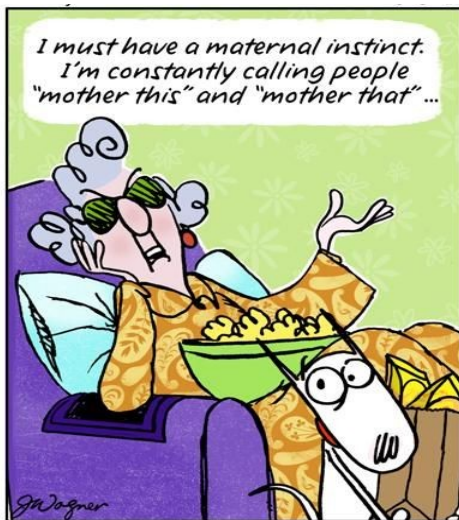
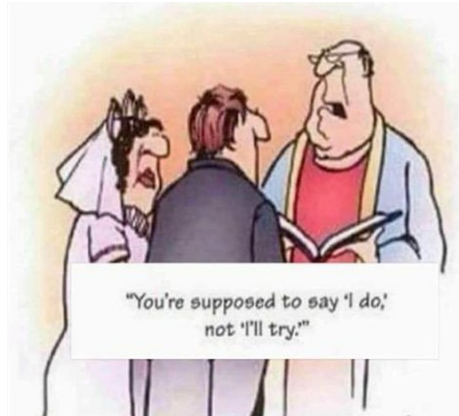




"I admit, I didn't handle that well, but I don't want this to discourage you from being honest with me in the future."



I must have a maternal instinct. I'm constantly calling people "mother this" and "mother that" ...



"You're supposed to say 'I do,' not 'I'll try.'"



Relax David it's just a small surgery, don't panic.

My name is not David.

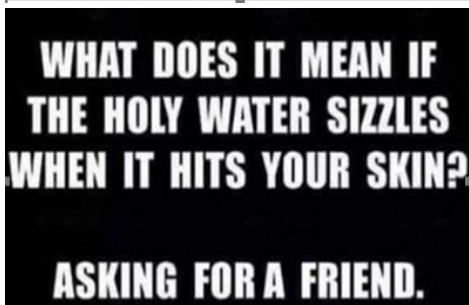


I know. I am David.



Banana Bread.

Follow me for more recipes.



WHAT DOES IT MEAN IF THE HOLY WATER SIZZLES WHEN IT HITS YOUR SKIN?
ASKING FOR A FRIEND.



Good Morning Report

Editor: Malcolm Kennedy malcolm.rotary@outlook.com

Tuesday, December 9, 2025

Poirier Sport and Leisure Complex

633 Poirier Street, Coquitlam, Room 3, Upstairs
Meeting starts at 7:15 am

- Meeting agenda -

2026-2027 BOD Elections

Malcolm to facilitate
Rotary Club of Coquitlam Sunrise
Rotary Club of Coquitlam Centre Foundation

Ecuador Project

Update by Malcolm
2026 Water Filtration Project 2.0 Baños, Ecuador
Global Grant #2685666

Water filtration in 6 schools in outlying area of Baños
Hands on work – painting, gardening, playground repairs
Cost – USD \$58,000

District Grant

Purchase, install Commercial Kitchen Equipment to enable job ready training for unwed mothers at Casa Tao
Hands on work at the Casa Tao home
Cost – USD \$12,000

Speaker/Programs Review

Committee chairs John & Lois
Suggestions
Requests
Road trips

Tuesday, December 9th is SHARE DAY



**UNITE
FOR
GOOD**



Rotary



**Francesco Arezzo
2025- 2026**

President Rotary International



Unite for Good “[It] means involving all members, but not only members, in our service. It means involving [partner] organizations ... local administrations, other voluntary associations. In short, it means ‘expand our reach,’” said Arezzo, who was selected earlier this month as the next president. “Let us create one great shared dream that unites us, that excites us, that changes the world and changes our lives, too.”

December is Disease Prevention and Treatment Month



A sponsored and exciting experience open to all youth, 15-17 years old!

February 6-8, 2026

Timberline Ranch, 22351 144 Ave, Maple Ridge, BC V4R 2P8

YAIL
YOUTH ADVENTURES IN LEADERSHIP
2026

RYLA 2026

Fully Sponsored Rotary Leadership Event for Ages 18-30!

May 28th - May 31st, 2026

Stillwood Camp & Conference
Lindell Beach, B.C.

Unlock Your Leadership Potential: Join RYLA for an Unforgettable Experience!

Connect with driven, like-minded peers, engage in dynamic workshops, inspiring speakers, hands-on activities, and life-changing personal development. This is your chance to transform your future—don't miss it!




Rotary District 5050

Apply Today! www.rotarydistrict5050.org/ryla

We are Rotary. We are People of Action.

Rotary
District 5050



**Isabelle Hayer
2025-2026 Governor, District 5050**

**Meetings and Member Duties
December 2025**

Sergeant - Hazel, Greeter - Lois
Coffee/Muffins - Norm
Rotary thought - everyone be ready



**Saturday, December 6
Gift Bag Packing
1:00 pm
Ron's Home,
1431 El Camino Dr, Coquitlam**

**Tuesday, December 9
Election of 2026-2027 BOD
Speaker review - ideas for next year
Update on Banos Project**

**Tuesday, December 16, 2025
Annual Gift Exchange
Bring wrapped gift, unsigned
max \$25 value**

**This is really a fun gift stealing event
7:15 am Coquitlam Gril
Order and pay off the menu**

**Tuesday, December 23
NO MEETING**

**Tuesday, December 30
NO MEETING**

**Tuesday, January 6, 2026
Speaker TBA**

**EVERY
ROTARIAN
EVERY
YEAR**

Every Rotarian, Every Year Club
For this recognition, Rotary clubs need to achieve a minimum Annual Fund contribution of \$100 per capita during the Rotary year, and every dues-paying member needs to personally contribute at least \$25 USD to the Annual Fund during the year.
www.my.rotary.org/donate

Rotary
Coquitlam Sunrise



Coquitlam Sunrise 2025- 2026

**Executive
President**

Ron Postma

President-Elect, Secretary

Malcolm Kennedy

Treasurer

Stan Wylie

Directors

Club & Vocational

Greg Garrison

Community

Hamed Najafi

International

Allan Lawrence

The Rotary Foundation

Bob Moody

**Next board meeting: Thursday, January 15, 2026
Cora's Restaurant, at 7:30 am**

Weeks of:
December 9 - December 15

Happy Birthday
No one this week

Happy Anniversary
No one this week

**Rotary Anniversary
Joined Coquitlam Sunrise**
No one this week

Special Days

Rotary
Coquitlam Sunrise

**Last meeting attendance 85%
YTD attendance 77%**