

“
 The trouble with quotes on the internet is that it's difficult to determine whether or not they are genuine.
 ”
 - Abraham Lincoln
 PenderAbout.com

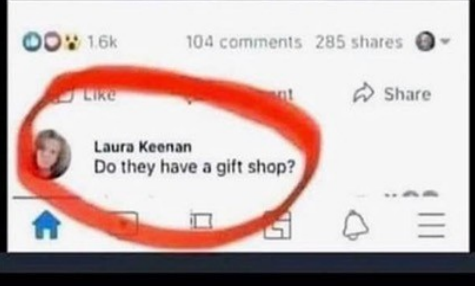


THERE ARE 3 KINDS OF PEOPLE IN THIS WORLD
 THOSE WHO ARE GOOD AT MATH,
 AND THOSE WHO AREN'T



The only person who listens to both sides of an argument is the next door neighbor.

There's a garden in England dedicated entirely to plants that are deadly and can kill you. It's the most dangerous garden in the world. It holds over 100 killers Such as, hemlock, strychnine and nightshade.



Rotary
 Coquitlam Sunrise
Good Morning Report

Editor: Malcolm Kennedy malcolm.rotary@outlook.com
Tuesday, June 2, 2026

Poirier Sport and Leisure Complex
 633 Poirier Street, Coquitlam, Room 3, Upstairs
 Meeting starts at 7:15 am

Welcome to
Igor Bjelac
 Executive, Food Link Society Charity



Igor, leads the organization in creating and implementing Innovative programs to support immigrant integration and community development.

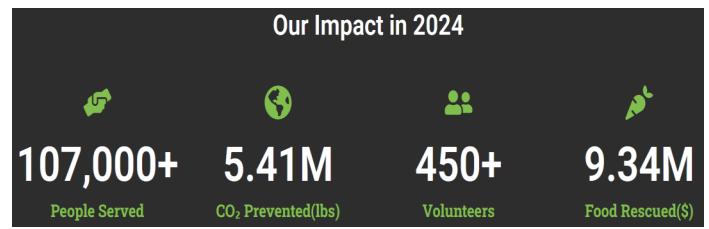
Our journey began in 2015 when a small group of immigrants, during an English as a Second Language (ESL) training at Vanier Centre in Coquitlam, watched a documentary on food waste. Motivated by what we learned, we initiated a food recovery project called "Win Win" gathering unsold food from grocery stores to prevent it from being wasted. What started as a small effort to provide free food for students in the program soon expanded, as we realized how much good, edible food we could rescue and distribute.

Everyone deserves the dignity of a full plate We turn rescued food into opportunity — nourishing families, seniors, newcomers, and others facing barriers to healthy meals. By putting good food back into our community, we help reduce hardship and promote well-being across the Lower Mainland.

PREVENT FOOD WASTE Every meal saved is a resource preserved — for both people and the planet. At Food Link Society, we rescue surplus food from grocery stores and deliver it the same day to those who need it most. By keeping good food out of landfills, we reduce environmental harm and ensure every edible item finds a purpose.



Food Link Society Charity



Tuesday, June 2, is SHARE Day
 SHARE FAMILY & COMMUNITY SERVICES

**UNITE
FOR
GOOD**



Rotary 

**Francesco Arezzo
2025- 2026**

President Rotary International



Unite for Good “[It] means involving all members, but not only members, in our service. It means involving [partner] organizations ... local administrations, other voluntary associations. In short, it means ‘expand our reach,’” said Arezzo, who was selected earlier this month as the next president. “Let us create one great shared dream that unites us, that excites us, that changes the world and changes our lives, too.”

June is Rotary Fellowships Month

The Rotary Foundation announced on 6 May the recipient of the 2026 **Programs of Scale grant**, Collaboration for Sustainable Water and Sanitation Systems in Haiti. By expanding people’s access to water, sanitation, and hygiene, increasing demand for these services, and strengthening the governance of local water systems, this program aims to improve living conditions and reduce the incidence of waterborne disease by 25% in three local government areas in Haiti.

How it works: Each year, one approved project will receive **\$2 million** from The Rotary Foundation’s World Fund. Each grant will support, for three to five years, activities that align with one or more of Rotary’s areas of focus.

TriCities Rotary Pollinator Garden Saturday, May 30th!

This will be a fun, hands-on day - and an important contribution to our community and local environment.

Pollinator gardens play a vital role in supporting bees, butterflies, and other essential species, and we’re proud to be part of that effort.

Join us as we work side by side to make a lasting impact. We look forward to seeing everyone there!

- **Where:** Coquitlam Crunch, east of the intersection of Landsdowne Drive & Steeple.
- **Time:** 10 am - 1:00 pm
- **Project:** All 4 Tri-Cities club to participate in planting a pollinator garden – light manual labour (bending, planting, lifting potted plants).
- **Supplies:** All gloves, tools, and planting materials provided by the City of Coquitlam Parks Department.
- **Clothing:** Please dress for the weather.



We are Rotary. We are People of Action.

Rotary
District 5050



**Isabelle Hayer
2025-2026 Governor, District 5050**

Meetings and Member Duties

June 2026

**Sergeant - Stan, Greeter - Norm
Coffee/Muffins - Norm
Rotary thought - everyone be ready**

Tuesday, June 9

**Chris Wilson
Kids Sport**

Tuesday, June 16

**Ariel Taylor
Special Olympics**

Tuesday, June 23

Club BOD installations

Tuesday, June 30

NO MEETING

End of Rotary Year! Thanks Ron

Welcome to the 2026-27 Rotary Year

Tuesday, July 7

Hazel Burnell - Classification Talk

Tuesday, July 14

**Marcus Fahrner
Coquitlam Heritage Society**

Tuesday, July 21

**Malcolm Kennedy
Club Assembly - Club Goals for 2026-2027**

Tuesday, July 28

Speaker TBA

Rotary

Coquitlam Sunrise



Last meeting attendance 67%

YTD attendance 78%

Rotary
Coquitlam Sunrise



Coquitlam Sunrise 2025- 2026

Executive

President

Ron Postma

President-Elect, Secretary

Malcolm Kennedy

Treasurer

Stan Wylie

Directors

Club & Vocational

Greg Garrison

Community

Hamed Najafi

International

Allan Lawrence

The Rotary Foundation

Bob Moody

**Next board meeting: Wednesday, July 22
Cora's Restaurant, at 7:30 am**

Special Days

Weeks of:

June 2 - June 8, 2026

Happy Birthday

No one this week

Happy Anniversary

No on this week

Rotary Anniversary

No one this week

RIBFEST

July 17 - 19, 2026

11:00 am - 9:00 pm

Tri Cities
Rotary
Clubs



50/50
Supporting