

## Things to bring to the Adventure in the Environment (2 pages)

### ***Gear needed for the adventure: Part 1***

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1. Comfortable hiking boots or running shoes (plus an extra pair – water shoes if you have them)
2. Rain coat or poncho (waterproof pants and rubber boots might come in handy if you have them)
3. Warm weather clothes (shorts, t-shirts)
4. Cold weather clothes (remember – it's best to dress in layers that you can put on or remove according to the weather – including: a) long underwear b) mitts or gloves c) warm socks (wool socks are great!) d) sweaters (polar fleece is great!)
5. Enough clothes so that you can always have spare change of clothes with you
6. Bug shirt if you have one (we'll be spending a half day in the forest – at times it has been full of mosquitoes!)
7. Sun block and bug spray
8. Bathing suit and towel
9. Binoculars (if you have some)
10. Hat (to protect you from the sun)
11. Backpack / schoolbag for daily excursions
12. Camera (optional – but highly recommended)
13. Water bottle
14. Note pad and pencil
15. Extra socks
16. Health card/health insurance card
17. American adventurers might want to bring a small amount of Canadian currency
18. Extra items for the bat experience – see the list below
19. Your curiosity and sense of adventure!!!

## Things to bring to the Adventure in the Environment – part 2

### **Equipment & Clothing needed for the Bat Adventure session**

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1. one complete change of warm clothes (socks, underwear, shoes, sweater, pants and jacket)
2. an old long-sleeved shirt or sweater and pants with a thin layer to be worn underneath – if you have them, full paint coveralls are great
3. flashlight and spare batteries (a head lamp is better if you have one)
4. a hard hat (if you have one) otherwise we will provide one
5. gloves (regular or gardening gloves)
6. hiking boots or old running shoes
7. plastic bag to throw all the dirty (and maybe wet) clothes into
8. knee pads (optional if you have to crawling in the small spaces)
9. an old towel

**THE TEMPERATURE MAY BE QUITE COLD ON THE BAT ADVENTURE – IT IS AN EVENING EVENT.**

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- **DO NOT WEAR GOOD CLOTHES BECAUSE THEY MAY GET WET, MUDDY, AND STAINED!**
  - **DON'T WEAR ANYTHING RESTRICTIVE BECAUSE YOU WILL WANT TO BE ABLE TO MOVE EASILY.**
  - **THE BATS HAVE BEEN HARDER TO FIND IN RECENT YEARS BECAUSE OF WHITE NOSE SYNDROME BUT THE EVENING EVENT DOES NOT GET CANCELLED!**
  - **DON'T BRING: Clothes that you don't want to get dirty**
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#### **CELL PHONES:**

Students may bring cell phones but must leave them at the home of the host family and not bring them to the daily sessions – complete focus and attention are needed. You will be participating in an intense learning experience in environmental biology. If you inadvertently bring your cell phone with you, one of the Rotarians accompanying the group will be more than pleased to make sure that it is in a safe place until the end of the day!! You want to look for fish in the creek, marsh, or river, not phones!

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