



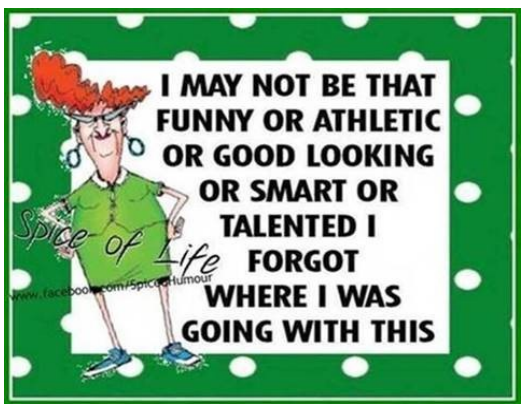
I just switched my "20 year Home Mortgage" to a "Student Loan."

Follow me for more financial advice.

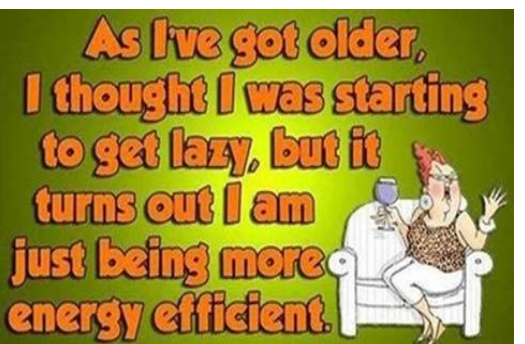
Do you ever get the urge to start organizing and then 2 hours later you're just looking around at a mess like... what the heck have I done?

YOU CANT PLANT FLOWERS IF YOU HAVENT BOTANY


The most terrifying moment in life is when the toilet refuses to flush at someone else's house



Hired a handy man and gave him a list. When I got home, only #1, 3, & 5 were done. Turns out, he only does odd jobs!



IT WOULDN'T HAVE BEEN WRIGHT IF FORD INVENTED THE AIRPLANE

Rotary 
Coquitlam Sunrise
Good Morning Report

Editor: Malcolm Kennedy malcolm.rotary@outlook.com

Wednesday, December 6, 2023



771 Austin Ave, Coquitlam
Check in 7:00 am - 7:15 am



Rotary Area "D" Tri-Cities Festivus Breakfast 2023

Hosted by Coquitlam Sunrise

Wednesday, December 6 @ 7:00 am



Cost: \$30 per person
Sign up with your club

Dress Code - Anything Festive





Gordon McInally
2023 - 2024
President Rotary International



RI President-elect R. Gordon R. McInally calls for Rotary to create hope in the world by working for peace and mental wellbeing. He urges members to engage in tough conversations and earn the trust that's necessary to realize these values.

December is Disease Prevention and Treatment Month

Bob's Rotary Foundation Moment

HOW DOES THE ROTARY FOUNDATION RECOGNIZE ROTARY CLUBS?

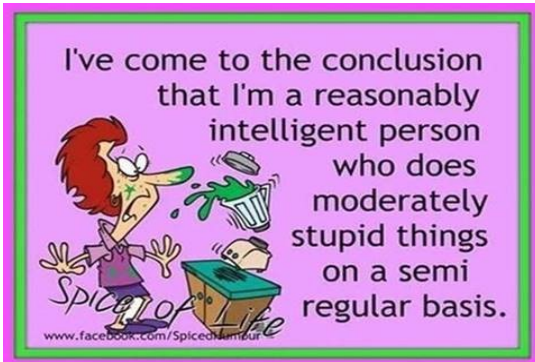
Donations to the Foundation are essential to securing and expanding our programs throughout the world. We recognize with gratitude clubs that make extraordinary contributions.

- **100% Paul Harris Fellow Club:** These are clubs in which all dues-paying members are Paul Harris Fellows. The club receives a banner. This is a one-time recognition, but the intent is that the club will maintain its status.
- **100% Foundation Giving Club:** This banner is given to clubs that have an average of US \$100 in per capita giving and in which every dues-paying member donates at least \$25 during the year to the Annual Fund, PolioPlus, the Endowment, or approved global grants.
- **Every Rotarian, Every Year Club:** This banner is awarded to clubs that have a minimum Annual Fund contribution of \$100 per capita during the year and in which every dues-paying member personally contributes at least \$25 to the Annual Fund in that time period.
- **Top Three Per Capita in Annual Fund Giving:** These banners are presented each year to the three clubs in each district with the highest per capita Annual Fund giving.
- **100% Paul Harris Society Club:** This banner is awarded to clubs in which every dues-paying member contributes at least \$1,000 during the year to the Annual Fund, PolioPlus, or an approved global grant.
- **100% Rotary's Promise Club:** These are clubs in which every dues-paying member supports the Endowment with an outright gift of \$1,000 or more or a commitment of at least that amount in an estate plan. These clubs receive a certificate upon request.

Upcoming District Events

Grants Training Seminars
January 27, 2024
Rotary Field House, Surrey
March 02, 1024
Silver Reef Casino

District Assembly
April 13, 2024 8:00 am - 3:00 pm
Kwantlen Polytechnic University



David Lukov
2023-24 Governor, District 5050

Meetings and Member Duties

Sergeant - December - Ron

Tuesday, December 5
NO MEETING

Wednesday, December 6
Joint Christmas Meeting
Coquitlam Golf Club

7:15 am Cost \$30
Dec 7 Starfish: Allan, Greg, Clive

Tuesday, December 12
Off Site Meeting - Douglas College
Coffee/Muffins - Stan
Dec 14 Starfish: Greg, Hugh, Stan

Thursday, December 14
Club Pot Luck Social

Hosts: Ron & Hazel
1431 El Camino Dr, Coquitlam
More details to follow

Tuesday, December 19
Gift Exchange
Coffee/Muffins -
Rotary Thought -
Dec 21 Starfish: Amanda, Greg, Stan

Tuesday, December 26
NO MEETING

Tuesday January 2, 2024
NO MEETING

Tuesday, January 9, 2024
Speaker TBA
Coffee/Muffins -
Rotary Thought -
Jan 11 Starfish: Clive, xxxxx, xxxxx

Rotary
Coquitlam Sunrise
Coquitlam Sunrise Executive 2023- 2024

President, Secretary, Bulletin Editor
Malcolm Kennedy
President Elect,
Director Community & International
Ron Postma
Treasurer
Stan Wylie
Director Club & Vocational
Greg Garrison
Director The Rotary Foundation
Bob Moody
Director Membership & Programs
John Panrucker - Sherron Regehr
Chair - YAIL & RYLA
Karen Kirby

Next board meeting: Wednesday, January 17
Cora's Restaurant, at 7:30 am

Week of:
December 11 – December 18

Happy Birthday
No one this week

Happy Anniversary
No one this week

Rotary Anniversary
Joined Coquitlam Sunrise

No one this week

Rotary
Coquitlam Sunrise

CREATE HOPE in the WORLD