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| **EyeOpener**November 7, 2023 District Governor Collingwood Visit **Rotary Foundation Month**The in-person (with Zoom available) meeting was opened by President Alan with O Canada. There were 9 of 16 members present. Guests were District Governor Brent Collingwood and his wife Adelle, Assistant District Governor Jen Stone, and former member Carol Davies.Alan read the Treaty 6 Acknowledgement:*We acknowledge that the Rotary Club of Camrose Daybreak is located on Treaty 6 land. This is the traditional territory and an ancient gathering place of many Indigenous peoples for thousands of years.**We recognize that we are all Treaty people and have a responsibility to become aware of our shared history, understand the Spirit and Intent of the Treaties and by doing so we can honour the past, be aware of the present, and create a just and caring future built upon Peace, Friendship, and Understanding.***Speaker**Alan introduced District Governor Brent Collingwood. Brent began by showing a picture taken with Rotary International President Gordon McInally at the meeting with all 500+ District Governors in Florida where this year’s theme “**Create Hope in the World**” was unveiled. He then quoted the Rotary Vision Statement:  1. **Together** we see a world where **People** unite and take action to **Create** lasting **Change** across the Globe in our communities and in ourselves. He then asked us a series of questions:* How does your club reflect the vision and this year’s theme?
* How would you define your club’s identity?
* What are you most proud of? Who knows about it?
* What is one goal your club has for the coming year?

2. **Erasing the Stigma Associated with Emotional Well Being.** Don’t Bottle It Up. I am not afraid to speak up and neither should you. What can you do?* If you or someone you know is suffering in silence, speak up.
* Speak to your family and friends about the issue and the importance of letting people know its OK to not feel OK, and even more OK to ask for help.
* Recognize the signs of change that might be symptoms of a mental health challenge—changes in behaviour, weight, or activity.
* Continue to build social connections, as it is one of the most powerful mental health interventions.
* Use the “Don’t Bottle It Up” poster on your websites and social media.

 3. **The Rotary Foundation*** Last year, our club gave $5,516 to the Annual Fund and $651 to PolioPlus, but generally only 40% of Rotarians in the District give to the Foundation. He would like this to double to 80%, any amount is appreciated. We are close to eradicating polio—as a sign of the dedication of those who are working on this, 15 of the women who were vaccinating children have been assassinated doing their job.
* The Endowment Fund is your legacy. The goal is to raise $2.025 billion by 2025. Tim Schilds will be talking to our club about this on November 21 after the AGM.

4. **Create Hope in the World**.He went on to tell us of some upcoming events.1. District Fall Assembly in Edmonton November 18. He encouraged all the leadership of the club to attend. The goal is for 100 people from the district to attend.
2. District Conference 2024 May 3,4 at the Doubletree Hilton in Edmonton. There will be three speakers: 1. Michael Landsberg former sport commentor who quit his show over a mental illness. “I am sick not weak”. 2. Paul Brandt who will speak and sing about combatting human trafficking—in our cities and farms. 3. Brian Rush Vice Chair of the Joint Advisory Committee on Equity, Diversity, Inclusion and Belonging. The conference has been designed to take less time and cost less. It will be Friday Afternoon and Saturday. Registration $325 each for 5 Rotary Members. There will be a Rotaract project and on Saturday night a Tartan Ball with the RCMP Pipe and Drum Band, Scottish Highland dancers who dance and teach how to dance jigs and reels. Tartan sashes for the ladies and tartan ties for the men are available for order. On the registration site there is a link to see “Grease” at the Mayfield Dinner Theatre Friday night. Rooms cost $179. Our club will pay the registration fees for anyone attending.

He closed by saying thank you--“VOLUNTEERING IS HARD WORK” and “Keep going because you haven’t come this far to only come this far”.**Announcements**1. Chase the Ace – the draw is tomorrow night. The charity this time is the Camrose 6th Traditional Scouting program. The Dolly Parton Imagination Library received $500 from the last draw, when topped up by our club.
2. The Fall Assembly mentioned about is November 18. Morris and Tim are going. If you would like to go, the club will pay your registration.
3. The next meeting is the Joint Meeting November 20 at the Norsemen Inn.
4. November 21 at 8 am is our AGM, followed by Tim Schilds talking about the Rotary Foundation Endowment program.

We closed by singing the *Four-Way Test*. **ROTARY JOINS LEADERS | ROTARIANS SHARE IDEAS | ROTARIANS TAKE ACTION** |
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