Remember as a kid when you fell on the trampoline everyone would keep jumping so you couldn't get back up? That's basically life as an adult.

Here's a marriage tip, if you need a new can opener just get a new can opener. Don't give one to your wife for Christmas.

I'm not saying I order from Amazon a lot, but I just received a wedding invitation from one of their drivers.

Some days, the best thing about my job is that the chair spins.

Hugh Hefner became a multi-millionaire staying home in his pajamas.

I'm not having the same result.



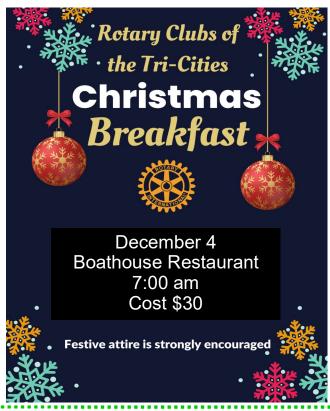




Good Morning Report

Editor: Malcolm Kennedy malcolm.rotary@outlook.com

Tuesday, December 4, 2024





Ron & Hazel's Home 1431 El Camino Drive

Pot Luck - bring something to share

sign up sheet at next meeting







Stephanie Urchick 2024- 2025 President Rotary International



"Don't misunderstand me – we are not going to end polio or bring peace to the world by waving a wand and saying some funny words, It's up to you. You create the magic with every project completed, every dollar donated, and every new member."

November is Rotary Foundation Month

The Rotary Foundation transforms your gifts into service projects that change lives both close to home and around the world. Since it was founded more than 100 years ago, the Foundation has spent more than \$4 billion on life-changing, sustainable projects.

With your help, we can make lives better in your community and around the world.

The Rotary Foundation helps Rotary members to advance world understanding, goodwill, and peace by improving health, providing quality education, improving the environment, and alleviating poverty.



2023-24 Grant Summary

485

106

1,287 global grants

programs of scale grants

\$30m

\$4m
program awards

\$72m

\$2m



Dave Duskin 2024-2025 Governor, District 5050

Meetings and Member Duties

December 2024

Sergeant - Hamed Greeter - Greg

Tuesday, December 3, 2024 No Meeting

December 5, Starfish Drivers Stan, Hugh, Ron, Greg

Wednesday, December 4, 2024
Tri-City Christmas Meeting
Boathouse, Port Moody Hosting
Cost \$30.00

Tuesday, December 10, 2024

Igor Bjelac
Immigrant Link Centre Society
Coffee/Muffins - Norm
Rotary Thought - everyone be ready
December 12, Starfish Drivers
Bob, Hugh, Clive

Tuesday, December 17, 2024
Coquitlam Grill @ 7:00 am
Christmas Gift Exchange
December 19, Starfish Drivers
Bob, Stan, Clive

Tuesday, December 31, 2024 No Meeting

Last meeting attendance 84% YTD attendance 70%



Coquitlam Sunrise 2024- 2025

Executive

President

Ron Postma

Past President, Secretary

Malcolm Kennedy

Treasurer

Stan Wylie

Directors

Club & Vocational

Greg Garrison

The Rotary Foundation, International

Bob Moody

Membership & Programs

John Panrucker

Committee Members

Membership & Programs

Lucille Le, Sherron Regehr

YAIL & RYLA

Karen Kirby

Bulletin

Malcolm Kennedy

Next board meeting: Wednesday, January 15, 2024 Cora's Restaurant, at 7:30 am

Week of:

December 3 - December 9, 2024



Happy Birthday
No one this week

Happy Anniversary

No one this week

Rotary Anniversary
Joined Coquitam Sunrise

No one this week



