

Your call is important to us...
Please continue to hold.



In life,
it's important to know
when to stop arguing
with people and simply
let them be wrong.

**Getting old sucks.
I used to wake up
feeling like a
million bucks...
Now I feel more
like a bounced
check.**

A 70 year old man asked his
wife, "Do you feel sad when
you see me running after
young girls?"

Wife replied, "No, not at all.
Even dogs chase cars they
can't drive!"

**Can I order a
replacement body
please, this one is
constantly
malfunctioning**

**I will be posting
telepathically today.
So if you think of
something funny,
that was me.**

**You
were born
to be real,
not to be
perfect.**

**You learn
nothing from
life if you
think you are
right all the
time.**

Rotary

Coquitlam Sunrise



Good Morning Report

Editor: Malcolm Kennedy malcolm.rotary@outlook.com

Tuesday, June 3, 2025

Poirier Sport and Leisure Complex

633 Poirier Street, Coquitlam, Room 3, Upstairs

Meeting starts at 7:15 am

Welcome

Grace Shyng

Co-Founder and Director of Audiology
Healthy Hearing = Healthy Aging.



Grace Shyng is a Registered Audiologist and Hearing Instrument Practitioner in BC, and a Clinical Assistant Professor with the UBC School of Audiology and Speech Sciences. She is the co-founder and Director of Audiology at Network Hearing Health, a comprehensive audiology private practice in Port Coquitlam BC. Grace has nearly 30 years of clinical experience and has worked in many different roles, including Clinical Audiologist, Head of Audiology and Executive Director of a non-profit organization.

Her areas of interest include hearing health and aging, amplification, tinnitus management, and communication accessibility. Throughout her career, Grace has actively volunteered and served on many audiology and professional committees. Currently, she is co-chairing the Help BC Hear Better group, an initiative to create a provincial funding program for hearing health services and hearing aids in BC.



Tuesday, June 3 is SHARE Day





Stephanie Urchick
2024- 2025
President Rotary International



"Don't misunderstand me – we are not going to end polio or bring peace to the world by waving a wand and saying some funny words, It's up to you. You create the magic with every project completed, every dollar donated, and every new member."

June is Rotary Fellowship Month

What is a Rotary Fellowship

Rotary Fellowships are international groups that share a common passion. Being part of a fellowship is a fun way to make friends around the world, explore a hobby or profession, and enhance your Rotary experience.



ROTARY CLUBS OF THE TRI-CITIES

29th Annual Strawberry Sale



Place your order at:
www.abbotsfordsumasrotary.org

PICK UP INFORMATION

TRI-CITIES- Canadian Tire
1200 Sequin Drive, Coquitlam
(Corner of Lougheed Hwy & King Edward Street)

PICK UP DATE: SATURDAY, JUNE 14, 2025
LAST DAY TO ORDER: SUNDAY, JUNE 8, 2025

[Visit our website for a complete list of our pick up locations](#)

SMALL \$48 5 KG PAIL (11 lbs)

LARGE \$92 13.5 KG PAIL (30 lbs)

FRESH

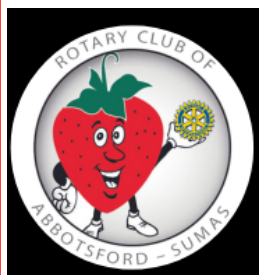
CLEAN

SLICED

NO SUGAR ADDED

NO WATER ADDED

Our product has always been cleaned, sliced and packaged by a Canadian company in Abbotsford. Over the past years we have had to use strawberries imported from Mexico and California as there is not sufficient local strawberries available to meet our quantity and quality needs. Proceeds from our Strawberry Sale are used to support our many Rotary community service projects locally and we thank you for your support.



SAVE THE DATE

Strawberry Sales Pick up
Saturday, June 14, 2025
11:00 am - 2:00 pm
Canadian Tire
Coquitlam



Dave Duskin
2024-2025 Governor, District 5050



Meetings and Member Duties

June 2025

Sergeant - Bob, Greeter - Reg
Coffee/Muffins - Norm ... mostly
Rotary thought - everyone be ready

Tuesday, June 3

Grace Shyng
Healthy Hearing = Healthy Aging
Coffee/Muffins - Lois
Starfish, June 5 - Clive, Ron, Greg

Tuesday, June 10

Club Assembly
Coffee/Muffins - Lois
Starfish, June 12 - Clive, Stan, Greg

Save the Date - June 12, 2025
Club Installation - Ron & Hazel's Home
1431 El Camino Drive, Coquitlam

6:30 PM

Cost \$25 per person - BYOB

Tuesday, June 17

Renee Hamilton - Mortgage Broker
Starfish, June 19 - Bob, Hugh, Greg

Tuesday, June 24
NO REGULAR MEETING
CLUB SOCIAL TIME AND PLACE TBD

Tuesday, July 1
NO MEETING

Tuesday, July 8
Maureen Boyd - Belize Project

Tuesday, July 15
Speaker TBD

Tuesday, July 22
Speaker TBD



Coquitlam Sunrise 2024- 2025

Executive
President

Ron Postma

Past President, Secretary
Malcolm Kennedy

Treasurer
Stan Wylie

Directors

Club & Vocational
Greg Garrison

The Rotary Foundation & International
Bob Moody

Membership & Programs
John Panrucker

Committee Members
Membership & Programs
Lucille Le, Sherron Regehr
YAIL & RYLA
Karen Kirby

Next board meeting: Wednesday, July 2, 2025
Cora's Restaurant, at 7:30 am

Weeks of:

June 3 – June 9, 2025

Happy Birthday

Monday, June 9
Tom Albanese

Happy Anniversary

No one this week

Rotary Anniversary
Joined Coquitlam Sunrise

No one this week

Special Days

Last meeting attendance 70%
YTD attendance 73%

