



Geez Grandma! It's not that hard! Go into Settings... select wi-fi... Select it! Tap it with your finger... OMG any finger!! Grrrrrrr

Alcohol is not in my vodkabulary. However, I looked it up on whiskeypedia and learned if you drink too much of it, it's likely tequilya.

Cats can hear 4-5 times further than humans can, which makes it all the more impressive when they totally ignore you.



Why is everyone at the gym asking me why I am sitting still on a stationary bike?

I'm going downhill dude, mind your own business.

MAYBE IF WE TELL PEOPLE THE BRAIN IS AN APP, THEY'LL START USING IT.



Roadside sobriety tests are getting ridiculous. Last night I had to fold a fitted sheet...

Men don't have babies because God saw the way they handle a cold and knew the species would never survive.

IF YOU CAN'T SAY SOMETHING NICE, SAY IT TO YOUR HUSBAND. HE'S NOT LISTENING ANYWAY.

Rotary



Coquitlam Sunrise

Good Morning Report

Editor: Malcolm Kennedy malcolm.rotary@outlook.com

Tuesday, August 19, 2025

Poirier Sport and Leisure Complex
633 Poirier Street, Coquitlam, Room 3, Upstairs
Meeting starts at 7:15 am

Annual General Meeting (AGM)

Rotary Club of Coquitlam Sunrise
&
Rotary Club of Coquitlam Centre Foundation

Chair: Malcolm Kennedy

Plus if time permits
International Project Baños 2.0

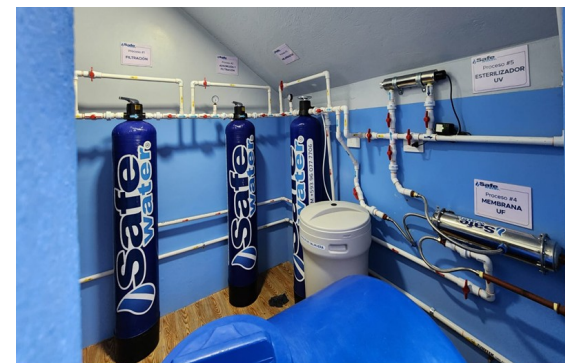
Host: Club Rotario Baños de Agua Santa, Ecuador
International: Rotary Club of Coquitlam Sunrise

Global Grant USD \$45,000

Safe Water Project in 5 schools in Baños, Ecuador

District Grant USD \$12,000

Hands on Project – Painting, Gardening in 5 schools
Plus work in Casa Tao home for unwed mothers





Francesco Arezzo
2025- 2026

President Rotary International



"[It] means involving all members, but not only members, in our service. It means involving [partner] organizations ... local administrations, other voluntary associations. In short, it means 'expand our reach,'" said Arezzo, who was selected earlier this month as the next president. "Let us create one great shared dream that unites us, that excites us, that changes the world and changes our lives, too."

August is Membership & New Club Development Month

RI President Francesco Arezzo Message - August 2025

August is Membership Month, but our commitment to growth and connection is year-round. When we focus on growing Rotary, we grow our ability to serve, to lead, and to bring lasting change.

Membership growth isn't just about numbers. It's about opening doors. It's about inviting more people who are ready to give their time, talents, and hearts to a cause greater than themselves. When we welcome new members, we bring in fresh ideas and new energy. We expand our impact, strengthen our clubs, and ensure that Rotary continues to evolve with the world around us.

Remember, there is now **great flexibility in fashioning nontraditional club models.** I'm inspired when I see these innovative clubs thrive by offering new and prospective members more ways to connect and serve.

There's a common thread: Where clubs are growing, membership is a priority and there is a willingness to try something new. Rotary is not limited to one structure or tradition. We are a global network of people of action, and that means there is room for many kinds of clubs, many ways to serve, and many paths into our organization.

This **spirit of innovation** is also guiding our efforts to reach new communities. In places where there has never been a Rotary club — or where a club once existed and faded — Rotarians are finding ways to grow Rotary. They are identifying areas of potential and building clubs that reflect the character and needs of their communities.

Every member plays a part in this journey. Whether you introduce a friend to your club, support a new meeting format, reconnect with program alumni, or simply share your Rotary story, you are helping our organization grow stronger and more vibrant.

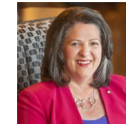
No one owns a Rotary club. It is a gift we pass on to the next generation. When we nurture that gift, when we invite others to share in it, we ensure that Rotary continues to be a force for good.

Let's prioritize membership growth — not just in August but every month of the year. Together, through friendship, creativity, and shared purpose, we will **grow Rotary and Unite for Good.**

We are Rotary. We are People of Action.



District 5050



Isabelle Hayer
2025-2026 Governor, District 5050

Meetings and Member Duties

August 2025

Sergeant - Norm

Greeter - Lucille

Coffee/Muffins - Norm

Rotary thought - everyone be ready

Tuesday, August 19

Club/Foundation AGM + Banos 2.0

Tuesday, August 26

Allan Lawrence

Tuesday, September 2

NO MEETING

Labour Day

Tuesday, September 9

Speaker TBA

Tuesday, September 16

Carol Todd

Douglas College-Amanada Todd Legacy

Tuesday, September 23

Speaker TBA

Tuesday, September 30

NO MEETING

National Day for Truth & Reconciliation

Garden Work Party

Saturday, August 30

10:30 am - Noon

Eagle Ridge Hospital

More details from Clive at next meeting including tools and parking



Coquitlam Sunrise 2024- 2025

Executive

President

Ron Postma

President-Elect, Secretary

Malcolm Kennedy

Treasurer

Stan Wylie

Directors

Club & Vocational

Greg Garrison

Community

Hamed Najafi

International

Allan Lawrence

The Rotary Foundation

Bob Moody

Next board meeting: Wednesday, Sept 10, 2025
Cora's Restaurant, at 7:30 am

Weeks of:

August 19 – 25, 2025

Happy Birthday

No one this week

Happy Anniversary

Thursday, August 21 (1965)

Malcolm & Evelyn Kennedy

60 years

Friday, August 22 (1998)

Jason & Julie Jakubec

27 years

Rotary Anniversary

Joined Coquitlam Sunrise

No one this week

Special Days



Coquitlam Sunrise

Last meeting attendance 74%

YTD attendance 75%