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|  **EyeOpenerMarch 22, 2022 - NavCARE Outreach in Camrose and Killam** **Water, Sanitation, and Hygiene Month****This Meeting was via Zoom.** We opened with *O Canada* played by the Band of the Royal Canadian Artillery.Odell read the **Acknowledgement of Treaty 6 Land:**We acknowledge that the Rotary Club of Camrose Daybreak is located on Treaty 6 land. This is the traditional territory and an ancient gathering place of many Indigenous peoples for thousands of years.We recognize that we are all Treaty people and have a responsibility to become aware of our shared history, understand the Spirit and Intent of the Treaties and by doing so we can honour the past, be aware of the present, and create a just and caring future built upon Peace, Friendship, and Understanding.**Guest Speaker: Jennifer Swindle, NavCARE**Larry introduced our guest speaker Jennifer Swindle who has a Master’s degree in Gerontology and is the Research Co-ordinator for the Nursing Faculty at the University of Alberta. She told us about the Nav**CARE** (**C**onnecting, **A**ccessing, **R**esourcing, **E**ngaging) Program that started as a research project in Camrose in 2016. It was to be a 2-year program that partnered a Nurse Navigator with volunteers each of whom would be assigned 2 clients with whom they would make home visits every 2 to 3 weeks. 10 volunteers were selected, each was over 18, who spoke English, had at least one year of volunteer experience, a criminal record check and an interview. They were trained, given a NavCARE manual and a community resource manual. The Nurse Navigator supported them and had meetings with the volunteers every 6 weeks. 23 clients aged 55 or more living in Camrose or Killam with a life limiting or chronic illness were matched with the volunteers. Three quarters of them were female, all but 8 living alone (7 had spouses, 1 a live-in caregiver). The volunteers **connected** with the clients discussing social issues, health and treatments, family, and friends. They also helped them **access** healthcare providers and helped complete government forms. They provided information and helped make connections with **resources** to assist in life changes including: the CNIB, Homecare, Assisted Living Facilities, transportation, Respite and Daycare, home support and repair and Lifeline. They **engaged** them in renewing old hobbies, provided companionship and social conversation, and helped them with advance care planning. Volunteers were discouraged from offering advice, instead steering the clients to appropriate resources. Jennifer then showed us a video about the program. The program was evaluated as very successful in improving the quality of life for the clients. When the 2-year research program ended the Hospice Society of Camrose and District took over the program in Camrose and Killam. It has spread throughout Canada and internationally. Joy LeBlanc, the Volunteer Coordinator for Hospice, gave us an update on the program. She has found the program helpful to ease the transition to palliative care. The Hospice Society sees it as the beginning of its programs transitioning from NavCARE, to Palliative Care to Grief and Bereavement. The program has spread to a larger area which includes the Killam and area (almost to the Saskatchewan border) and Wetaskiwin. There are about 120 volunteers. Training volunteers is available in groups and online. The training program is constantly updated and now includes a section on MAID. During COVID volunteers could visit in homes which helped reduce social isolation. Jennifer and Joy were thanked for their presentation. Jennifer was given a certificate for the vaccination of 30 children against Polio.**Food for Thought Chris told us about the U of A’s connections with Ukraine including The Canadian Institute of Ukrainian Studies and the Kule Ukrainian Canadian Studies Centre. More information is available on the U of A Website under the Faculty of Arts.** **Business** was conducted after moving to hold a meeting online by Zoom. Morris noted that he had the required number of volunteers for the Chase the Ace Draw to be held March 23. A motion was passed to top up the proceeds to Camrose and District Fish and Game Association from the draw to $1,000. A motion to support the Dolly Parton Imagination Library Project of the RCC and the Library by funding 100 children for 3 years was passed. The cost will be $5,000 per year, we have Robyn Gray memorial donations for about $13,000 so the club would have to contribute about $2,000. This funding qualifies for Casino or Bingo proceeds. Discussion resulted in a request to consider with the Rotary Club of Camrose expanding the qualification area for children in the Camrose County and Maskwacis. Members were made aware that the 3-year funding commitment implies continuing to fund the program after that period to maintain provision of books to enrolled children. Experience of other Imagination Library Affiliates is that donations and sponsorships significantly reduce the funding required.**Announcements** –1. Gelato Social in April $60 per person for 3 tubs of Gelato, 10 am Thursday, April 21. There is still room for a couple of families. Contact Patrice to arrange attendance.

**Reminders of Upcoming Events*** March 29 7:00 am Jackie Armstrong-Homeniuk MLA for Fort Saskatchewan/Vegreville, Chair for Advisory Council on Alberta-Ukraine Relations.
* Hybrid Meeting April 5 7:00 am—Safety Starts Here, $6 each, coffee provided. Constable Matt Rolfe and Zoe the Police Service K9 Dog.
* District Conference is May 27, 28 at Fantasyland Hotel. We have paid for five people’s registration. Check out <https://portal.clubrunner.ca/50012/page/district-5370-conference> for information. Let Morris know if you plan to attend.
* The International Rotary Convention will be held in Houston, Texas June 4 to 8, 2022.  It is presently being planned for in-person and virtual. Consider attending. Information at [RIConvention.org](http://portal.clubrunner.ca/442/RIConvention.org).

**Rob led us in the *4-Way Test*.** **ROTARY JOINS LEADERS | ROTARIANS SHARE IDEAS | ROTARIANS TAKE ACTION** |
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