

If you put dry teabags in shoes they absorb the odor. So your shoes smell good but the tea tastes so bad it's almost not worth it

**KIND OF SCARY WHEN
THE WEATHER MAN IS
THE CLOSEST ONE TO
TELLING THE TRUTH
ON THE NEWS THESE
DAYS...**

**Cable repairman was on
my street and asked me
what time it was. I told
him it is between 8 am
and 1 pm**

**IDOLIZING
A POLITICIAN
IS LIKE BELIEVING THE
STRIPPER REALLY
LIKES YOU**

In life,
it's important to know
when to stop arguing
with people and simply
let them be wrong.



**I JUST ASKED
MYSELF IF I'M
CRAZY
AND WE ALL
SAID NO**

Meanwhile work continues on the fence at the Canadian border.



Rotary
Coquitlam Sunrise

Good Morning Report

Editor: Malcolm Kennedy malcolm.rotary@outlook.com

Tuesday, January 21, 2025

Poirier Sport and Leisure Complex
633 Poirier Street, Coquitlam, Room 3, Upstairs
Meeting starts at 7:15 am

Welcome to

Candrina Bailey

Executive Director, Coquitlam Heritage Society

Candrina Bailey is the executive director at Coquitlam Heritage, a local non-profit that she has led for almost nine years. The organization provides heritage services to the community, including programs, exhibits, and artifact collection management.



CoquitlamHERITAGE

Coquitlam Heritage Society (CHS) started its operations around June 1993 in the lower level (basement) of Mackin House. Its initial objectives were to restore Mackin House and turn it into a heritage house museum. The renovations were completed in 1999 and CHS opened Mackin House Museum to the public.

Today, CHS offers numerous services to Coquitlam's residents. In addition to yearly exhibits in Mackin House, we offer seasonal tours of the Fraser Mills Train Station and CP Rail 1970's Caboose in Heritage Square. We also operate year-round as a Tourism Information centre for the City of Coquitlam.

We provide a variety of events and workshops for all ages. Educators can request a tour booking and engage in the heritage programs offered online and in person. Our collection includes local artifacts of importance as well as the oral histories of community members, making our collection an evolving mosaic that reflects our city.

Our Mission

Our mission is to engage residents, businesses, community organizations, government, and visitors in the preservation and celebration of and respect for Coquitlam's vibrant and multicultural heritage and diverse communities.



Stephanie Urchick
2024- 2025
President Rotary International



"Don't misunderstand me – we are not going to end polio or bring peace to the world by waving a wand and saying some funny words, It's up to you. You create the magic with every project completed, every dollar donated, and every new member."

January is Vocational Service Month

**DISTRICT 5050
CONFERENCE
2025**

Dates: May 2-4, 2025
Location: Tulalip Resort, Tulalip, WA
\$350.00

WINE & DINE

**PERFECT
PAIRING**

5-courses
5 wines
Supporting food programs in the
Tri-Cities

Saturday, January 25th
All Saints Parish Hall, Coquitlam
Early Bird Tickets: \$100
*until Dec 31st
Tickets Jan 1st - \$115




Rotary
Port Coquitlam Centennial

20th Anniversary!

PRESENTS

ROTARY PUB NIGHT!
Friday, February 28
6:00 PM
\$25.00/ticket
Cat & Fiddle Pub

Includes burger, fries and one drink
For tickets, click on QR code or email
info@pocorotarycares.ca




YAIL
YOUTH ADVENTURES IN LEADERSHIP
2025

**February 28 -
March 2, 2025**

RYLA

May 29 - June 1, 2025

For more Details on
YAIL and RYLA
Programs
Please contact our
Youth Chair
Karen Kirby



Dave Duskin
2024-2025 Governor, District 5050



Meetings and Member Duties January 2025

Sergeant - Hamed, Greeter - Greg
Coffee/Muffins - Norm
Rotary thought - everyone be ready

Tuesday, January 21, 2025

Candrina Bailey - Coquitlam Heritage
Starfish January 23 - Greg, Stan, Clive

Tuesday, January 28, 2025

Lexa Hobenshield & Stephanie Snider
Trans Mountain Expansion Project
Starfish January 30 - Greg, Allan, Clive

February 2025

Sergeant - Emmanuel, Greeter - Allan
Coffee/Muffins - TBA

Tuesday, February 4, 2025

Ken Kuhn

Tri-Cities Seniors Action Society
Starfish February 6 - Hugh, Stan, Clive

Tuesday, February 11, 2025

Dorothea Arnett

Cognitive & Physical Benefits of
Exercise for Older Adults
Starfish February 13 - Hugh, Bob, Clive

Tuesday, February 18, 2025

Family Day, February 17

NO MEETING

Starfish February 20 - Hugh, Bob, Clive

Tuesday, February 25, 2025

Maura Fitzpatrick
Children of the Street
Starfish February 27 - Hugh, Bob, Lucille



Last meeting attendance 68%
YTD attendance 71%

Weeks of:

January 21 - February 24, 2025

Happy Birthday

Sunday, February 2 - Jim
Thursday, February 20 - Karen
Sunday, February 23 - Stan
Monday, February 24 - Allan

Happy Anniversary

No one

Rotary Anniversary
Joined Coquitlam Sunrise

Thursday, January 30, 2024
Lucille Li
1 year

Tuesday, February 12, 2002
Sheron Regehr
23 years



**Eight School
Water Filtration Project**
Supported by 36 members and funds
from District 5020, 5050 and 5060
Benefiting 4,933 students + 380 teachers

January 21 - February 13, 2025

PLEASE NOTE NEXT CLUB BULLETIN
February 25, 2025