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| The in person (with Zoom available) meeting was opened by Tim Parker with *O Canada*. There were 9 of 16 members present (1 on Zoom).  Tim read the Treaty 6 Acknowledgement:  *We acknowledge that the Rotary Club of Camrose Daybreak is located on Treaty 6 land. This is the traditional territory and an ancient gathering place of many Indigenous peoples for thousands of years.*  *We recognize that we are all Treaty people and have a responsibility to become aware of our shared history, understand the Spirit and Intent of the Treaties and by doing so we can honour the past, be aware of the present, and create a just and caring future built upon Peace, Friendship, and Understanding.*  **Speaker** Tim introduced himself and told us he would tell us about “Addiction in 20 Minutes.”  He went over his preferred definition “using drugs or behaviours to the extent that they interfere with one’s responsibilities to family, friends, or work. He went on to explain the theory that brain plasticity—a learning process explains tolerance, withdrawal, reduced highs with continue use, the cognitive changes with addiction, and the recidivism rate of 60-80%. He explained the progression of addiction through three stages. He stopped with this and answered questions. He may complete a summary which I will send around to those interested. He has written a book “Trapped by the High: What Addiction is and How it Changes the Brain.” Copies are available directly from him.  **Announcements and Updates**   * **Chase the Ace** The next draw is Wednesday February 14 benefiting Hospice Society. * **Planning for the RCC 100th Anniversary-** the next meeting will be Thursday Feb. 8 at 8 am. * **Our Next meeting is the Joint Meeting with the RCC Monday February 12 at 6 pm at the Norsemen**. Tim will speak on the psychology of Fear. * **Cargill is donating $10,000 to Dolly Parton’s Imagination Library Project.**  This is now year 3, we need to raise the money to pay for years four and five.   **Happy Bucks**  Happy Bucks were given for: the snow by three, his new skin skis, granddaughter stayed the night with them for the first time, the Saturday night ballet—Anne of Green Gables, tomorrow being the last day of cat sitting (one adult and 4 sick kittens), surviving a grandson’s pool birthday party, the Musical--Little Mermaid at the Lougheed Theatre  **Foundation Moment**  Our grant model is designed to produce sustainable results that align with the Rotary Foundation’s priorities and the areas of focus, engage members, and deepen their connection to Rotary. This means; we increase the impact by addressing genuine community needs, offer options to address both local and global goals, simplify processes to help more people take part, give people more decision making power at the club and district levels to increase their commitment, communicate clearly about our work to enhance Rotary’s public image.  We closed by singing the *Four-Way Test*.  **ROTARY JOINS LEADERS | ROTARIANS SHARE IDEAS | ROTARIANS TAKE ACTION** |
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