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ROTARY CLUB OF WEST OTTAWA
Jean Bégin, President
May 23, 2017 Editor: Rocco Disipio

Program May 23, 2017- Dawn Cooper & Susan MacIntosh, Hospice Care Ottawa

On this sunny Mid May afternoon, we were warmly greeted by **Larry Chop** and **Peter Fisher**. There was an excitement in the room as Rotarians, dressed up and looking our finest, stood for the 60th Anniversary photo shoot. **Ken Murray** registered our guests, **Joan Heyland** and **Norm Thomas** collected and recorded our lunch payments and **Peter Gilman** sold tickets to this week's Past Presidents Draw.

Promptly at 12:30 **President Jean Bégin** invited **Carol Bell Thompson** to the Head Table as she was to introduce our guest speakers. **Maestro Rod Holmes** led us in the singing of O Canada and a very thoughtful and meaningful Grace was delivered by **Hadi Mortada** reminding us to be very thankful for each and every day; a very timely Grace in view of our program.

Ken Murray introduced our guests: guest speakers Dawn Cooper and Susan MacIntosh, Caroline DeWitt, soon to be West Ottawa's newest member, and former member Wilmer Pulido. We rose and welcomed our guests with our usual song.

Peter Gilman, oversaw the PP Draw for a 2 litre jug of Ontario maple syrup (most of our maple syrup locally comes from Quebec). The winning ticket was held by **Carol Bell Thompson**.

Congratulations **Carol** and enjoy the winnings!!!!

With Changeover only a month away, June 27, 2017, **Bob Harrison** reminded us to get our tickets and meal choices in. We hope that about 125- Rotarians, partners and guests- will enjoy the meeting and feast on either steak for \$45 or salmon for \$40 per person. Social time- with cash bar- will start at 5:30, dinner will be served at 6:30 and the Awards and Tributes for the past year will start at about 7:30. Please make this event a priority. Get your tickets from Bob Harrison with the cut off on June 20, 2017. This should be a GREAT EVENING of Recognition, Fun and Fellowship.

Next up **Phil Bronsther** stated that if we enjoyed the food at our 60th Anniversary Celebration we will really enjoy the cuisine at this year's annual BBQ. Slated for June 24, 2017 at the Balys Estate, there will be plenty of food and beverages. Tickets will go on sale on May 30 and it will cost \$25 per person. Once again come enjoy the Fun, Fellowship, Outdoors and Cuisine.

Brett Brooking reminded us of the shoe sorting Saturday, May 27, 2017, starting at 9:30. He asked us to go through our cupboards to find no longer needed shoes/boots we coul. Thank you, **Brett**, for doing excellent work with this program.

President Jean asked those who were not in the group photo taken earlier to stay behind to have their pictures taken. She also informed us that our own Evel Knievel, **Ed Balys**, has taken a tumble and sustained some injuries. Apparently, you should always tie your shoelaces. **Ed** now has a very sore neck, a broken nose and a few other minor scrapes and bruises. **President Jean** cautioned us that, depending on **Ed's** health, we may have to consider an alternative venue for this year's BBQ. More about that later.

Happy Birthday this week to **Mohamed Omar** on the 24th and **Sabby Duthie** on the 29th.

Carol Bell Thompson introduced our guest speakers. Dawn Cooper spent her professional life in Fundraising and Nonprofit Management roles. She retired after managing the Canadian Cancer Society Ottawa office and immediately transitioned to pursuing her love for health care and fundraising on the board of Hospice Care Ottawa (HCO). She is blessed in having three daughters and six grandchildren of whom respectively two and four live in Ottawa. Susan MacIntosh is HCO Manager of Fund Development

Formed in 2013 by the amalgamation of the Hospice at May Court and Friends of Hospice Ottawa, Hospice Care Ottawa (HCO) was established to provide physical, emotional, social and bereavement support to individuals and their families with compassionate, high quality, end of life care. With our aging population and with most people preferring to pass in either their homes or facilities other than hospitals, HCO needs about 60-80 rooms. It has 9 hospice beds at May Court and 10 at a facility in Kanata and is fundraising for more. Care is volunteer driven. There are more than 1,000 local volunteers, and this mighty volunteer base means the cost per patient/resident per day is \$400 as opposed to \$1,000 in hospital. HCO is driven by the adage "We cannot add days to your life, we can add life to your days". With this in mind Dawn is asking the 10 Rotary clubs in Ottawa, to donate \$100,000 to the HCO capital campaign. Should we do so, HCO will name one room at its Ruddy Shinkman House facility in Kanata, as the "Rotary Room".

Carol Waters thanked our guest speakers and called for questions. **Don Butler** asked how HCO, with its limited resources, chooses from the many interested. Dawn responded that some would not benefit from hospice care. HCO offers palliation and comfort only and cannot provide the care needed by those who require serious medical assistance. For the rest, HCO speaks with family doctors, social workers and family members to select the most appropriate patients. Obviously, there are no waiting lists and there are times that the facilities operate at less than capacity. There was a brief exchange with **Doug Heyland** on the possibility of HCO adding to its facilities in the Glebe and Kanata with care provision in rural parts of Ottawa.

Carol Waters again thanked our guest speakers giving them our usual memento and a donation of \$25 for them to Polio Plus

President Jean then presented a Rotary cheque for \$5,000 to Hospice Care Ottawa as a contribution to its fundraising.

Bill Morris now collected Happy Dollars from:

- **Bob Harrison**, sporting a Rotary shirt, had met a former Rotary exchange student while viewing

the tulips at Dow's Lake. This student had spent 6 months in France, become bilingual and now has a job with the federal government. Once again -Rotary in action

- **Ken Murray** met a fellow on the plane who attended RYLA.
- **Ginette Thomas** was very happy that we finally have some sun.
- The **Heyland** Team, **Joan and Doug**, had a wonderful account of their Baltic Cruise. They attended Rotary and Probus meetings and, outside a Helsinki church carved from the granite, they met Ian and Monica Warrick from the Rotary Club of South Ottawa.
- **Carol Bell Thompson** offered up two tickets to the NAC for either Thursday's or Friday's performance.
- **Fred Sirotek** was happy in that it was Tuesday and not raining.
- **Inna Flyazhenkova** was happy to once again be at full health.
- One of us (**Henry Sim**? Your editor apologizes for forgetting who) was happy that his 19-year-old grandson, having recently graduated from Glebe High School and participated in the RYLA Program, which he loved, had then helped with a Habitat for Humanity project in Chile. He is now in northern Alberta planting trees before starting post-secondary education.

With no further business, **President Jean** told us that **Merv Letts** would have a Decorating Committee meeting after adjournment and reviewed the plan for the May 30 meeting which will be in the Church basement. She then adjourned our meeting with her reminders that we are Rotary Serving Humanity and to invite likely contacts to check out our club

Cash Calendar

Here are the winners of the Cash Calendar draws for the period, May 17 – May 23, 2017:

2697 \$25 Frank J. Cedar, Ottawa, ON
3254 \$125 Stephen M. Kennedy, Spencerville, ON
2156 \$25 Victor Omeara, Greely, ON
2145 \$50 Abigail Clark, Iqaluit, Nunavut
3880 \$50 Tiffanie Tremblay, Saint Pascal Baylon, ON
0827 \$25 Ruth Ann Carney, Nepean, ON
3575 \$25 Gerald Tallman, Kemptville, ON

NB: **May 30**, the fifth Tuesday in the month, is **PARTNER'S DAY**.

Tuesday, May 30, 2017

Dirk Keenan: Classification talk

Intro: **Andrew Young** Thanks: **Rocco Disipio**

Greeters: **Bud McGinnis, Ron Doll** Reception: **Navin Parekh**

Payment: **Dave Morton, Fred Christie** Grace: **Dirk Keenan**

PP Draw: **Chris Wanna** Editor: **Gaye Moffett**

Tuesday, June 6, 2017

TBA

Intro: **TBA** Thanks: **TBA**

Greeters: **Joe Wattie, Norm Thomas** Reception: **Fred Sirotek**

Payment: **Sucha Mann, Henry Akanko** Grace: **Linda Flynn**

PP Draw: **Ken Murray** Editor: **Robert Shaw-Wood**