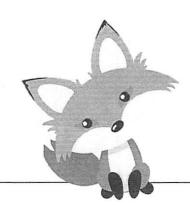


### Women In Need Growing Stronger

### Dove Tales Fall 2018



### Executive Director Update

At WINGS the Board of Directors and staff are committed to providing high quality programs and services to women with children who have experienced intimate partner violence. Domestic violence in Alberta still remains high which results in many women and children who are not safe. Children exposed to domestic violence if untreated may have serious developmental consequences with a physical, cognitive, social and emotional impact. The majority of women involved with WINGS programs continue to score in the extreme level of danger of lethality by their estranged partner.

The feedback from participants of WINGS, The Home Next Door and Outreach continues to be highly rated for the best programs, services and well maintained fully furnished apartments. Imagine for a moment what it would feel like to finally feel safe and supported after a long period of living with fear, trauma and no hope! At WINGS we are committed to supporting mothers, improving parenting effectiveness, mother-child attachment and reducing stress.

We could not do this life saving and life transforming work without your support! Thank you to all of you who support the families at WINGS. There is still much work to do to end family violence. Together we can make a difference.

~Patricia Garrett
Executive Director



Thank you to all who attended our 2018 AGM in June!

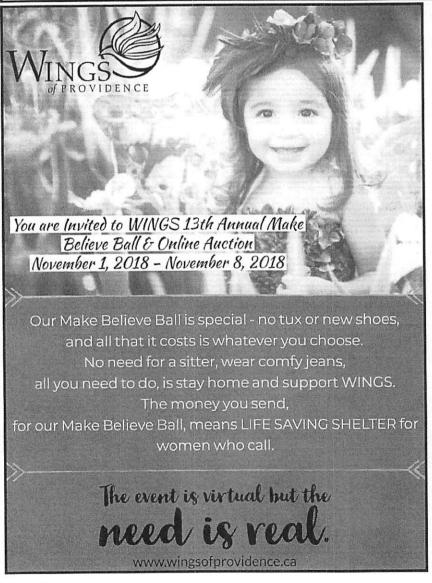


### Meet WINGS' Special Events Committee!



We are grateful to have such an amazing team of ladies on our Special Events Committee! They help plan, organize, and generously volunteer their time at events and fundraisers for WINGS such as the Mother's Day Tea, The Make Believe Ball & Online Auction, Grey Cup Pool Ticket Fundraiser, Casino's and many more. There are no words to describe how thankful we are for each and every member of our Special Events Committee. We couldn't do it without you!

WINGS' Special Events Committee: Linda Churchill, Ellie Merrick, Fran Weekes, Deb Myshyniuk, Elaine Andrews, Irene Fehr, Sue McDonald Kathy Yetzer, Heidi Watson, Laurette Morris, Moira Walker, Marie Desrochers, Sarah Martinez, Andrea Looby, Sarah Filshie-Palmer, Rhonda Janzen.



# NOVEMBER IS FAMILY VIOLENCE It Takes All of Us. PREVENTION MONTH

We are looking for a volunteer to pick up soup from Sunterra Market in Commerce Place downtown once a month and deliver it to WINGS.

#### 2018 Dates

September 20th October 18th November 22nd

If you can help, please contact Rhonda; 780-426-4985



### UPCOMING EVENTS!

Sept

Shower WINGS with Love & Community

16

The Delta Edmonton South—4404 Gateway Blvd 1:00pm to 4:00pm Tickets \$60 ea. or \$450 for table of 8

Nov

Women's Night Out feat. Cea Sunrise Person

The Derrick Golf & Winter Club—3500 119 Street 7:00pm to 10:00pm Tickets \$100 ea. or \$900 for table of 10

Nov 1-8

WINGS' Make Believe Ball & Online Auction

No need to buy a new dress or shoes, stay at home, make believe, and join us at our online auction!

Dec TBA

Christmas Wrapping!

We will need some dedicated and talented wrappers in December

Visit our website for more info and to purchase your tickets!

### SHOWER WINGS WITH LOVE & COMMUNITY



Sunday September 16th 2018 @Delta South 1-4pm



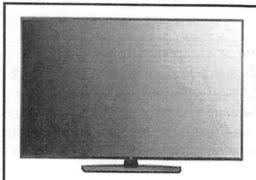
A community SHOWER for WINGS; Help to provide a safe and caring HOME to women who have left domestic violence, by bringing gifts for the apartment suites.. NEW pillows & Twin sheet and comfortensets, Gift Cards (Sabeys, Shappers Drug Mari, Walinart, etc.), Teasters, Microwaves, Carlee McKers, Dreads, Park and Pons, Mugs, Dish sets, Carbage Cans, Broom

Tickets: \$60 each or \$450 for a table of 8



To purchase tickets, visit our website www.wingsofprovidence.ca





WINGS is looking for 27-32" Flat Screen TV's for our fully furnished suites. The larger Tube TV's are burning out and difficult to lift. If you have a Flat Screen TV that you would like to donate, please contact Sarah at 780-426-4985.

### Child Care Chatter

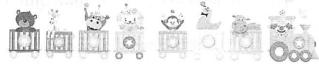
What a happy, active, sun-filled summer we have had! The children have experienced many SUN-sational adventures both indoors and outdoors. The summer began with our annual Summer Kick-Off/Canada Day BBQ. There was an array of red and white in the WINGS' playground as families participated in the numerous carnival games and enjoyed a summer picnic together. The children explored a Beach and Fish theme, learning about starfish, painting shells and fishing in our "fish pond".

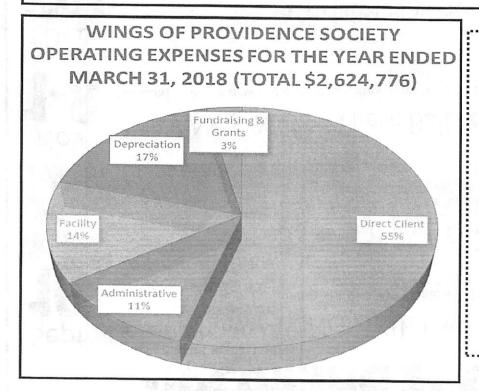
The day the Petting Zoo came was probably the highlight of our summer adventures. The children were very intrigued with the animals and were completely engrossed with patting, brushing and cuddling the variety of animals that came to visit. Our Camping and Teddy Bear's Picnic themes supplied us with a myriad of opportunities of learning and fun. Painting with "nature brushes", exploring a nature sensory bin, pretend play with tents, cameras, binoculars, flashlights and setting up a Teddy Bear's Picnic with our very own teddy bears from home, provided an abundance of imagination and enjoyment.

Our summer of adventures were completed with a Tie Dye Family Day and Circus theme. Face paints, circus games, clown, and circus crafts led up to a wonderful Tie Dye Family Day where each family member fashioned their very own tie dye t-shirt. What a display of creativity!

Thank you to all who support us so we can continue providing the opportunity for healing and growth through our programs and through our times of play and adventures!

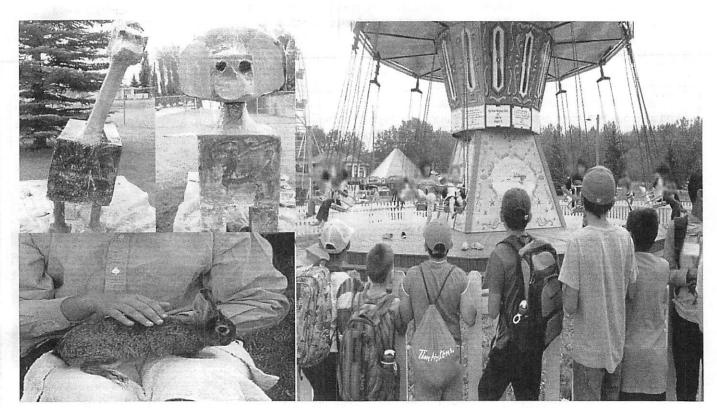
~Jane Kooistra Child Care Supervisor







Are you looking for a unique volunteer experience? We are in need of volunteers with trucks to help out by occasionally picking up gently used furniture in the community and bringing it to WINGS. If you are interested, please call Rhonda at 780-426-4985.

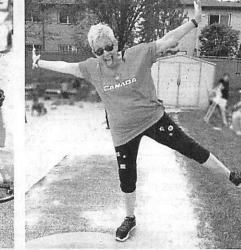


## SUMMER FUN!

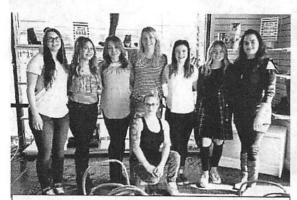












The WONDERFUL ladies at Charisma Hair Fashion continue to pamper the women from the Home Next Door with haircuts and treats!



Thank you to our friends at Mowbrey Gil who donated BRAND NEW PILLOWS to WINGS!



Staff Rhonda (L) accepts a generous donation from Carmen Grayson on behalf of SEARIC for the Rocky Forest Daycare.





The Edmonton Community Foundation made it possible for WINGS to purchase 96 new mattresses for WINGS, thank you!



Ardis Beaudry, a longtime supporter and great friend to WINGS celebrated her 90th Birthday in July. Happy Birthday Ardis!





Diane and the amazing staff at Shoppers Drug Mart The Meadows hosted a Bollywood night with proceeds going to WINGS!



Staff from BIMBO Canada hosted a BBQ for all the families at WINGS and the Home Next Door. Here they are presenting a plaque to E.D., Pat and Mgr, Resources, Rhonda.



The Job's Daughters did a great job serving tea at our 23<sup>rd</sup> Annual Mother's Day Tea, and their home made mugs sold out in no time!!



Diane Taillifer is our back to school shoe angel—thank you once again for buying a brand new pair of shoes for each child at WINGS!



WINGS staff Sarah and Summer Student Allie attended the Humanities 101 Art Exhibit "7 years: An Exhibition of Women's Knowledge" at the U of A. Thank you to the amazing Lisa Prins!



The Double Diamond Square Dancers hosted a fundraiser for WINGS and raised over \$1000! If you enjoy square dancing—this is the club to join!



Summers students Amy and Jessica are ready for anything!



We are grateful to Alberta Furnace Cleaning and it's crew for cleaning the air ducts at WINGS for absolutely no cost. What a big job and generous gift. Thank you to Mike Ramirez and Dana Ratcliffe (right picture, L,M, with staff Rosie) for making this possible.



WINGS staff L-R, Rhonda and Pat had a wonderful time at Highlands Golf Club in August at the EEBA's Annual Golf Tournament in support of WINGS. As always a TEE-riffic day!



Through the Canada Summer Jobs program, we had 3 wonderful Summer Students to work with. Thank you for all your hard work Amy, Allie, and Jessica!

### News from the Rocky Forest Daycare & Out of School Care...

Throughout the Summer months children of all age groups continued their learning outdoors! They had a fun time seeing and experiencing the changes in nature. Teachers planned activities according to the children's interests and developmental needs. The Out of School Care and Kinder's group took care of their flower and vegetable plants. They grew tomatoes, beans, and pumpkins. Preschool and toddlers learned to water the plants and feed birds. It was exciting for the children to contribute to the daycare compost with their teachers, make recycled crafts, and help to collect recyclable items. They really enjoyed the water park picnic with pizza lunch.

Daycare and Out of School Care celebrated a multicultural week in August- food, music, books, stories, and games from different cultures. Moms also participated with their children. Teachers played an important role encouraging children to learn about different cultures. They cooked ethnic food, dressed up, and provided them with books, stories, handy craft items, music and pictures from their cultures.

A great Summer was enjoyed by all. We can't wait to see what Fall will bring. Thank you all so much for your support!

~Deepika and the Rocky Forest Daycare and Out of School Care Staff







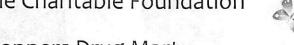
We have some exciting news! Our **Home Next Door Youth Room** construction is complete! Our grand opening will be planned for this fall and we're looking forward to sharing it with you - stay tuned for photos and follow us on Facebook! Thank you to our amazing supporters...

Government of Alberta Community Facility Enhancement Program

Brenda Schienmann

Kristie Charitable Foundation

Dr. Stefanie Vogt



Dr. Ryan Vogt

Shoppers Drug Mart

Anonymous



### Thank you from a Mom at WINGS

We live in WINGS of Providence's Home Next Door. A place where no one can get to us. We feel safe here because everybody in WINGS cares about us, about our safety and our well being. Our life started the day we stepped in WINGS of Providence. They treat us like we are special; they are so generous, so caring, so empathetic and so tolerant that I was thinking maybe it is just a beautiful dream. They don't see your colour or your religion, they only see human beings suffering and they think that those human beings don't deserve to suffer. They have the right to live a decent life, to feel safe and free.

WINGS of Providence support us emotionally by teaching us how to protect ourselves from abuse and how to set up safety plans to keep ourselves safe. They help us recover and to show us that there are different and right ways to live and to enjoy our life. My children were so traumatized that they used to confine themselves in the house, in the dark, they were afraid to open the blinds, they hated going outside, even going to school. WINGS of Providence taught us how to start over, how to start fresh. It is never too late to live happy or to make good choices and make the right decisions. WINGS of Providence support us financially by providing us with shelter, daycare, food, clothing, toys, and awesome weekends in camp, parties both outside and inside WINGS, and presents at every single occasion, celebration or holiday.

By the way, my children's first experience with camps was with WINGS of Providence and mine as well. We couldn't believe that WINGS' only concern is to make us happy. With WINGS of Providence & Home Next Door, I learned how to manage my money to feel independent and live with dignity. WINGS of Providence taught us how to live healthy, how to take care of ourselves and how to manage our stress. Along with counselling, teaching us about domestic violence, and support with legal issues, they provide programs such as yoga, massage, and healing circle... which show us that it is normal and legal to think of our well being, that we are not machines, we are not slaves. In WINGS of Providence, our life is ours and ours only.

Life here is simple. I have to take care of myself and my children and plan for our future, it is unbelievable! Sometimes I think that if WINGS of Providence didn't exist, what was going to be of our life? How were we going to find our way out and how was I going to make it work for myself and for my children? The WINGS programs are a must for victims like us. We take our energy, our power and our strength from all the staff of WINGS of Providence. I am truly grateful to be part of this beautiful world. It is almost Utopia. My life and my children's make sense now because we live in a place where people are delicate, sensitive, sane, and rational, and value common sense. We are finally safe, free, and happy and determined to watch over that blessing and make it last by showing WINGS of Providence that their efforts and hard work weren't in vain. My children are doing really well in school. They are thinking positive and they are planning for their future. They decided to overcome all the horrible things they have been through and look forward. They learned how to enjoy life, how to dream and how to make their dreams come true.

It is important for me to have a career in Canada, to be a decent citizen and give a good example to my children and show them that everyone can change her destiny if she wants. The credit goes to WINGS of Providence because they made it possible and easy for us. Thank you WINGS of Providence for everything.

~From a Resident at WINGS' Home Next Door





WINGS' 23rd Annual Mother's Day Tea was another huge success! Thank you to everyone who came out to support WINGS!







				A
			16	
NT	Ton	TO		9
V	<b>NTI</b>	10	5~	
	of P	ROV	IDEI	NCE

Families at WINGS struggle constantly with poverty and all the barriers that brings. Please support WINGS. Cheques payable to: WINGS of Providence, **or** you can donate by credit card, **or** you can donate online at www wingsofprovidence ca

of PROVIDENCE at www.wingsofp	providence.ca	
\$5 Membership	\$35\$50	_(\$75)
\$100 \$150	\$175 This will send a	This goes to 3 days-healthy ch
Surprise Us	child to Camp goWoChAs for one weekend	care snack
I would like to support WINGS v (tax receipt issued annually in December	with a monthly contribution	
Payment		
VISA/MC/AMEX #	Expiry Date (Month/Year) _	a to grass of s s. <del>dystro</del>
Name (as it appears on Credit Card )	t ignu <sup>ta</sup> chiscoshia ba Sirin	
Address	physical control of the section of t	* 3
E mail	Phone	n 13-pagen gering. George
THANK YOU for your gi	ift. Together we can make a difference	

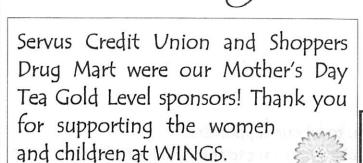


It's that time of year again and WINGS is short on the following supplies:

 scientific calculators (the simple ones for junior high and grade school)

 combination locks (for four junior high kids)

- graph paper
- markers





STAY INFORMED ON WHAT'S HAPPENING AT WINGS!

FOLLOW US ON FACEBOOK, TWITTER, AND INSTAGRAM!

4

Wings of Providence



@wingsofprov



wingsofprovidence



#### **Statistics**

From April 1, 1987 to July 26, 2018 WINGS has accommodated 1232 families including 2804 children For a total of **4036** persons





Above: Heather Ungar from Servus Credit Union. Left: Nicholas Leong from Shoppers Drug Mart



BOARD OF DIRECTORS
Cathy Jo Kickham, President
Ellie Merrick, Vice President
Leigh Newton, Treasurer
Nicholas Leong, Secretary
Linda Churchill
Dr. Cynthia Zutter
Sr. Margarete St. John
Tami Wetmore
Jonathan Kitteringham
Heidi Watson
Katie Clackson
Sarah Doyle
Glenn Quinn
Mark Thibeault

STAFF
Patricia Garrett, Executive Director
Rhonda Janzen, Mgr Resources/Develop
Karen Kingdom, Program Coordinator
Chantal Hunter, Outreach Worker
Loralee Scobie, Support Worker
Ashleigh Muchortow, Support Worker
Rosemary Kuntz, Facility Coordinator
Jane Kooistra, Childcare Supervisor
Dianne Devereux, Childcare
Cassandra Williams, Childcare
Sarah Filshie-Palmer, Fund Dev. Assist.
Sharon Harding, Accounting
Amirtha Santhiran, Accounting
Debbie Gregg, Youth Worker
Trish Orizaga-Brocks, Transition Worker
Crystin Kilmarnock, Youth Worker HND
Beth Chudy, Security/Reception
Dionicio Barrales, Security/Reception

Gayle LaCasse, Security/Reception
Nikki Nicholson, Security/Reception
Timothy Rauf, Security/Reception
Kitiara Bos, Security/Reception
Kitiara Bos, Security/Reception
Amanda Strachan, Security/Reception
Amanda Strachan, Security/Reception
Henny Stobbe, Facility Cleaning/Hskp
Lukasz Kosierb, Maintenance/Security
Daniel Lower, Caretaker—HND
ROCKY FOREST DAYCARE & OUT OF
SCHOOL CARE STAFF
Deepika Dixit, Program Coordinator
Rekha Subedi, Asst. Program Coordinator
Carmen Lopez, Child Care Worker Lv.3
Sophie Eslinger, Child Care Worker Lv.3
Gulnaz Nawaz, Child Care Worker Lv.3
Annie Yun Tsai, Child Care Worker Lv.3
Rita Panthi, Child Care Worker Lv.3



3949 18/8 xxP 1(F) Rotary Club of Spruce Grove PO Box 3062 Spruce Grove, AB T7X 3A4



Thank you to all our supporters. Every gift large or small is important to the families living here.



Housing and Homeless Supports Community Services & Supports Division

### WINGS is a proud member of



"The dove in the ACWS logo symbolizes a dove for peace; clasped hands portray our unified voice; and a heart represents the courage and caring of shelter workers and the women and children they serve".

Albertan Government



