



Conferred on Theresa Jamone, June 25, 2024

Our club changed for the better when Theresa joined our ranks. We soon realized that she had many diverse interests, which she embraced and shared with a unique sincerity, benefitting not only our club, but the community at large. The energy with which she pursued her external interests, including but not limited to advocating for the less privileged, those with mental health issues and the public library, was soon working for the betterment of our Rotary Club.

Theresa jumped right into the life of our Club after she joined by fully participating in the Dictionary4Life Committee, adding valuable insight to the Environment Committee meetings, posting Rotary Cash Calendar sponsor ads on Facebook and Twitter, assisting with the Brewer Park Clean-up Day and the list goes on and on.

She has performed a unique role since joining our Club by utilizing her extensive professional background in transitioning records from paper to digital. Our Club has a wealth of historical documents accumulated since 1957, which she has been transitioning for digital applications.

Theresa has and is performing volunteer service for the community, external to Rotary. Before joining our Club, she illustrated a commitment of service to the community which is a perfect fit for our Club's guiding principle of "Service Above Self". From 1987 to the present, she volunteered/participated with:

- People, Words and Change (tutor to adult learners);
- National Capital Freenet Ottawa – volunteer with new services
- Greenspace Alliance of Canada's Capital
- WISE Ottawa (Women's Initiatives for Safer Environments)
- and this list continues.

Theresa's outlook on life can be summarized by a quote about life from one of her favourite philosophers, Marcus Aurelius, which she proudly displays:

"When you arise in the morning, think of what a precious privilege it is to be alive - to breathe, to think, to enjoy, to love."

Theresa Jamone, please come forward and accept your Paul Harris Fellow Award.

Paul Harris Fellow Award:

At the Club's request Rotary International issues a certificate in the awardee's name and a PHF pin. Paul Harris was the founder of Rotary.

Awardees should meet at least three of the following criteria:

- a. Served a minimum of two years on the Club's Board of Directors;
- b. Chaired two or more of the Club's standing committees;
- c. Performed noteworthy volunteer service in the Club over the years;
- d. Provided extraordinary support or leadership in Club fundraising;
- e. Performed a unique role, or provided a special service, for the Club over a period of years;
- f. Enhanced the Club's reputation or public profile;
- g. Been active on a Rotary district committee;
- h. Performed outstanding volunteer service for the community, external to Rotary.