

Aliens probably ride  
past Earth and lock their  
doors....

Sometimes it's  
better to just  
remain silent  
and smile.



YOU'LL HIT EVERY CONE  
ON THE HIGHWAY BEFORE  
I LET YOU MERGE IN FRONT  
OF ME BECAUSE YOU  
SAW THAT SIGN 2 MILES  
AGO LIKE I DID 😂

We've been  
friends for so long,  
I can't remember  
which one of us is  
the bad influence.

If Only  
Vegetables  
Smelt As  
Good As Bacon

SO IT TURNS OUT THAT  
BEING AN ADULT IS  
MOSTLY  
JUST GOOGLING  
HOW TO DO STUFF.



Rotary

Coquitlam Sunrise



# Good Morning Report

Editor: Malcolm Kennedy [malcolm.rotary@outlook.com](mailto:malcolm.rotary@outlook.com)

**Tuesday, January 21, 2025**

**Poirier Sport and Leisure Complex**

633 Poirier Street, Coquitlam, Room 3, Upstairs

Meeting starts at 7:15 am

Welcome to

**Carole Brodie**

Executive Director, Coquitlam Foundation



## Carol Brodie – Community Leader & Advocate

Carol Brodie is a dedicated advocate for education and community development, serving as both a School District 43 (SD43) Trustee and the Executive Director of the Coquitlam Foundation. A long-time Tri-Cities resident and mother of two SD43 graduates, she is deeply committed to public education and philanthropy.

As an SD43 Trustee, now in her third term, Carol has held leadership roles including Board Vice-Chair and has contributed to multiple committees, ensuring transparency and fiscal accountability in education. In her role with the Coquitlam Foundation, she leads efforts to support local initiatives through grants, scholarships, and community funding. She also serves on the board of PLEA Community Services, furthering her commitment to social impact.

Carol is passionate about fostering inclusive, thriving communities and strengthening opportunities for all learners and residents.

## About the Coquitlam Foundation

The Coquitlam Foundation is a registered charitable organization dedicated to building a vibrant, healthy, and inclusive community by providing grants, scholarships, and funding to local initiatives. Established in 1992, the foundation manages a growing portfolio of donor-advised and community funds that support a wide range of causes, including education, arts and culture, health, social services, and the environment.

By connecting donors with meaningful opportunities to give back, the Coquitlam Foundation plays a vital role in fostering long-term community development and enhancing the quality of life for residents. Through strategic grant-making and partnerships, it empowers local organizations and individuals to make a lasting impact.

To learn more about the foundation's work or how to get involved, visit

[www.coquitlamfoundation.com](http://www.coquitlamfoundation.com).

Coquitlam  
Foundation



**Stephanie Urchick**  
**2024- 2025**  
**President Rotary International**



"Don't misunderstand me – we are not going to end polio or bring peace to the world by waving a wand and saying some funny words, It's up to you. You create the magic with every project completed, every dollar donated, and every new member."

**February is Peace and Conflict Prevention/Resolution Month**

**DISTRICT 5050  
 CONFERENCE  
 2025**

**Dates: May 2 – 4, Tulalip, WA**  
**\$350.00**

**Rotary**  
 Port Coquitlam Centennial

**20th Anniversary!**  
 2010-2030 • silent auction • fun  
 Food • Drink • Friends

**ROTARY PUB NIGHT!**  
 Friday, February 28  
 6:00 PM  
 \$25.00/ticket  
 Cat & Fiddle Pub

Includes burger, fries and one drink  
 For tickets, click on QR code or email  
 info@pocorotarycares.ca



**Dave Duskin**  
**2024-2025 Governor, District 5050**



## Meetings and Member Duties

### February - March 2025

Sergeant - Emmanuel, Greeter - Allan

Coffee/Muffins - Norm

Rotary thought - everyone be ready

**Tuesday, February 25, 2025**

Starfish, February 27 – Hugh, Bob, Lucille

**Tuesday, March 4, 2025**

Speaker TBA

Starfish, March 6 - Stan, Greg, Allan

**Tuesday, March 11, 2025**

Speaker TBA

Starfish, March 13 - Stan, Greg, Ron

**Tuesday, March 18, 2025**

Speaker TBA

No Starfish, March 20

**Tuesday, March 25, 2025**

Ron Warneboldts - Last Mile Project

No Starfish, March 27

**Tuesday, April 1, 2025**

Ken Kuhn, Tri-Cities Seniors Society

Starfish April 3 – TBA

**Tuesday, April 8, 2025**

Speaker TBA

Starfish. April 10 - TBA

**Tuesday, April 15, 2025**

Speaker TBA

Starfish, April 17 - Stan, xxx, xxx

**Tuesday, April 22**

**No Meeting**

Starfish, April 24 - TBA

**Tuesday, April 29**

City Hall Field Trip - 7:45 am

Starfish, May 1 - TBA



## Coquitlam Sunrise 2024- 2025

### Executive

**President**

Ron Postma

**Past President, Secretary**

Malcolm Kennedy

**Treasurer**

Stan Wylie

### Directors

**Club & Vocational**

Greg Garrison

**The Rotary Foundation & International**

Bob Moody

**Membership & Programs**

John Panrucker

### Committee Members

**Membership & Programs**

Lucille Le, Sherron Regehr

**YAIL & RYLA**

Karen Kirby

Next board meeting: Wednesday, March 19, 2025  
 Cora's Restaurant, at 7:30 am

### Weeks of:

**February 25, - March 3, 2025**

### Happy Birthday

**No One this week**

### Happy Anniversary

Friday, February 28, 1976

Bob & Jo-Ann

49 years

### Rotary Anniversary

*Joined Coquitlam Sunrise*

Saturday, March 1, 2022

Allan Lawrence

3 years

Saturday, March 1, 1991

Reg Tyers

34 years

**Special Days**