Rotary Club of Camrose Daybreak  
EyeOpener October 15, 2019

Opened meeting, 8 members and one guest, at 7:10am with O Canada, Rotary Grace

October’s theme is Economic and Community Development.

Dean LaGrange, prospective member was present. October birthday for Greg, wedding anniversaries for Rob and Liz and Lou and Morris, 2 years in club for Glenda, 9 for Greg.

Tricia shared **Food for Thought** about the Happiness Project podcast (Gretchen Rubin) that spawned the Happiness Lab (Dr Laurie Santos), a course at Yale. Takeaways include 3 ways to be happier – connect with people (in checkout lines, on the street, etc.), count your blessings (journaling, meditating, etc.), realize that your circumstances don’t matter as much as you think – you’re okay.

**Announcements**:

* *Pub Walk for Polio* is November 1st – tickets and posters soon, $50, 4 pubs with beer, wine or highball and snacks, games, prizes, raffles
* Church of Jesus Christ of Latter-Day Saints is doing a city-wide Food Bank drive this week. Check with Lisa for bag delivery routes to be done by Thursday. Meet at the Food Bank Saturday morning at 9:45 for pick-up of food donations. Good opportunity to assist and get ideas to improve our Food Bank drives.
* The Public Library is offering *Food for Fines* this month. Make a food donation to offset book fines, or just donate food.
* Carol has tickets for the beautiful queen-sized quilt made by Sarah Ross. $5 each or 5 for $20. Show your support for the *Days for Girls* program by buying tickets and letting your friends know tickets are available.
* KidSport Camrose raffle tickets are available from Lisa or Morris. Winner takes all prizes, approximate value $5,000. 550 tickets available, $25 each or 5 for $100. This is their major fundraiser. Let’s help these 6 dedicated volunteer ladies serve over 140 youth participating in sport.
* Glenda and Shyla hosted a meeting to share ideas on reinvigorating Rotary youth programs in Camrose. Tamara Larson from the district led a discussion of Rotaract and Interact prospects. Rhema, a first year Augustana student from Athabasca, will lead the development of Rotaract and Shyla will lead on Interact. Enthusiasm and optimism were evident in the meeting.
* Glenda and Shyla are close to naming the recipients of our $750 scholarships. With a social media only campaign (budget $213) we got 5,000 views, 149 clicks to application, many comments. We will find out from Glenda how many applications we received. The decision for social media only looks very successful.

Lisa drew the 7 of clubs and will offer **Food for Thought** on October 22nd

**Happy Bucks** for many Thanksgivings with family and friends (including one enjoying 3 dinners), 10km of easy walking trails at Pigeon Lake (cross country in winter?), *Pub Walk* pre-walk, bank error story, wedding anniversaries

We had a spirited *Jeopardy* like game of **This is Rotary**. The team of Varghese, Lisa, Carol and John edged out Robyn, Tricia, Rob and Dean. There was no prize, just good-natured fun.

NOTE:

* Next Monday – evening meeting, 6pm at Casino Hotel – Sanjaya Basnyat presenting on clinic in Nepal. He will also be speaking at the Sahakarini dinner on October 26th.See Varghese for tickets to that dinner.
* Board meeting next Tuesday morning,

Meeting adjourned at 8:00 am

Morris  
587.322.2555