

The only bumper sticker I can relate to



**I DON'T KNOW WHO NEEDS TO KNOW THIS BUT EVEN IF A BEAR WEARS SOCKS & SHOES HE STILL HAS BEAR FEET!**



**MY NEIGHBOR JUST YELLED AT HER KIDS SO LOUD THAT EVEN I BRUSHED MY TEETH AND WENT TO BED.**

All of us older folks know all about living on the edge, we used to answer the phone without knowing who it was.

**Life lesson:**  
if something costs \$1000, and it is on sale for \$750, and then you decide to buy it, you did not save \$250. **You spent \$750.**

**COFFEE:**  
The most important meal of the day.



Rotary  
Coquitlam Sunrise  
**Good Morning Report**

Editor: Malcolm Kennedy malcolm.rotary@outlook.com

**Tuesday, September 16, 2025**

**Poirier Sport and Leisure Complex**  
633 Poirier Street, Coquitlam, Room 3, Upstairs  
Meeting starts at 7:15 am

Welcome to  
District 5050 Governor  
**Marie Isabelle Martinez Hayer**  
Rotary Club of Surrey



Her commitment to community service is lifelong. Having joined the club in 1988, Isabelle became a Charter member of the Rotary Club of Surrey-Guildford in 1989, and was one of the first women inducted into the Canadian arm of Rotary. With humility and gratitude, she remains a tireless advocate for humanitarian projects, finding fulfillment in leading by example and inspiring others to address pressing community needs. Her advocacy extends to vital areas such as environmental initiatives, youth programs, and tackling food & housing insecurity.

**Isabelle believes that through dedication, integrity, service, and by following the 4-Way test, we can create lasting change and inspire others to build a brighter, more compassionate future.**

Welcome to  
**Assistant/Area Governor (Area D)**  
**Maureen Boyd**  
Rotary Club of Coquitlam



Married to Denis, mother of Carolyn, Geoff, Chris and Joanna and grandmother to Ciaran, Liam, Lily and Eve.

Currently Maureen is grateful to be able to offer her time to a variety of volunteer opportunities, including of course Rotary. This involvement has led her to meeting extraordinary people who have inspired her with their passion, selflessness and commitment.

***We are Rotary. We are People of Action.***

**UNITE  
FOR  
GOOD**



**Rotary** 

**Francesco Arezzo  
2025- 2026**

**President Rotary International**



**Unite for Good** “[It] means involving all members, but not only members, in our service. It means involving [partner] organizations ... local administrations, other voluntary associations. In short, it means ‘expand our reach,’” said Arezzo, who was selected earlier this month as the next president. “Let us create one great shared dream that unites us, that excites us, that changes the world and changes our lives, too.”

## September is Basic Education and Literacy Month

### Success Seminars

The Rotary Success Seminars are now open for registration! Space is limited, so register early! Join us in one of two Rotary Success Seminars. The two Seminars will be identical, and you can choose the one that is more convenient to you.

**Saturday, November 8** at Shawn O'Donnell's at the Farmhouse on the LaConner Whitney Road, WA.

**Saturday, November 1 or November 15** at the Clayton Hills Golf Course, Surrey, BC

The Rotary Success Seminars will emphasize the importance of the Rotary Action Plan and the vital relationship between Membership, Public Image, and The Rotary Foundation in helping clubs grow.

It is a unique, exciting, and fun way to help both new and experienced members become truly engaged in Rotary. Learn new insights to help your members and your club become more vibrant, relevant and attractive to both new potential members and to your current members.

You and your club will develop skills to retain and engage existing members and to grow your club's membership with new members.

**The Seminars will start at 8:30 with Registration and end by 3:30 pm. Morning munchies and lunch are included.**

To register sign in at [rotarydistrict5050.org](http://rotarydistrict5050.org) then go to events. Or click on the date you want in the email sent out by Sean Hogan on September 10.

Cost is \$65.00 - pay online and keep your receipt to get reimbursed by the club.

*Celebrating*

**THE IMPACT OF ROTARY**

**HARRISON HOT SPRINGS · MAY 1 - 3, 2026**

**Rotary**  
District 5050



**Isabelle Hayer  
2025-2026 Governor, District 5050**

### Meetings and Member Duties

**September 2025**

**Sergeant - Arvind, Greeter - Kiran  
Coffee/Muffins - Norm**

**Rotary thought - everyone be ready**

**Tuesday, September 23**

**ROAD TRIP**



**Speaker Richard Campbell  
Insightful look at the current surge in AI  
Cost \$20 + GST**

**Sign up sheet at Tuesdays meeting**

**Location:**

**icon Properties, Suter Brook Village,  
#303-130 Brew Street, Port Moody**

**Tuesday, September 30 - NO MEETING  
National Day for Truth & Reconciliation**

**Tuesday, October 7**

**Speaker TBD**

**Tuesday, October 14 - NO MEETING  
THANKSGIVING**

**Tuesday, October 21**

**Mike Storey - Adopt a Village in Laos**

**Tuesday, October 28**

**Steve Kim Executive Director  
Access Youth Outreach Society**

**Tuesday, November 4**

**Carol Metz Murray**

**Through the Eye of a Naked Leader  
What mindset do you bring to Leadership?**

**Rotary**  
Coquitlam Sunrise



**Coquitlam Sunrise 2024- 2025**

**Executive**

**President**

Ron Postma

**President-Elect, Secretary**

Malcolm Kennedy

**Treasurer**

Stan Wylie

**Directors**

**Club & Vocational**

Greg Garrison

**Community**

Hamed Najafi

**International**

Allan Lawrence

**The Rotary Foundation**

Bob Moody

**Next board meeting: Wednesday, October 22, 2025  
Cora's Restaurant, at 7:30 am**

**Weeks of:**

**September 16 – October 6, 2025**

*Happy Birthday*

**Monday, September 22 - Clive**

*Happy Anniversary*

**Sunday, October 5, (1975)**

Allan & Lisa

50 years

*Rotary Anniversary*

*Joined Coquitlam Sunrise*

**Tuesday, September 23 (2003)**

Stan Wylie

22 years

**Monday, October 6 (1996)**

Valerie Gilbert

29 years

*Special Days*

**Rotary**  
Coquitlam Sunrise 

**Last meeting attendance 80%  
YTD attendance 76%**