

Sometimes I like to mess with my husband and hide his stuff where he can't find it. Like I put his shoes in the shoe closet, his jacket on the hanger and his keys on the key hook.

Nurse came in and said Doc, there's a man in the waiting room who thinks he's invisible, what should I tell him? The doctor said Tell him I can't see him today.

At a couples counseling meeting the speaker mentioned that couples are so disconnected that 85% of husbands don't even know their wives favorite flower. Mick turned to his wife and whispered: "It's self rising , isn't it?"

Procrastination is totally a good thing. You always have something to do tomorrow, plus you have nothing to do today.

Why does the need to pee intensify by a million when you are trying to unlock the door to your house?

ALL OF MY CHILDHOOD PUNISHMENTS HAVE BECOME MY ADULT GOALS: EATING VEGETABLES, STAYING HOME, HAVING A NAP, GOING TO BED EARLY.

The longer I look at this the more I understand why aliens don't visit us anymore.



Rotary
Coquitlam Sunrise



Good Morning Report

Editor: Malcolm Kennedy malcolm.rotary@outlook.com

Tuesday, July 14, 2026

Poirier Sport and Leisure Complex

633 Poirier Street, Coquitlam, Room 3, Upstairs
Meeting starts at 7:15 am



Welcome
Markus Fahrner
Exhibits Manager
Coquitlam Heritage Society



About Coquitlam Heritage Society

Coquitlam Heritage Society operates the Mackin House Museum in Maillardville, Coquitlam, aiming to recreate an Edwardian-era home atmosphere. Their intended clients include the general public and history enthusiasts seeking to engage with local heritage. The society is committed to supporting and promoting understanding of local history through its engaging programs.

About Mackin House Museum:

Mackin House Museum is centered around one of the oldest houses in Coquitlam - Mackin House, having been built in 1909 for the Sales Manager of Fraser Mills, Henry Mackin. Having stood for over a century, the Museum is a remnant of the historic French community of Maillardville, the largest French settlement in Western Canada, and of the influx of early immigration by Fraser Mills laborers.

Today, Mackin House Museum hosts exhibits, events, and tours dedicated to showcasing the multifaceted history and culture of the city of Coquitlam. Visitors can immerse themselves in the Edwardian-era building and the history of the associated Fraser Mills community, learn about underrepresented histories of early Chinese, Japanese, and South Asians in the area, and discover the subtle but compounding ways the city has changed so much of the course of just 100 years.





Rotary



(Yinka) Olayinka Hakeem Babalola
2026- 2027
President Rotary International



The 2026-27 presidential message, Create Lasting Impact, reminds us that “change is only the beginning. Impact is what endures.”

July is New Leadership Month

THE ROTARY FOUNDATION

The Rotary Foundation helps Rotary members advance world understanding, goodwill, and peace by improving health, providing quality education, improving the environment, and alleviating poverty. The Foundation is a not-for-profit organization supported solely by voluntary contributions from Rotary members and friends of the Foundation who share its vision of a better world. This support is essential to Foundation grants, which bring sustainable improvement to communities in need.

Our Foundation

The Rotary Foundation transforms your gifts into service projects that change lives both close to home and around the world.

We are Rotary. We are People of Action.

Rotary
District 5050



**Kathleen Olson - RC of Arlington
2026-2027 Governor, District 5050**

Meetings and Member Duties

July 2026

Sergeant - Bob, Greeter - Clive
Coffee/Muffins - Norm

Tuesday, July 21

Mary O'Neill
Talitha Koum Society

Tuesday, July 28

Malcolm Kennedy
Club Assembly - Club Goals for 2026-2027

Tuesday, August 4
NO MEETING

Tuesday, August 11

Arvind & Kiran Jian
Classification

Tuesday, August 18

Don Seitz
CART Presentation

Tuesday, August 25

Tom Mullan
Grandmothers Advocate Group

Rotary Good News of the Week

Looking ahead, together:
A message from

RI President Olayinka H. Babalola

Our ability to *Create Lasting Impact* depends on the strength and diversity of our members. The goal in front of us is clear: Reach 1.25 million Rotarians and retain at least 125,000 Rotaractors by 2030.

But this is not only about numbers.

It is about people.

Every new member brings new ideas, energy, and opportunities. When we truly welcome others and share our stories, we expand Rotary's reach and deepen valuable connections.

Rotary

Coquitlam Sunrise



Coquitlam Sunrise 2026 - 2027

President, Secretary

Malcolm Kennedy

Past President, Membership

Ron Postma

President-Elect

Lois McNary

Treasurer

Stan Wylie

Director: Club & Vocational

Greg Garrison

Director: Community

Hamed Najafi

Director: International

Allan Lawrence

Director: The Rotary Foundation

Bob Moody

Next board meeting: Wednesday, July 22
Cora's Restaurant, at 7:30 am

Weeks of: July 14 - July 20

Happy Birthday

NO ONE THIS WEEK

Happy Anniversary

Tuesday, July 14, (1967)
Stan & Margrete
59 years

Rotary Anniversary

NO ONE THIS WEEK

Upcoming District Events

Noon, Saturday, August 8

Rotary 2026

Hands Across the Border

Heritage Hall, at the Peace Arch
\$50 CDN



Attendance
Last meeting 62%
2026 - 2027 YTD 62%