

OPENING

Time: 6:00
Pledge of Allegiance
Invocation: Jackie Dale

GUESTS

Mike Hollerbach. Pat Gleason, son of Jackie Dale.

VISITING ROTARIANS

None.

BIRTHDAYS

Tom Mercer (2/18) and Beverly Curtiss Walsh (2/19).

ANNIVERSARIES

None.

ROVING REPORTER

Vince Van Tiem
-- Tom Mercer, coaching his last high school basketball game of the season today, freeing him of an unavoidable conflict, hopes to attend more meetings in the future.
-- Mark and Holly Cory are heading to New Orleans on a church mission trip for Habitat for Humanity.

OIL CAN

-- Postponed.

SUNSHINE NEWS

Jackie Dale
Thoughts and prayers to all.
-- Jackie Dale's step-father, Adrien, passed away suddenly Sunday night, at age 97. There will be a visitation at 11:30am with a noon mass at St Joan on 2/16. He previously spoke to the club about his WWII experiences.
[Grosse Pointe Rotary Meeting, Jan 27, 2021 \(youtube.com\)](https://www.youtube.com/watch?v=...).
-- Mark Cory's mother, Christina, age 98, passed away under home hospice care on 2/11. There will be a private family service in March.

COMMUNITY SERVICE

-- The next food drive for The Second Mile Center at GP Memorial Church will be on 3/9.
-- Kids Against Hunger will take place on 3/23 at the War Memorial. Details to sign up are in Judy's Monday email.
-- There will be a Forgotten Harvest volunteer opportunity on 4/6.
-- On 4/13, there will a Moross Greenway clean-up.

MEMBERSHIP R&R

(Recruiting & Retention)
-- The Club is having another "Pick 6" initiative, where the membership is asked to invite 6 people to attend our 3/13 meeting. Mark Cory will send out a sample email to use. Past initiatives have resulted in new members!

ANNOUNCEMENTS

-- Congratulations to Ted Everingham, who received the National Outstanding Eagle Scout Award for a lifetime commitment to his profession and avocations! The award presentation will take place at the Eagle Recognition Dinner on 5/29.
-- For the progressive dinner on 4/13, a desert home is needed. Please contact Diane Strickler if able to make your house available.
-- Lunch Bunch: Noon on Friday at Alma's Kitchen.
-- The 2/28 speaker will be Christopher Schultz who will talk about how easy it is for young people to get introduced and addicted to drugs at an early age.

TODAY'S PROGRAM

Nicole & Bob Deem: Learning to Live & Thrive with PTSD

PTSD is a psychiatric disorder that may occur in people who have experienced or witnessed a traumatic event, series of events, or a set of circumstances. Mr. Deem's PTSD is the result of what he experienced during his years as a firefighter.

Symptoms of the disorder may include nightmares (where the individual's mind has them suffering the event again), flashbacks, social anxiety, and altered moods. When Mr. Deem had one of these nightmares, he was not able to function the next day and it took some time for Mrs. Deem to come to grips with this. What has allowed her to thrive are a good therapist, faith, a strong church community, a service dog, medication, a strong trusting marriage, and having a purpose.

The Deems rely greatly on the two service dogs they have owned. To be a service dog, it must be trained to perform a specific task that mitigates a specific disability for a specific person. They stressed that these dogs should be treated like medical equipment, such as wheelchairs, and need to be accommodated in public buildings and basically ignored to be allowed to perform their task.

FLOWER RAFFLE

\$167 in the pot. Heather Mayernik bought the winning ticket but was not able to pick the joker.

CALENDAR

Feb 21: Fellowship Dinner – Antonio's in GP Park.
Feb 28: Chistopher Schultz – Becoming an Addict at age 14.