



THURSDAY, MAY 9, 2024 YAKIMA VALLEY COLLEGE CONFERENCE CENTER

Create Hope
 in the World

CHRISTY BRACEWELL TROTTER YAKIMA VALLEY FARM WORKERS CLINIC



Christy Trotter is a healthcare executive with almost 30 years of experience and longtime Yakima Valley resident. After growing up on small farms in Minnesota and Granger, she attended Central Washington University and graduated with a BS in Accounting. Choosing to come to Yakima, she spent three years at CPA firm LeMasters & Daniels (now CLA) before making one employer change to Yakima Valley Farm Workers Clinic in 1994. Ms. Trotter began her career at YVFWC as a Senior Financial Analyst when there were just 4 locations in the Yakima Valley and a budget of \$22M.

Over the next three decades, Ms. Trotter was part of the management team that grew the organization to one of the largest Community Health Centers in the nation, serving 197,000 people a year with 2,000 employees at 50 locations across Eastern Washington and Western Oregon with a budget of \$350M. The amazing journey and experience provided growth and diverse learning opportunities, leading to elevated roles of Director of Managed Care, Controller, VP of Finance, CFO, and finally, CEO in 2022.

FOR THURSDAY'S MEETING

Greeters – Kyle Curtis, Bob Powers
 Invocation – Rick Pinnell
 Sergeant-at-Arms – Brad Hansen
 Program – Laura Crooks

FUTURE PROGRAMS

May 16th – Brother Mark Murphy,
 The Mission of World-Wide
 Education by the De La Salle
 Christian Brothers
 May 23rd – Yakima Rotary Academic
 Scholarship Awards
 May 30th – Jay Alexander, Comedian
 June 6th – Amber Strunk, LIGO
 Hanford Observatory

MAY BOOK CLUB SELECTION



Enter the brutal and elite world of a war college for dragon riders with this *Fourth Wing*, this month's book club selection.

Written by Rebecca Yarros, this non-stop-thrilling adventure fantasy follows the story of 20-year-old Violet Sorrengail's ordered to join hundreds of candidates striving to become an elite dragon rider. Everyone at Basgiath War College has an agenda; once you enter, there are only two ways out: graduate or die. *It will have your heart pounding from beginning to end* – New York Times bestselling author Jennifer Armentrout.

Get your copy today – start reading – and save the date of June 6th from 5pm to 6pm for the next discussion.

ROTARIANS AT WORK DAY - SATURDAY, APRIL 27TH



MAY'S WACKY WEDNESDAY SECOND CHANCE SOCIAL

May's Second Chance Social is coming with a Twist on an old Tradition. Instead of everyone going to one location, Rotary members and their guests will sign-up in advance and be randomly assigned to different locations. Each site will have a host in charge of ordering hors d'oeuvres and taking a group photo – all you'll need to do is purchase your own drink. The date will be Wednesday, May 29th. An on-line link will be emailed next week.



REVIEW

President Erin had a busy day with announcements supporting community events and Rotary projects. The Yakima Schools Foundation is hosting its Celebrate our Youth event on May 14th at the YVC Conference Center; EPIC is holding an open house the following day on May 15th for their Early Learning Center; and volunteers are still needed for the annual Jobs for Youth Career Fair on Monday, May 13th from 12pm – 7pm at the Henry Beauchamp Community Center. Contact the Rotary office if you can volunteer at the event, hire a youth, or would like to sponsor a youth. Helping out at the meeting were Melissa Brewer as our greeter, Tressa Shockley with our invocation, and Kellie Connaughton whose sergeant-at-arms material was all about the Rotary Trust. Much to her dismay, Jim DeGrasse used most of her content with an announcement about the upcoming Mollie Davis Rotary Trust Golf Tournament.

The Trust was founded in 1994 by our club and expanded to include Southwest and Sunrise Rotary. The mission of the Trust is to serve as a vehicle to receive memorials, bequests and gifts from Rotarians and non-Rotarians. These gifts are then used to select or create projects to enhance the quality of life for our citizens. Examples of projects supported by the Trust have included the Yakima Gateway Sports Complex, Rotary Food Bank, the YMCA Rotary Aquatic Center, and the Rotary Marketplace. Two gifts to the Trust were highlighted. The first was a bequest made by a Rotarian of over \$1 million to support our annual Operation Harvest community-wide food drive. The second was a \$20 million gift from Mollie Davis to fund scholarships. Administered by the Trust, over \$10 million in scholarships have been awarded to local students. The Golf Tournament is one of two fundraisers held each year for the Trust. The Mollie Davis Rotary Trust Golf Tournament is set for Monday, July 22nd at the Yakima Country Club. It is only one of four opportunities offered for non-members to play there. The other is the Rotary Trust Celebration on July 23rd to be held at the Masonic Temple. Put both dates on your calendar. Sign-ups are underway for golf teams. Space is limited.

Sharon Miracle introduced our program speaker Jeff Honeycutt to talk about the Yakima Selah Neighbors Network. The Yakima Selah

Neighbors Network (YSNN) is a local volunteer-based nonprofit organization that empowers senior members to continue living at home for as long as they can so they can maintain independence and lead a vibrant life. The vision is to build and sustain a community where neighbors engage and support one another through the transition of aging. It is based upon a "Village Movement" model that began in Boston's Beacon Hill 20 years ago. YSNN is one of 276 villages in the U.S. There are 11 in Washington state; the Yakima chapter is only one of two east of the Cascades.

What do they do? YSNN connects members for the purpose of creating personal enrichment, fosters friendships and provides activities in the community. They offer practical help with things such as transportation and household tasks from screened volunteers; and if needed aid members in finding resources and providers in the community for needs beyond the scope of their volunteers. It is not meant to duplicate services. Staying active is promoted through social activities, educational, recreational, and cultural programs, minimizing isolation. A member-based organization, members must be 55 years of age or older. The cost of membership is \$300 per year for single members or \$400 for households (2 people). Currently they have 55 members and 38 volunteers. Volunteers are trained and have cleared background checks. Half of the volunteers are also members.

Being part of an organization like YSNN provides both physical and mental benefits. One of the things Covid taught us is that social isolation and loneliness have negative health impacts – an increased risk of chronic illness, depression, more frequent bouts of illness, and longer recovery times. In the U.S. today, half of the population older than 85 years of age live alone. Optimal health requires more than health care. It needs social care. YSNN offers weekly virtual classes, a walking group, coffee group, and balance classes. Monthly activities include dining out, educational meetings, picnics in the park, potlucks and more. All these provide a sense of purpose. It is about neighbors caring for other neighbors – that is a wonderful thing!



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