

Apparently, this is the route
our parents took to school



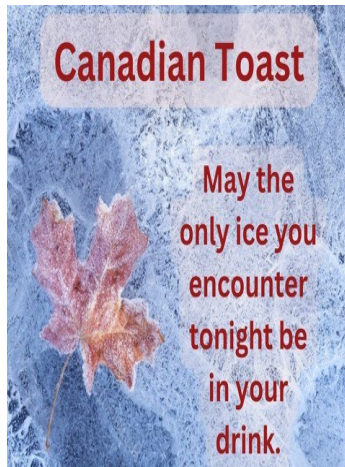
In Canada, "friends with benefits" means
neighbours who have snow blowers.

Sometimes I find Canadian stereotypes annoying, but then I remember we literally drizzle boiled maple syrup on snow and eat it with a stick



Canadian Toast

May the
only ice you
encounter
tonight be
in your
drink.



Rotary



Coquitlam Sunrise

Good Morning Report

Editor: Malcolm Kennedy malcolm.rotary@outlook.com

Tuesday, May 12, 2026

Poirier Sport and Leisure Complex

633 Poirier Street, Coquitlam, Room 3, Upstairs
Meeting starts at 7:15 am

Welcome

Zoe Royer

Member of Parliament
Port Moody - Coquitlam
New Citizen(s) Day!!



Zoe Royer is the Member of Parliament for Port Moody–Coquitlam, bringing a lifelong commitment to community, sustainability, and public service to the House of Commons.

Born in Scotland and raised in Canada, Zoe was inspired early on by her trailblazing parents—her mother, one of Canada's first female OB-GYNs, and her father, a geophysicist. Their example instilled in her a passion for equity, science, and service that continues to guide her work today.

Zoe has called the Tri-Cities home for over 20 years. She and her husband Gaetan raised their family here—and built one of the region's first passive-solar homes in 2009, reflecting Zoe's long-standing dedication to environmental responsibility.

Zoe also has a strong record of public service at the local level. First elected to Port Moody City Council in 2011, she served three terms championing environmental protection, housing affordability, and local arts and culture. In 2022, she was elected as a school board trustee with School District 43, deepening her advocacy for students and families.

In April 2025, Zoe was elected to Parliament as a member of the Liberal Party. She is proud to represent the diverse and dynamic communities of Port Moody, Coquitlam, Anmore, and Belcarra. In Ottawa, she serves on the Standing Committee on Canadian Heritage and brings a collaborative, results-focused approach to national issues.



**UNITE
FOR
GOOD**



Rotary 

**Francesco Arezzo
2025- 2026**

President Rotary International



Unite for Good “[It] means involving all members, but not only members, in our service. It means involving [partner] organizations ... local administrations, other voluntary associations. In short, it means ‘expand our reach,’” said Arezzo, who was selected earlier this month as the next president. “Let us create one great shared dream that unites us, that excites us, that changes the world and changes our lives, too.”

May is Youth Service Month

**Saturday, May 23
Garden Work Party**



**Saturday, May 30
SAVE the DATE**



PORT MOODY ROTARY



**July 17 - 19, 2026
11:00 am - 9:00 pm**

Tri Cities
Rotary  **50/50**
Clubs Supporting

 **STARFISH
PACK**

 **KidSport
TRI-CITIES**

 **SHARE**
FAMILY & COMMUNITY SERVICES

 **FoodLink**

Rotary 
District 5050



**Isabelle Hayer
2025-2026 Governor, District 5050**

Meetings and Member Duties

May 2026

**Sergeant - Greg, Greeter - Emmanuel
Coffee/Muffins - Norm
Rotary thought - everyone be ready**

**Tuesday, May 19
NO MORNING MEETING
Club Social - Pasta Polo
6:00 pm - 9:00 pm**

Sign up sheet at next meeting

**Tuesday, May 26
Nick Zupan, Tom Zajac, Tracy Crawford
Coquitlam Search & Rescue**

**Tuesday, June 2
Foodlink Society**

**Tuesday, June 9
Chris Wilson
Kids Sport**

**Tuesday, June 16
TBA
Special Olympics**

**Tuesday, June 23
Club BOD installations**

**Tuesday, June 30
NO MEETING
End of Rotary Year!
Thanks Ron**

**Tuesday, July 7
Speaker TBA
Welcome to the 2026-2027
Rotary Year.**

Rotary 
Coquitlam Sunrise

Coquitlam Sunrise 2025- 2026

**Executive
President**

Ron Postma

President-Elect, Secretary

Malcolm Kennedy

Treasurer

Stan Wylie

Directors

Club & Vocational

Greg Garrison

Community

Hamed Najafi

International

Allan Lawrence

The Rotary Foundation

Bob Moody

**Next board meeting: Wednesday, May 27
Cora's Restaurant, at 7:30 am**

Special Days

**Weeks of:
May 12 - 25**

Happy Birthday

No one this week

Happy Anniversary

No on this week

**Rotary Anniversary
Joined Coquitlam Sunrise**

No one this week

Rotary 
Coquitlam Sunrise

**Last meeting attendance NA%
YTD attendance NA%**

We are Rotary. We are People of Action.