



# Spinoff

ROTARY CLUB OF WEST OTTAWA

Jean Bégin, President

October 25, 2016

Editor: Joseph Redhead

## October 25, 2016 Today's Program

**Jim and Cameron McGregor** – *Growing the Flavours of the Season.*

### The Meeting

With clear signs that winter is fast approaching we needed the welcoming greetings of **Eugen Achihaei** and **Henry Akanko** to get us warmed up for the meeting. **Joseph Redhead**, subbing for **Bob Harrison**, joined with **Bob St. Eloi** to collect lunch payment.

**President Jean** brings the gathering to order at 12:30 PM and announced that we will be addressed by the father and son team of Jim and Cameron McGregor, who will tell us about the bounty to be found at their family farm. We to sing the national anthem, accompanied by the wonderful sounds of **Rod Holmes'** key board. **Robert Shaw-Wood** offered the invocation and **Fred Sirotek** announced the guests for today:

- \* Ann McGregor, wife of Jim McGregor
  - \* Junko Gupta, wife of **Suren**
  - \* Diana Cranton, wife of **Frank**
  - \* Staley Laviolette, guest of **Dirk Keenan**, and
  - \* Nicholas Robertson, guest of **Ginette Thomas**.
- Nicholas, who hails from Jamaica, is a recent immigrant.

As usual **Rod Holmes** provided the accompaniment for our Welcome Song.

**Clive Talbot** conducted the Past President's Draw, which was won by **Fred Christie**.

### Announcements

#### President Jean

-the Christmas Program will be held on December 13 and there will be no meetings December 20 and 27.

-October 24 was World Polio Day and proclaimed as such by Mayor Watson. A framed copy of the Proclamation was on display at the reception desk and will be displayed at the District Conference.

**President Jean** added that **Marilyn Letts** was instrumental in following up the Club's application to the Mayor's office for the Proclamation.

- members are invited to participate in this year's Running on Empties campaign in support of the Christmas Exchange at the Beer Store in College

Square on Saturday December 17. Empties will be collected there from 10 AM to 5 PM. Eight volunteers are needed as well as one person to coordinate the team.

- **Bea Osome** had spoken to former member Tom Belton who sends his best wishes to all.

- all those in the 60<sup>th</sup> Anniversary Celebrations Committee are asked to attend a meeting to follow. **Gaye Moffett** will offer flu shots to members at the November 15 meeting.

**Joan Heyland** informed us that we cannot rely solely on the efforts of those on the Membership Committee to bring in new members; each of us must do our part.

**Ken Murray** reminded us that the Past President's Dinner would be held on October 25.

**Keith Fraser** spoke about the veterans' role in the Remembrance Day Program.

### Birthdays

**President Jean** extended birthday greetings to: **Norm Thomas** (Oct 21); **Claudette Léger-Paillé** (Oct 22); **Mary Wattie** (Oct 22); **Carol Waters** (Oct 25); **Ali Sochasky** (Oct 26); **Don Butler** (Nov 4); **Joe Wattie** (Nov 4); and, **Anup Subedi** (Nov 7).

### The Program – Growing the Flavours of the Season, by Jim and Cameron McGregor

**Suren Gupta** introduced Jim McGregor and his son Cameron. **Suren** had met Jim in Florida during one of his winter vacations and had discovered that the McGregor family, and especially Jim, followed the philosophy of Rotary very closely. The family served their community as a viable business and through donations of farm produce and money to health care organizations, schools and charity events in their community. Jim is first to the podium and presents a brief account creating his farming operation. He then hands over to Cameron who details of the growth of the family business, the communities that provide labour (Jamaican seasonal farm workers are employed each year, with several being repeat workers), the various technologies used in farming operations, and the variety of products that are produced. The family

had once sold through major grocers in Ontario, but had abandoned this sales avenue some years now in preference to selling directly to the public. **Frank Cranton** thanks the McGregors for a wonderful and informative presentation and presents father and son with small tokens of our appreciation.

## Happy Dollars

**Bill Morris** makes the rounds starting with **Fred Sirotek** happy to have had his drivers licence extended for another 10 years. **Suren Gupta** is both sad to leave his Rotary family but happy to be escaping the winter as he embarks soon for Florida. **Bill Rolph** is happy that he has gotten over the virus that he contracted. **Marilyn Letts** was happy that the City had recognized Polio Day and that several councillors had purpled their pinkies- like the vaccinated children- as a sign of support. **Gaye Moffett** was tickled pink to announce that her firm had passed its ISO Certification Audit. **Denzil Feinberg**, he of the bandaged forehead, was most pleased that the stitches that he sported at lunch would be removed the following day. And, finally, **Sucha Mann** was thrilled that the French

Government had announced bans on the production of plastic dining utensils.

## The Close

**Joseph Redhead** announced that his ERA 2012-2016 group would assemble following the meeting. **President Jean** then closed the meeting, reminding us to invite family, friends and anyone with an interest in serving to join our Club.

## George Grande

As reported in the hard copy Spinoff for October 11, **Ken Murray** told us of a recent conversation in which former member George Grande asked to be remembered to us all and from which we learned that his wife Diane had passed away September 24. Our sincere condolences go out to George on his loss.

## Cash Calendar Winners

The winners of the draw for the period October 11 to 31 will be published in a later Spinoff.

**Tuesday November 1, 2016**

**The Scots Curlers – Eric Armstrong**

Greeters: **Ali Sochasky & Linas Pilypaitis** Reception: **Bill Morris**  
Lunch Payment: **Larry Chop & Carol Bell Thompson** Curlers' Grace: **Eric Armstrong**  
Past President's Draw: **Anup Subedi** Editor: **Graeme Fraser**

**Tuesday November 8, 2016**

**Remembrance Day Program**

**Act of Remembrance: Doug Heyland, Veterans & Pardeep Ahluwalia**  
**Lt Col (ret'd) Dan Mackay:** *How poppies became a Remembrance symbol*  
Intro: **Don Butler** Thanks: **Doug Heyland**  
Greeters: **Denzil Feinberg & Phil Bronsther** Reception: **Jack Troughton**  
Lunch Payment: **Bob Harrison & Navin Parekh** Grace: **Marcia Armstrong**  
Past President's Draw: **Ron Scott** Editor: **Ginette Thomas**