



20th Virtual Meeting via Zoom

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Guests

Leanore Sali, Ken Kuhn (guest speaker)

Guest Speaker

The first social meeting is happening on Thursday,
August 20th, at 4:30 PM.

Location: 444 Glenbrook Drive, New Westminster



Ken Kuhn has lived in Port Moody for 14 years and in the tri-cities for 40 years. Ken went to UBC and University of Oregon and received an MBA and MSc. and taught in the Coquitlam School District, BCIT, and UBC. He also works as a consultant in several different industries including wine and accounting. Ken spends his retirement life "paying it forward" on seniors' issues in positions such as Coordinator of the New Horizons Grant received by the TCSPN. Ken is also Regional Mentor for Fraser Valley West for BC Community Response Networks to promote Elder Abuse Awareness. To promote healthy aging, he received an educational grant from Sanofi-Pasteur to promote Influenza Vaccine awareness.

Presentation Highlights



Everyone has the right to be **safe and free** from abuse or neglect.

We have a shared responsibility to create **safe, strong, healthy communities.**

INTERRUPTING ABUSE AND NEGLECT

Today we will be discussing how to **interrupt** abuse and neglect of vulnerable adults before it has to be reported to a designated agency.



Warning Signs – Abusive Behaviour

Controlling behaviour

- Making all the decisions without asking
- Isolation from family and friends
- Threats of violence or abandonment
- Disregard for privacy
- Locks on the outside of doors
- Reading or withholding mail
- Handling all of the money



The Journey Steps – SNCit!



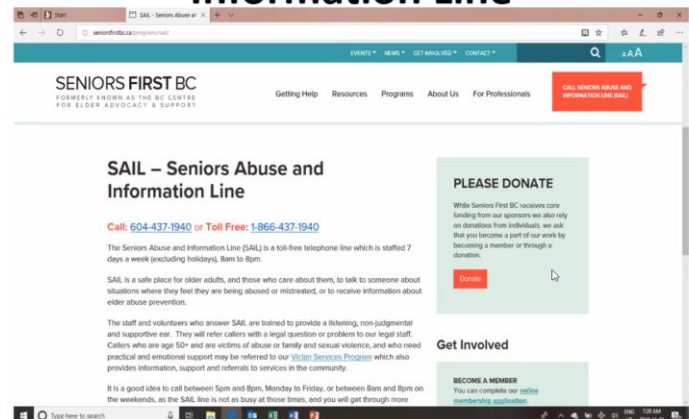
1. **SEE** it! Notice when **Something makes you feel not right**
2. **NAME** it! Talk to someone—the older adult first:
What are the warning signs? ...name your concern
3. **CHECK** it! Ask questions:
"Are you ok?"
"Do you want to talk about it?"



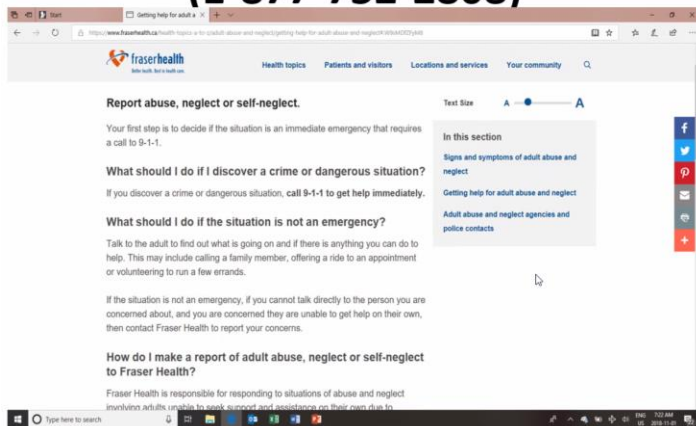
Local Resources – finding help

- **Seniors First BC** (formerly known as the BC Centre for Elder Advocacy & Support)
SAIL—Seniors Abuse & Information Line
604-437-1940 Toll Free: 1-866-437-1940
- **Fraser Health REACT**
1-877-REACT-08 (1-877-732-2808)
- **BC211**
Call 2-1-1

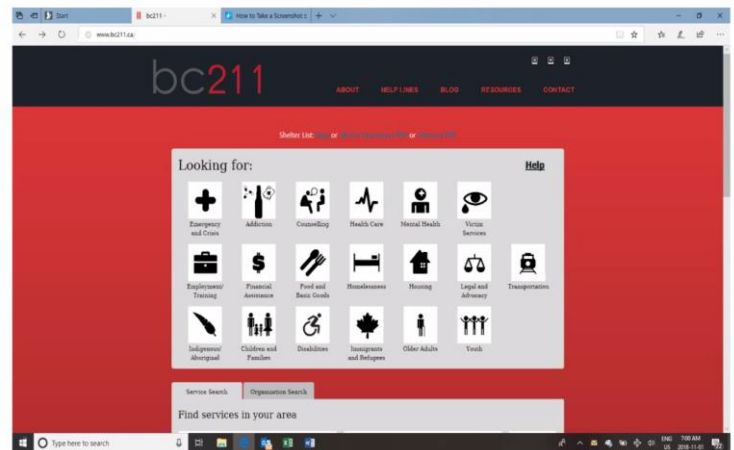
SAIL—Seniors Abuse & Information Line



Call toll-free 1-877-REACT-08 (1-877-732-2808)



BC211—Dial or Text 211



Rotary Moment Delivered by Nancy Eidsvik

The motto of Rotarians is "Service Above Self". It reminds Rotarians to think of how they can help others instead of selfish thoughts like "What can Rotary do for me?" Rotary's official mottoes, can be traced back to the early days of the Rotary in 1911, the second Rotary convention, in Portland, Oregon, approved He Profits Most Who Serves Best as the Rotary motto. The wording was adapted from a speech that Rotarian Arthur Sheldon delivered to the first convention, held in Chicago the previous year. Sheldon declared that "only the science of right conduct toward others pays. Business is the science of human services. He profits most who serves his fellows best." The Portland gathering also inspired the motto Service Above Self. At the 1950 Rotary International Convention in Detroit, Michigan, two slogans were formally approved as the official mottoes of Rotary: He Profits Most Who Serves Best and Service Above Self. However, this dual motto was very confusing. So finally in 1989, the Council on Legislation established Service Above Self as the principal motto of Rotary because it best conveys the philosophy of unselfish volunteer service. It is this unselfish volunteer service that keeps me committed to Rotary. It is because people who join are truly focused on serving their community, both locally and globally. Service Above Self means we leave our differences at the door and do what is best for the people we are serving. No matter what our professional position may be or lack of professional position, Rotary members are willing to work together to do the work that needs to be done. Rotarians are also so willing to share their own talents with whomever asks for help.

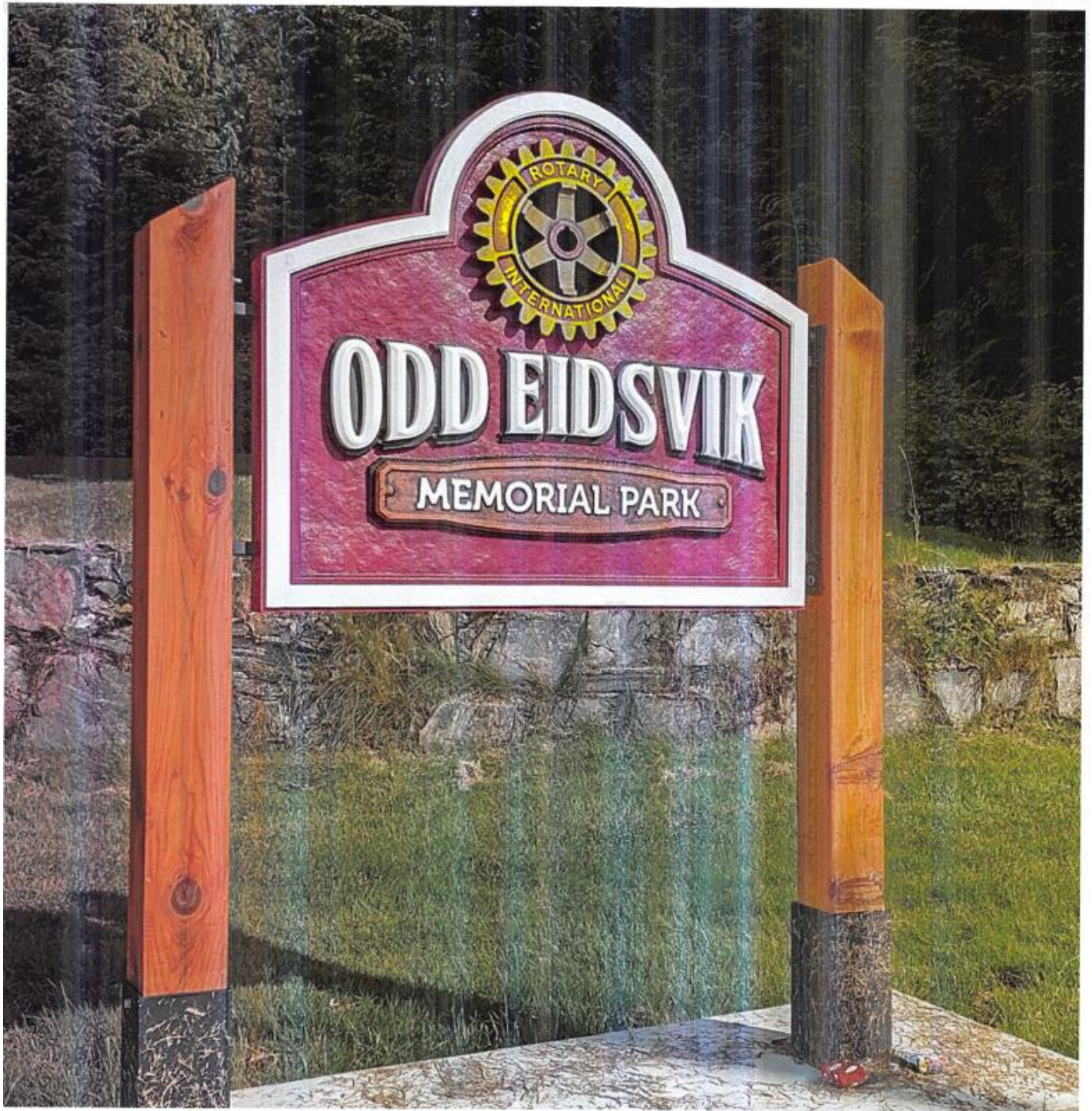
"Ask me and I will show you how to do it" "Ask me and I will share with you what I know"

This is truly what is Rotary's Service Above Self.

In Memory of Odd Eidsvik

Nancy Eidsvik's husband, Odd, passed away in 2015. Odd was a devoted Prince Rupertite and a Charter member of the Hecate Strait Rotary Club and later joined the Prince Rupert Rotary Club.

In recognition of Odd's contributions to the City and to Rotary, the City of Prince Rupert dedicated a park in his memory and called it Odd Eidsvik Memorial Park.



Member Updates

Hilda Cliffe, our former member, is currently residing in Thornebridge Gardens



Photos taken by Dave Vallee



Hilda's Family Pictures