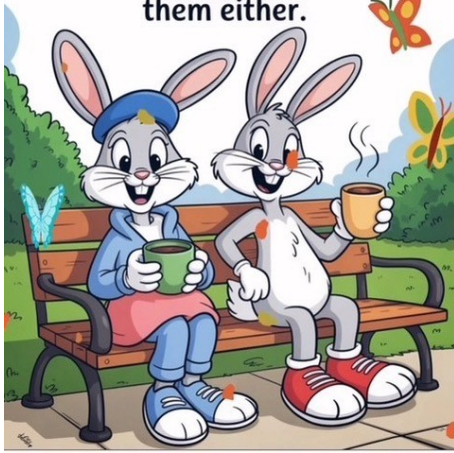




As you get older, your secrets are safe with your friends, because they can't remember them either.



Every few days it would be smart to put your jeans on to make sure they still fit

Pajamas and sweats will have you believe all is well

Things nobody said in the 1970's.. I'll start: "I lost my phone".



My boss calls me "The Computer". Nothing to do with my intelligence - I go to sleep if left unattended for 15 minutes.

When I was younger I would make funny faces in the mirror. Now that I'm older that damn mirror is starting to get even!

Good Morning Report

Editor: Malcolm Kennedy malcolm.rotary@outlook.com

Tuesday, March 3, 2026

Poirier Sport and Leisure Complex

633 Poirier Street, Coquitlam, Room 3, Upstairs
Meeting starts at 7:15 am

Welcome

Chantelle Burga

Executive Director, New View Society



Chantelle Burga has been part of New View Society, serving the Tri-Cities for nearly 15 years, and has been working in the non-profit sector for over 20 years, gaining a wealth of knowledge and expertise in providing services to the most vulnerable in our communities. Chantelle is described as an inspirational, compassionate, and innovative leader with a genuine interest in the welfare of others.

Chantelle brings a deep understanding of the needs of those we serve and an abundance of knowledge of the challenges that the non-profit sector faces. The most prevalent challenge currently is housing affordability. Chantelle is leading New View Society on a journey to bring 84+ additional housing placements for those with mental illness to Port Coquitlam. She has a strong record of engaging and maintaining relationships with community stakeholders and partners, aiming to continue New View's success in building a community around people with mental illness in the Tri-Cities.

Chantelle feels fortunate to be leading an organization and a team that is passionate, empathic, inclusive, highly valued, and deeply loved within the community.

New View Society was established in August 1973 in response to the de-institutionalization of patients from Riverview Psychiatric Hospital. Many previous Riverview patients were now living in the community and needed social, recreational or work programs to assist them with community integration. New View Society was formed to meet that need.



**Tuesday, March 3rd is
SHARE DAY**

**UNITE
FOR
GOOD**



Rotary 

**Francesco Arezzo
2025- 2026**

President Rotary International



Unite for Good “[It] means involving all members, but not only members, in our service. It means involving [partner] organizations ... local administrations, other voluntary associations. In short, it means ‘expand our reach,’” said Arezzo, who was selected earlier this month as the next president. “Let us create one great shared dream that unites us, that excites us, that changes the world and changes our lives, too.”

March is Water, Sanitation and Hygiene Month

District Grants Seminar - March 7 & March 28 (Zoom)

Clubs must qualify to receive Foundation Funds (Grants).

Qualification Requirements

- Attend a Grant Management Seminar – 2 seminars held each year
- Two club members must attend each year**
- One must be the President Elect
- The second should be the club grant writer, club Foundation Chair or the grant writer in training

The Grant Management Seminars for the 2026-2027 **will only be online**

this year. Dates are **March 7 and March 28, 2026** – both seminars will contain the same information.

For more information or to sign up, talk to Malcolm

SAVE THE DATE

Membership Matters - Seminar

Presenter: District Membership Chair Mike Roux

Room #1 Poirier Rec Centre

Thursday, March 19, 2026 @ 5:30 pm Cost \$5 includes light supper

More details to follow

Upcoming Fundraiser

Rotary Club of Port Coquitlam

Pub Night Fundraiser at the Cat & Fiddle Pub

Friday, April 10, 2026

\$25

More details to follow and Malcolm will have tickets

Rotary
District 5050



**Isabelle Hayer
2025-2026 Governor, District 5050**

Meetings and Member Duties

March 2026

Sergeant - John, Greeter - Stan
Coffee/Muffins - March 3 - Hazel
Rotary thought - everyone be ready

Tuesday, March 10

Malcolm Kennedy
Banos 2.0

Tuesday, March 17

ROAD TRIP
SHARE Foundry Tour

Tuesday, March 24

Hedi Darestani
Avee Health

Tuesday, March 31

TBA

Rotary
Coquitlam Sunrise 

Last meeting attendance 81%

YTD attendance 80%

Rotary Club of Coquitlam Spring Shredding

Saturday, March 28

10 AM - 1 PM

Parking lot of
Canadian Tire

BY DONATION

Rotary
Coquitlam Sunrise



Coquitlam Sunrise 2025- 2026

Executive

President

Ron Postma

President-Elect, Secretary

Malcolm Kennedy

Treasurer

Stan Wylie

Directors

Club & Vocational

Greg Garrison

Community

Hamed Najafi

International

Allan Lawrence

The Rotary Foundation

Bob Moody

Next board meeting: Friday, March 20, 2026
Cora's Restaurant, at 7:30 am

**Special
Days**

Weeks of:

March 3 - March 9

Happy Birthday

No one this week

Happy Anniversary

No one this week

Rotary Anniversary

Joined Coquitlam Sunrise

No one this week

We are looking for candidates to
attend **RYLA**

18-30 years old

May 28-31, 2026 Lindell Beach, BC

For more information contact

Karen Kirby directly at

bob.kirby@shaw.ca 604-936-0606

The candidates can be a relative of Rotary.

We are Rotary. We are People of Action.