



SpinoFF

ROTARY CLUB OF WEST OTTAWA
Jean Bégin, President
October 10, 2017 Editor: Jack Troughton

Program October 10- Janet Dunnnett: *The Dwindling*- End of life caregiving and the caregivers

GATHERING

Greeters were **Linda Flynn** and **Bruce Brooks**. Lunch tickets were sold by **Mary Wattie**.

President Jean Bégin opened the meeting by asking **Rod Holmes** to make an announcement. **Rod** informed us that a proof of new roster was on each table. Members were asked to review their entry, make necessary corrections and initial it when done.

Susan Diening gave an invocation based on the 4 Way Test.

Ron Scott introduced two Rotary guests: Susan Hopkinson from the Nepean-Kanata club and Paula Zalba from the Montreal-Lakeshore club.

Hadi Mortada conducted the Past Presidents' Draw. The prize, a pen and agenda given by the District Governor and a luggage tag from the Atlanta Convention, was won by **Clive Talbot**.

ANNOUNCEMENTS

There was a sign-up sheet for volunteers to distribute *Dictionary 4 Life* dictionaries. The 17 October meeting was cancelled so that members can be involved in presenting dictionaries to 16 schools. Please volunteer to ensure the continued success of this project

Alan Bowles donated a number of Paul Harris Pins. Have you lost yours? or just want an extra? - see **President Jean**.

Brett Brooking needs four volunteers for shoe sorting.

Susan Hopkinson made an appeal for hosts to help accommodate participants in Adventure in High Technology starting Sunday evening October 15.

Dave Morton announced that the Community Service Committee had received a grant from our Club Foundation, the Foundation's first. He suggested that the Committee consider using the funds toward support for the development of the new housing facility by Cornerstone Housing for Women at the former Jeanne d'Arc residence. This would be in addition to our

contribution to Cornerstone in June. One of the facility rooms may be named for the club.

President's Announcements

Birthdays: **Pardeep Ahluwalia** on the 10th; **Alan Bowles** on October 11; **Keith Henry** on the 13th. And following week there would be **Norm Thomas** on the 21st and **Claudette Léger-Paillé** with **Mary Wattie** on the 22nd. Happy Birthday to all.

President Jean reiterated the need for volunteers for our week of October 16 of distributing *Dictionary 4 Life*

Saturday Oct 21, 1 pm - 3 pm, we can visit the Youth Now Farm and have a guided tour to see if we would like to be part of a joint venture with other Rotary Clubs to refurbish the barn.

World Polio Day being October 24, on October 23, the City will raise the End Polio Now flag. The ceremony will begin at 8:30 at City Hall so please arrive by 8:00 to get organised with the flag for photos

Gaye Moffett will again be offering flu shots in November for a donation. The funds
thu\\ s raised will be donated to End Polio Now.

PRESENTATION

Gaye Moffett introduced Janet Dunnnett, our speaker. Janet has written a book- "The Dwindling, A Daughter's Caregiving Journey to the Edge of Life" -about the experience of her and her twin sister as caregivers over ten years to their parents at the end of their lives. It also gives the results of her considerable research into resources available and needed for older people as their abilities decline.

She described the efforts of the caregiver which are so essential, the needs of the caregiver which are often overlooked and the help and support other family members and friends can give

Our thanks were expressed by **Marilyn Letts**.

HAPPY DOLLARS

Ali Pahlavani collected a harvest of happy dollars from:
· **Larry Chop** talked about buying a chrysanthemum

for a Real Estate Agent whom Larry feels we should remember to approach about Mums for Thanksgiving next year.

- **Ginette Thomas** was happy to have her PhD work behind her so she could enjoy today's talk.
- **Alan Bowles** reported on a great time at Niagara on the Lake.
- **Henry Akanko** had a lovely family week in rural eastern Ontario.

CASH CALENDAR

355 \$25 Carla Murray Carlyle, SK
2327 \$20 Karenne Hartley North Vancouver, BC
349 \$25 Susan & Shawn Riley Kanata, ON
1746 \$20 Steven Donnelly Ottawa, ON
2650 \$50 Michael T. Richard Ottawa, ON
2736 \$25 Wayne Tosh Orleans, ON
3652 \$25 Barbara Nicholls Kanata, ON

· **Linda Flynn** expressed sympathy when **Denzil Feinberg** started on his happiness vignette and realised he didn't have a dollar to contribute.

ENDING

President Jean brought the meeting to a close by reminding us that we are Rotary Making a Difference and that our club always needs new members and we should keep this in our mind as we meet people. Invite them to share lunch with us.

Here are the winners of the Cash Calendar draws for the period, October 4– October 10, 2017

Tuesday, October 17, 2017
NO MEETING

Tuesday, October 24, 2017

Jeremy Klein: *Classification talk*

Intro: **Jim Maxwell** Thanks: **Brett Brooking**

Greeters: **Larry Chop, Carol Bell Thompson** Grace: **Norm Thomas**

Reception: **Ken Murray** PP Draw: **Graeme Fraser**

Ticket Sales/Attendance: **Mary Wattie** Editor: **Cam Ross**

Tuesday, October 31, 2017

Committees meet

Greeters: **Ginette Thomas, Joan Heyland** Grace: **Jen Ahde**

Reception: **Doug Rowlands** PP Draw: **Frank Cranton**

Ticket Sales/Attendance: **Mary Wattie** Editor: **Don Butler**