

ROTARY CLUB OF NANAIMO

“COGS”



Volume 96, Number 13

4,696th Meeting

Friday, September 25, 2015



Michelle Kocourek of the Nanaimo Child Development Centre is presented with a cheque by Richard Finnegan of the Rotary Club of Nanaimo for their work with children and for equipment at the centre. *Photo by Ian Williams*

**Club Meeting Friday at 12:00 p.m.
at the Coast Bastion Inn
CLUB OFFICERS 2015-2016**

President ----- Lila Tanner
Vice President ----- Janeane Coutu
Secretary ----- Bob Janes
Treasurer ----- Lynne Pankratz
President Elect ----- Debbie Narver
Immediate Past President ----- Bob Wilson



**Serving Our Community Since
May 1, 1920 - Charter Number 43**

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Nanaimo Oceanside

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Meeting Notes from September 18th

by Derek Lewis

President Lila Tanner asked the Club to stand for the singing of O'Canada. **District Governor Rose Bowman** provided the invocation giving thanks for everything Rotarians due in their local and international communities.

Ian Williams called for the introduction of visiting Rotarians and guests.

Among our visiting Rotarians this week were **District Governor Rose Bowman** and her husband, **Leon Bowman**, as well as **District Governor Elect**



Joanne Croghan and her spouse, **Don Maminno**. There were three guests: **Doug Cowling** introduced **Sylvia Reed**, a long-time family friend of **John Morris**, and **Elsie Hayes** from the *James Park Society*. **Richard Finnegan** introduced **Hillary Eastmure**, a local on-air radio personality who will be riding in the *Tour du Rock* starting tomorrow.

President's Remarks:

President Lila informed the Club that there will be a District 5020 Membership Summit at the Lantzville Costin Hall on Saturday, October 17th. This event is free to attend.

President Lila shared with the Club that the Daybreak Rotary Club is hosting the *1st Annual Nanaimo Oktoberfest* on Friday, October 23rd at the Nanaimo Armoury Drill Hall at 709 Nanaimo Lakes Road. Tickets can be purchased online at www.nanaimooktoberfest.com.

Finally, **President Lila** reminded the Club that nominations for the 2018/19 year must be received by Thursday, October 15th at 9:00p.m., with the Nominating Committee meeting on October 25th to make their selection.

Announcements:

Bob Fenty announced on behalf of the *Youth Exchange Committee* that there will be an information meeting for potential short and long-term exchange students that are high school aged at the Beban Social Centre on Wednesday, September 23rd from 6:30p.m. to 9:00p.m.

Joan Ryan announced that the *Interact Club* was starting up again and needs an advisor committee volunteer from our Club. They will also need drivers that have had a successful criminal check done.



Doug Cowling then asked one of our guests, **Elsie Hayes** of the *James Park Society*, to come up and tell the Club about their local project. She advised us that numerous parents in her Harewood neighbourhood started to the

society to help build a park at an 8-acre vacant parcel near 7th Avenue and the Colliery Dams. They have been approved for a \$30k grant from the City of Nanaimo and are raising funds via street parties and other fundraisers. They plan on clearing the site next month. Doug presented the Society with a cheque from our Club for \$3,000.

Richard Finnegan asked another one of our guests, **Hillary Eastmure**, to come up and tell the Club about the *Tour du Rock* event in support of Kids with Cancer. After 3,000 kilometers of training, this year's *Tour du Rock* will start tomorrow and the riders will traverse 1,100 kilometers of Vancouver Island. Hillary has helped raise over \$10k to date, but is hoping for more support. The riders will arrive in Nanaimo on Sunday, September 27th and there will be a family event on Monday, September 28th from 11a.m. to 1 p.m. at Maffeo Sutton Park. Hillary will return to our meeting on October 30th to tell us about her adventure including having all her hair cut off to donate to a child with cancer.



Hillary Eastmure of Coast FM Radio will take part in the Cops For Cancer Tour de Rock bike ride as a media member riding with the police. Rotary is a sponsor through this event for children to go to Camp Good Times.

Sergeant-at-Arms:

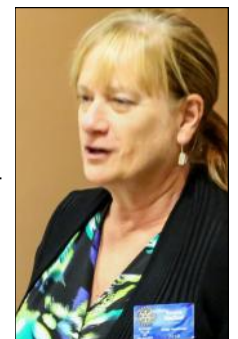
The Sergeant-at-Arms this week was **Bob Fenty**, who started off by fining **President Lila** for an early gaffe, the proceeded to fine **Charles Ramos**, who was supposed to be a greeter today, but spent the entire time off talking with our president. His final fine was for **Wendy Pratt**, for contemplating checking at our navel??? Something tells me we don't want to know the whole story.



Happy/Sad Bucks:

Joan Ryan had \$2 to share that she would be away for the next two weeks at conferences and would be missing Rotary. She also mentioned that the Hospital Foundation Charity Golf Tournament was a great success.

Suzie Stephens (formerly *Suzie Walker*) had \$5 to share numerous tidbits including: how complicated it was to change her name after getting married in April; shares that she met her daughter over in London and had a great time traveling around England and western Europe; and finally she expressed her disappointment in some comments made by the hosts of *The View* with respect to nurses.



Lila Tanner had a dollar to thank everyone for their patience due to the change in venue while the Coast Bastion Inn repairs the water damage.

Kathy Smith had a dollar to announce that her and Al had their next trip planned, a cruise out of Fort Lauderdale to Southampton, England. While in England they will meet up with the exchange student they hosted approximately 17/18 years ago, who is now a mother.



Bob Wilson had a dollar to share that he was back from his latest cycling adventure in Ontario and Quebec, which covered approximately 2,000 kilometers.

Dave Hammond had “some change” to advise that he enjoyed his road trip around BC for the last two weeks with wife Cindy.

Doug Cowling reminded everyone about the Community Grants Committee Meeting immediately following our regular Membership meeting today.

Richard Finnegan had an emotional dollar to thank the Club for its \$5,000 donation to the *Child Development Centre* here in Nanaimo.

Draws:

Table stakes were won by **Wendy Pratt**. The Card Draw was won for the 2nd week in a row by **Lynne Pankratz**, who drew the jack of hearts. There are not many cards left in the deck, so the pot should be a good one.



Medical Marijuana

Reported by Joyce Smith

Dave Hammond introduced **Phillip Lucas**, Vice President of patient research and service for *Tilray*, one of Nanaimo's biggest private employers in Nanaimo. Phillip was the fourth employee to be hired by *Tilray* when they first came to Nanaimo. He was a former CRA director and city counselor, currently he is completing his PhD on Medical marijuana, and he has been involved with the industry of Cannabis for over 20 years—has testified in court as an expert witness and supporting this new industry. Phillip came to share some of the benefits of marijuana and some of the challenges of being a leader in this industry.

“We did not provide a medical program in Canada to help the sick and suffering,” Phillip explained. Patience challenged the laws of the country and fought for changes to gain access to the medical benefits from cannabis. The *R. Parker (2000)* Supreme Court case eventually brought about the 2001 Medical Marijuana Access Regulation. One million Canadians use Cannabis under this self defined pro-

gram. Medical Marijuana Access Regulation (MMAR) ended and was replaced with Marijuana for Medical Purposes Regulation (MMPR) in June, 2013. Where the former regulation had single producers supplying a few patients and a long system for patients to apply and only a single strain of marijuana; the new regulations no longer involve Health Canada in the process of obtaining marijuana by the patient. Doctors and even nurse practitioners can prescribe the use of cannabis for medical purposes; and a few hundred strains exist and there is increased quality control. Now there are 25 licensed producers in Canada and the main concentration is in BC and Ontario.

In early 2013 the Nanaimo Economic Development Corporation and Privateer Holdings (the parent company of *Tilray*) began discussions on the establishment of a medical cannabis research and production facility in Nanaimo region. A thirty million dollar building was constructed out at Duke Point and consisted of 60,000 square feet of building used for production and research. Currently, there are 130 people working there. The company was given the best new company award by the Chamber of Commerce last year.

The facility produces 53 strains of cannabis each strains offers different relief to different types of medical problems. One of their employees Maria is a good example, a former police officer, Maria lost all feeling in her hands and through the use of marijuana has regained the feelings in her hands. *Tilray* has a policy that it will ship medical marijuana anywhere in Canada for \$5 within 24 hours. Just recently Health Canada approved oil base products, topical applications and gel caps.

Tilray has been involved in several research studies throughout the world and presently in partnership with UBC testing 40 patients who suffer post traumatic stress disorder. Phillip explained that it has been a challenging industry, however the parent company of *Tilray* is Privateer Holdings which is the biggest investment group in Cannabis in North America. *Tilray* is the flag ship company (located in BC), *Leafly*—is an onsite web based site (in Seattle) and *Marley Nature* is offering hemp based products (in New York)

“Doctors still do not know enough about the system,” Phillip said, “but *Tilray* does provided online training and also trains doctors throughout Canada. Fifty percent of the doctors still feel uncomfortable prescribing medical marijuana but of those 50%, 80% are willing to refer to doctors who would.”

Suzie Stephens thanked the speaker. As a community nurse she has seen patients who are struggling with getting access to the benefits of the cannabis.



Rotary Book Sale at Nanaimo North Town Centre on October 16th to 25th
Sign up now for your volunteer shift—all hands are needed for our big Rotary fund-raiser!

World Polio Day

October 24th will be **World Polio Day** and Rotarians, clubs and districts around the world will come together to fight polio.

To mark the occasion there will be a live stream event the preceding day, Friday October 23 at 3:30 PM PDT. This is the third year for the live stream event. To add the event to your calendar go to: [Add the streamed event to your calendar](#). Tune in to the event to receive a global update on the current status of polio eradication, hear inspiring stories, and learn how Rotary is making history. The event will be streamed live at livestream.com/rotaryinternational/worldpolioday.

Resources to help you spread the word about your World Polio Day event can be found at endpolio.org/worldpolioday. The materials include:

- Sample Tweets and Facebook posts
- Graphics for posting on social media and online
- Tools to help you reach out to local media
- Tools to help you engage local political leaders with World Polio Day
- More ideas about how you and your club can participate can be found [here](#).

Remember that your contribution to PolioPlus will receive full recognition points and – better yet – it will be matched two-to-one by the *Bill & Melinda Gates Foundation*. For Canadian clubs your contribution made through TRF Canada will be matched by the Canadian Government producing a four-to-one result!

ATTENDANCE

By Bob Janes

Attendance for September 18th was **68%**

We missed the following Rotarians:

Ali, D. & W. Anderson, Gerrand, Y. Gosselin, Grice, Hais, Heisterman, King, Lessan, McIver, Myden, Narver, Patrick, Raedler, Ross, Salem, Shillabeer, Zhang.

Visiting Rotarians:

Rose & Leon Bowman, Joanne Croghan, Don Maminno

Guests:

Phillip Lucas, Sylvia Reid, Elsie Hayes, Hillary Eastmure

Makeups: Cantelon, Ryan, Stephen

Birthdays:

Bob Wilson on September 27th

John Shillabeer on October 1st

Spouse Birthdays:

Ron Willis [Joyce Smith] on September 28th

Wedding Anniversaries

Jane & John Currie, 39 years on September 25th

Dave & Pat Connolly, 59 years on September 29th

Club Anniversaries

John Heisterman, 20 years on September 29th

Art Vanidour, 48 years on September 29th

DATES TO REMEMBER

September 25—Rotary Club Meeting at The Coast.

Oct 23—Oktoberfest in Nanaimo Armoury Drill Hall, 709 Nanaimo Lakes Rd. Hosts: Daybreak Rotary. Tickets \$31.50—1 beer stein, 1 beverage, 1 pretzel, 2 great bands.

WEEKLY CLUB PROGRAMS & MEMBER DUTIES

MEETING DATE	Friday, Sept 25th	Friday, October 2nd	Friday, October 9th
GREETERS	Barbara Blinston, Ellen Ross, Bill King	Ed Borisenko, Joan Ryan, Moe Lessan	Eric Brand, John Salem, Derek Lewis
CASHIER	Ed Borisenko	Henry Jiang	Henry Jiang
SGT-AT-ARMS	Dave Hammond	John Heisterman	Joan Ryan
INVOCATION	Moe Lessan	Joan Ryan	Brenda Grice
HEAD TABLE	President Lila, Caren Powell, Ross White, John Salem, John Shillabeer, Jane Currie, Dave Connolly	President Lila, Andy LaCroix Frank Shoemaker, Joan Ryan, Ed Borisenko, Moe Lessan	President Lila, Leanne Kristofferson, Yvan Gosselin, Eric Brand, John Salem, Derek Lewis, Henry Jiang
INTRO GUESTS	John Salem	Douglas Anderson	Barb Blinston
INTRO SPEAKER	Ross White	Frank Shoemaker	Yvan Gosselin
PROGRAM	The Dark Side of the Rainbow <i>Caren Powell</i>	Memories: Growing up in Iran <i>Moe Lessan</i>	Storybook Dads: Guthrie House <i>Leanne Kristofferson</i>
THANK SPEAKER	Carey McIver	Dave Connolly	Wendy Pratt