

# ROTARY CLUB OF NANAIMO

# “COGS”

Volume 96, Number 18

4,653rd Meeting

Friday, October 24, 2014

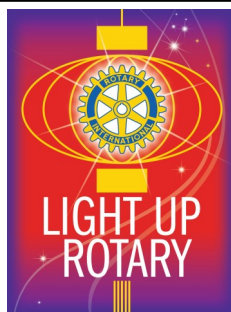


Young Raina hands her book to Keith McFarlane as her mother purchases a stack of children's books on the opening day of our Rotary Book Sale at Nanaimo North Town Centre.

**Club Meeting Friday at 12:00 p.m.  
at the Coast Bastion Inn**

## CLUB OFFICERS 2014-2015

President ..... Bob Wilson  
Vice President ..... Brent Stetar  
Secretary ..... Bob Janes  
Treasurer ..... Lynne Pankratz  
President Elect ..... Lila Tanner  
Immediate Past President ..... Douglas Anderson



**Serving Our Community Since  
May 1, 1920 - Charter Number 43**

## DIRECTORS

Debbie Narver Richard Finnegan Bob Patrick  
Frank Shoemaker Bob Fenty Bruce Samson

## President Rotary International

Gary C. K. Huang, Rotary Club of Taipei, Taiwan

## District Governor

Michael Proctor, Qualicum Beach

## Assistant Governor

Barry Sparkes, Lantzville

**Mailing Address: P.O. Box 405, Nanaimo, B.C. V9R 5L3 — Web: <http://rotarynanaimo.org>**



## Meeting Notes from Oct. 10th

By Derek Lewis



With **President Bob Wilson's** flight unable to land at the Nanaimo this morning due to fog, Vice President **Brent Stetar** stepped in to lead the meeting. After the singing of O'Canada, **Donna Hais** provided the invocation, blessing all the work Rotarians due locally and abroad.

**Ian Williams** called for the introduction of visiting Rotarians and guests. There were no visiting Rotarians, but there were two guests. **Janeane Coutu**



introduced her son, **Matthew**. **Barbara Blinston** introduced **Ellen Ross**, who is new to Nanaimo after

spending the last 25 years in Ontario working for Public Health, specializing in geriatric dentistry. Ellen is working part time at VIU as a clinical instructor in the university's Dental Assistant Program. Ellen has expressed an interest in becoming a member of Rotary and has offered to volunteer at our upcoming book sale if more help is needed.



**Yvan Gosselin** provided an update on the health of the Club. **Ed Borisenko** is still under the weather and not feeling well. VP Brent added that Ed is still at home and in discomfort. He is receiving antibiotics intravenously to help fight the infection.

The only upcoming club birthday is **Carey McIver** on October 18<sup>th</sup>. Spouse birthdays included **Robert Hais** today. Donna mentioned that they were throwing him a party tonight.

Marriage anniversary's include **Wayne & Gayle Anderson**, 45 years on October 11<sup>th</sup>, and **Wahid Ali** and **Nancy Ford**, 18 years on October 12<sup>th</sup>.

### Vice President's Remarks:

Vice President Brent reminded his fellow Directors that there was a Board meeting on Tuesday evening. He also asked that all Committee Chair's submit their reports early and not on the day of the meeting so that the Directors have time to read the reports in advance.

### Notice of Motions:



**Carey MacIver** made a Notice of Motion on behalf of the International Service Committee that the Rotary Club of Nanaimo donate \$5,000 to the Ocean-side Rotary Club towards the approved 5 Club Global Grant

project to update and repair three schools in Sunyani Ghana. This project was first introduced to the Club back in June during the Ghana Canada Rotary Mission. Since then, **Bev Hilton**, with assistance from **Frank Shoemaker** and **Ross White** successfully submitted a global grant application for \$66,544.

### Announcements:

**Bob Fenty** announced that this is the last opportunity to take some posters for the Rotary Book Sale to hang up at your office or in other visible locations to advertise for the upcoming book sale.

**Ian Williams** announced that we still need another 50 shifts filled for the upcoming book sale. Please sign up as soon as possible.

**Kathy Smith** informed the Club that the *Tillicum Lelum* is hosting an "Increasing Cultural Competency" Workshop on Thursday, October 16, 2014 from 8:30 a.m. to 3:00 p.m. at the Coast Bastion. The cost is \$50 per person and includes breakfast and lunch.



**Brenda Grice** announced that the Rotary Club of Ladysmith is hosting a "Put a Face to Polio" Presentation at the Cottonwood Golf Club on Wednesday, October 29<sup>th</sup> with music, wine, and appetizers starting at 7:00 p.m. followed by the presentation at 8:00 p.m. by **Joan Toone**, International Speaker, President, Post Polio Aware-

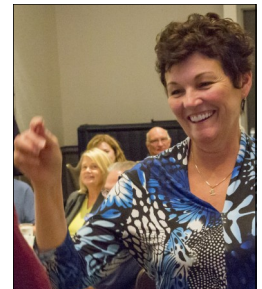
ness and Support Society of BC. Cost per person is \$15 and includes a ticket for the door prize, canapés, and a glass of wine. There is also a silent auction and live auction to help raise \$20,000 towards their goal.

### Sergeant-at-Arms:

The Sergeant-at-Arms this week was



**Yvan Gosselin**. He reminded the Club that there is a protocol when arriving for lunch that includes shaking hands with



the Greeters and collecting your name tag. He fined his wife **Lucie** \$2 for skipping the greeting line.

Yvan then asked the following five Rotarians to stand: **Kevin Cantelon**, **Guenter Raedler**, **John Heisterman**, **Bob Fenty** and **Jeremy Hewitt**, fining all five of them \$2 for not signing in.

Next, Yvan reminisced about the old days when it was not proper etiquette to sit down for lunch with your hat on. He proceeded to fine mom **Janeane Coutu** \$2 for her son **Matthew** wearing his hat at the table during lunch.

Finally, **Bob Fenty** auctioned off three bags of local Vancouver Island grapes to raise an additional \$33 for the club. Thank you **Mike Herold**, **Eric Brand**, and **Debbie Narver** for their contributions.

### Happy/Sad Bucks:

**Joan Ryan** had a happy \$2 for the work towards the local aboriginal elementary school.

**Wendy Pratt** had a happy \$2 as the "winner" after attending her first Rotary bridge night.

**Kevin Cantelon** had \$10 to announce that he too was running for city council in November. Good luck Kevin!

**Bruce Samson** had a sad dollar after receiving a text from his daughter that the husband of one of her close friends had passed away on Monday after falling down some stairs Friday evening. Bruce will gladly accept any help/

donations for the family.

Worried that 45 years of marriage was dating him, **Wayne Anderson** had \$2 to remind everyone that **Gayle** was 10 and he was 11 when they were married.

**President Bob Wilson** was happy to

have finally made it back from Arizona after his issues with the fog this morning that saw him

come within 100' of landing in Nanaimo before the plane turned back to Vancouver resulting in a ride on the Canada Line, then an express bus to Horseshoe Bay, the ferry ride across, and a cab ride home. He had a happy US\$ that he was still with us after stepping over what he thought was a twig while on his way to dinner one night in Arizona, but was actually a 3' long diamondback.

#### **Draws:**

Table stakes were won guest **Matthew Coutu**. The Card Draw was won by **Joyce Smith** who drew the jack of diamonds. The pot continues to grow.

## **Summits of Hope**

*By Kathy Smith*

Our speaker on October 11th, **Dr.**

**Randy Marback**, was introduced by his sister and Rotarian **Debbie Narver**. Randy was born in Nanaimo, has two boys, loves to travel, is an adventurer and is a GP who has specialized in oncology and palliative care.

Sister-and-brother act, Debbie Narver and Dr. Randy Marback

Randy works in the Nanaimo Cancer Clinic and in the Palliative Care unit at NRGH. Randy has two boys, one of which has followed in his fathers footsteps into medicine. While at a medical conference, Randy ran into a colleague

named **Randy Barstow**. This is where Randy first learned about **Summits of Hope** - a group that

raises money for children with cancer by climbing mountains around the world. **Russ Barstow**, the founder and president,

began **Summits of Hope** in 1999 in memory of his cousin Ben. Since its inception, **Summits of Hope** has raised over \$3 million dollars with every penny earned going directly to projects at **BC Children's Hospital**.

They raise money through their climbs, through gala dinners like the one recently held in Vancouver and through talks to groups such as Rotary.

Climbing teams consist of medical professionals from around the province. Team members pay their own way, purchase their own equipment and are passionate about supporting cancer care for kids. Although many of the team members are very experienced climbers, it is not mandatory for a team member to have climbed at all. Others will encourage and assist them through the journey.

A team left just this week to climb Mt. Kilimanjaro and when they reach the top, they will fly the flag that is signed by the children in the hospital.

Randy will be leaving soon to climb to base camp at Mt. Everest. Prior to the climb, he will be spending time in Nepal doing Palliative Care work. Randy will be taking students to do bedside teaching at a facility that is part of the *Nanaimo Hospice Partners in*



*Compassion* project. **Wendy Pratt** thanked Randy for taking on this extra work before his climb.

Randy has been wearing his hiking boots daily as part of his preparation

for the climb. Altitude and endurance are the two major obstacles that all climbers face. Starting in Katmandu, where the temperatures are about 15C, the 17 climbers will connect with their established crew of Sherpas and team support crew. The base camp is at 19,000 feet and temperatures are typically a high of -10 to -18C. Randy did reflect on the loss of the 10 Sherpas last year which was a huge loss to the small village and a reminder of the extreme dangers that all climbers take on when ascending Mr. Everest. The 17 day climb will be hard work but an experience that is life changing.

Randy showed some pictures from previous climbs. Some of the breath taking scenic shots were taken at sunrise which means that climbers hiked through the night to be at the summit for the sunrise! Other photos showed team members working at an orphanage in Tanzania, going on safaris pre or post hiking, and the children in the cancer ward that is the heart of Summits for Hope.

Anyone wishing to follow their journey can read their blogs which will be posted on [SummitsofHope.com](http://SummitsofHope.com).

Our speaker was thanked by **Susie Walker**, who presented the coveted Rotary Pen to Randy.

## **ATTENDANCE: Oct 24th**

*By Bob Janes*

Attendance for October 10<sup>th</sup> was **71%**

### **We missed these Rotarians**

Borisenko, Cowling, Currie, Gerrand, Henderson, Hewitt, King, Lessan, Ramos Salem, Shillabeer, Tanner, Welch

**Visiting Rotarians:** *None*

### **Guests:**

Ellen Ross, Randy Marback, Matt Coutu

### **Make ups:**

D. Anderson, B. Grice, B. Stetar

### **Birthdays:**

Barbara Blinston on October 26th  
Doug McMillan on October 28th  
Jeremy Hewitt on October 29th

### **Spouse Birthdays:**

Ann Holzwarth [Egon] on Nov 1st  
Diane Salem [John] on Nov 1st

### **Anniversaries:**

*None to report this week*

### **Club Anniversaries:**

Kathy Smith, 8 years, November 3



## WEEKLY CLUB PROGRAMS

### Friday, October 24th

**GREETERS** Janeane Coutu,  
Joyce Smith, Mike Knutsson

**CASHIERS** Eric Brand

**SGT-AT-ARMS** Wayne Anderson

**INVOCATION** Lucie Gosselin

**HEAD TABLE** President Bob, Douglas Anderson,  
Barbara Blinston, Doug McMillan,  
Jeremy Hewitt, Wayne Anderson

**INTRODUCE GUESTS** Yvan Gosselin

**INTRODUCE SPEAKER**

**PROGRAM** **CLUB ASSEMBLY / MEMBERSHIP**  
*President Bob & Douglas Anderson*

**THANK SPEAKER**

### Friday, October 31st

**GREETERS** Keith McFarlane,  
Doug Cowling, Kathy Smith

**CASHIERS** Eric Brand

**SGT-AT-ARMS** Yvan Gosselin

**INVOCATION** Brenda Grice

**HEAD TABLE** President Bob, Trevor Davis,  
Carey McIver, Keith McFarlane,  
Doug Cowling, Helen Blackmore

**INTRODUCE GUESTS** Helen Blackmore

**INTRODUCE SPEAKER** Carey McIver

**PROGRAM** **VIU—A Research Institution**  
*Trevor Davis*

**THANK SPEAKER** Moe Lessan

### Friday, November 7th

**GREETERS** Carey McIver,  
Bob Fenty, Brent Stetar

**CASHIERS** Bill King

**SGT-AT-ARMS** Dave Hammond

**INVOCATION** Donna Hais

**HEAD TABLE** Pres Bob, Mikel Knutsson, Bruce  
Samson, John Morris, Bob McDougall,  
Brenda Grice, Frank Shoemaker

**INTRODUCE GUESTS** Barb Blinston

**INTRODUCE SPEAKER** Preident Bob

**PROGRAM** **REMEMBRANCE DAY**  
*Mikel Knutsson / Bruce Samson*

**THANK SPEAKER**



### Fun Facts About our Rotary Book Sale ...

- We started the sale with over 90,000 books on display—largest number ever!
- Nanaimo North Town Centre Mall hosted over 50 Book Sale workers to lunch on Friday on the event of our sales reaching one-half million dollars!
- One of our customers came all the way from Bremerton, WA and purchased over \$1,000 worth of books—which makes our sale international in scope!
- Some businesses in the mall experienced a 15% to 20% increase in purchases during our opening weekend of the sale.
- Over 2,200 books have been added to our inventory since day one of the sale.

### DATES TO REMEMBER

**Sunday, Dec 7**—Family Christmas Breakfast, Bowen Complex, from 9:00 am to 11 am

**Thursday, Dec 18**—Rotary Christmas Dinner, Coast Bastion Inn: fellowship 6:00 pm, dinner 7:00. Cost TBA

**June 19-21, 2015**—Rotary District 5020 Conference, V.I. Conference Centre, Nanaimo



Winner of  
District 5020  
Best Bulletin  
Awards

*"COGS" is the official bulletin of the  
Rotary Club of Nanaimo, published each  
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