Derek Lewis, John Salem
CASHIERS	Al Smith
SGT-AT-ARMS	Bob Fenty
INVOCATION	Ed Borisenko
HEAD TABLE	Pres. Bob, guest speaker, Art Vanidour, John Salem, Dave Hammond, Derek Lewis,
INTRODUCE GUESTS	Kathy Smith
INTRODUCE SPEAKER	—
PROGRAM	tba —
THANK SPEAKER	—

to be more involved. Sometimes these sessions are physician led, other times nurse led. Some training is classroom or lecture style with a combination of physician, nurse and family practitioners. The team consults with locals to develop training plans specific to each facility, and also offer administration training as well if requested.

As a country rich in ceremony, it is a rewarding experience for volunteers to be part of the training delivery and receive the gratitude shown by locals.

Dr. Love recapped by stating how rewarding it has been to see progress being made, particularly in the last few years. In fact they were at the point where they were considering tapering off but then the earthquake hit and the devastation is humbling. They realise now that their support is needed more than ever and have agreed to an additional 3-year term of support with a



commitment of \$1000 per month. For more information, or to make a donation, visit

www.partnersincompassion.com

Wendy Pratt had the honour of thanking our two presenters, both of whom she has worked closely with during her years at Nanaimo Community Hospice. She presented **Dr. Love** with a hand-crafted pen, and **Leslie**, having already received the pen gift on three previous occasions, received our thanks for once again visiting the club.

2015 Rotary Car Rallye Results

Place	Team	Time	Award	Name
1	Brent Stetar	1:06	Best Time	Brent Stetar
2	Kathy & Al Smith	1:18	Worst Time	Coast FM 91.7
3	Charles Ramos	1:32	Most Wine Bought	Charles Ramos
4	Brenda & Douglas	1:36	Worst Obstacle Driver.	Bill Finnegan
5	Keith McFarlane & Bob Janes	1:45	Worst Navigator	Lila Tanner
6	Bruce Samson	1:45		
7	Dave Hammond	1:51		
8	Shaw TV Team	1:52		
9	Wayne Anderson	1:56		
10	Lawerencium	1:57		
11	Steve Roebucks	2:02		
12	Trina Brubaker	2:02		
13	Moe Lessan & Bob Wilson	2:13		
14	Glen Steele	2:37		
15	Bill Finnegan	2:45		
16	Lila Tanner	3:36		
17	Coast FM 91.7 Team	MIA		

Draw Winners

Lawerencium	2 rounds Golf
Trina Brubaker	2 rounds Golf
Jill Finnegan	Mazda car detail
Bruce Samson	Mazda car detail
Brenda Grice	Mazda car detail
Wayne Anderson	Mazda car detail
Dave Hammond	Mazda car detail

Grand Prize Draw

Brent Stetar
2 HeliJet Tickets—value \$500

DATES TO REMEMBER

June 12—Rotary Golf Tournament at Winchelsea, \$25 for golf and \$25 for dinner—chicken or steak.

June 23/25—Nanaimo Correctional Centre Aboriginal Days between 10:30 am - 1 pm. Contact Yvan Gosselin for more info.

June 26—Rotary Installation Night, with fellowship starting at 6:00 pm with dinner at 7:00 pm. This is a pre-paid evening for Rotarians and their partners. More details as they become available.



Winner of
District 5020
Best Bulletin
Awards

*"COGS" is the official bulletin of the
Rotary Club of Nanaimo, published each
Friday by the Bulletin Committee*

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