

When you feel all is lost,
and there's no hope left...
remember the lobsters in the
tank at the Titanic's restaurant.



STARTING YOUR
DAY WITH AN
EARLY MORNING
RUN IS A GREAT
WAY TO MAKE SURE
YOUR DAY CAN'T
GET ANY WORSE
THAN IT STARTED

One big difference
between men and women
is that if a woman
says "Smell this",
it usually smells nice.

**A million kids want
to clean up the
earth.
A million parents
want them to start
with their rooms.**

**Life's short. Make
sure you spend
as much time as
possible on the
Internet arguing
with strangers
about politics.**

**YOU CANNOT RAISE YOUR
CHILDREN THE WAY YOUR
PARENTS RAISED YOU.
BECAUSE YOUR PARENTS
RAISED YOU FOR A WORLD
THAT NO LONGER EXISTS.**

**SOME TALK TO YOU IN
THEIR FREE TIME,
AND SOME FREE THEIR
TIME TO TALK TO YOU.
LEARN THE DIFFERENCE.**

**Cell phones
bring you closer
to the person far
from you. But
take you away
from the ones
sitting next
to you.**

Rotary
Coquitlam Sunrise



Good Morning Report

Editor: Malcolm Kennedy malcolm.rotary@outlook.com

Tuesday, June 10, 2025

Poirier Sport and Leisure Complex

633 Poirier Street, Coquitlam, Room 3, Upstairs

Meeting starts at 7:15 am

Club Assembly

How to access Coquitlam Sunrise

Clubrunner <http://portal.clubrunner.ca/657>

Please bring your phone, tablet, or computer and your password so you can login and learn first hand.

Rotary
Coquitlam Sunrise



**ROTARY CLUB OF
COQUITLAM SUNRISE**



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June 12, 2025

Meet & Greet 6:00 pm

Installation Program 6:30 pm

Home of Ron & Hazel Postma
1431 El Camino Drive, Coquitlam

2025-2026

**Installation of President Ron Postma
and the Board of Directors**

President, Past President
President-Elect, Secretary
Treasurer
Director: Club, Vocational
Director: Community
Director: Rotary Foundation
Director: International

Ron Postma
Malcolm Kennedy
Stan Wylie
Greg Garrison
Hamed Najafi
Bob Moody
Allan Lawrence



Stephanie Urchick
2024- 2025
President Rotary International

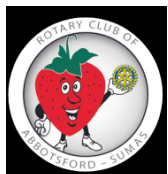


"Don't misunderstand me – we are not going to end polio or bring peace to the world by waving a wand and saying some funny words, It's up to you. You create the magic with every project completed, every dollar donated, and every new member."

June is Rotary Fellowship Month

What is a Rotary Fellowship

Rotary Fellowships are **international groups that share a common passion**.
Being part of a fellowship is a fun way to make friends around the world,
explore a hobby or profession, and enhance your Rotary experience.



SAVE THE DATE

Strawberry Sales Pick up
Saturday, June 14, 2025
11:00 am - 2:00 pm
Canadian Tire, Coquitlam

Installation of District Governor Isabelle Martinez Hayer
and the District Leadership Team

PLUS Rotary Hands Across The Border 2025,
Club Awards, and The Rotary Foundation donation opportunity

DATE: Sunday, July 20, 2025

LOCATION: Peace Arch Park Heritage Building
12 Peace Arch Park, Surrey, BC

TIME: 1:00 p.m.

COST: \$50 CAD + GST (to cover facility rental and food)

District Governor 2025-2026 Isabelle Martinez Hayer invites you to join in the festivities at the Peace Arch Park for:

- **Rotary Hands Across the Border ceremony : 1pm sharp under the Peace Arch**
- **The installation of 2025/26 District Governor and District Leadership Team at the Heritage Building (Canadian side) at 1:30**
- **Followed by Club Awards & Rotary Foundation donation cheque donations from clubs & Individuals**
- **Enjoy music, fun, World Flavours Bbq Buffet, Sweet Treats & fellowship in the Clubhouse.**



Dave Duskin
2024-2025 Governor, District 5050



Meetings and Member Duties

June 2025

Sergeant - Bob,
Greeter - Reg/Allan

Coffee/Muffins - Norm ... mostly
Rotary thought - everyone be ready

Tuesday, June 10

Club Assembly
Coffee/Muffins - Lois
Starfish, June 12 - Clive, Stan, Greg

Save the Date - June 12, 2025

Club Installation - Ron & Hazel's Home
1431 El Camino Drive, Coquitlam
6:00 PM - meet & greet
Installation program 6:30 pm
Cost \$25 per person - BYOB

Tuesday, June 17

Renee Hamilton - Mortgage Broker
Starfish, June 19 - Bob, Hugh, Greg

Tuesday, June 24

NO MEETING

Tuesday, July 1

NO MEETING

Tuesday, July 8

Maureen Boyd - Belize Project

Tuesday, July 15

Speaker TBD

Tuesday, July 22

Speaker TBD

Tuesday, July 29

Speaker TBD

Tuesday, August 5

NO MEETING



Coquitlam Sunrise 2024- 2025

Executive

President

Ron Postma

Past President, Secretary

Malcolm Kennedy

Treasurer

Stan Wylie

Directors

Club & Vocational

Greg Garrison

The Rotary Foundation & International

Bob Moody

Membership & Programs

John Panrucker

Committee Members

Membership & Programs

Lucille Le, Sherron Regehr

YAIL & RYLA

Karen Kirby

Next board meeting: Wednesday, July 2, 2025
Cora's Restaurant, at 7:30 am

Weeks of:

June 10 – June 16, 2025

Happy Birthday

Tuesday, June 10

Mike McKone

Happy Anniversary

No one this week

Rotary Anniversary

Joined Coquitlam Sunrise

No one this week

Special Days

Last meeting attendance 72%
YTD attendance 73%

